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Definite Medication

Containing Therapeutic Facts Gleaned from Forty Years Practice

BY

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It is not what we learn today, but what we remember tomorrow that adds to our stock of knowledge.

PUBLISHED BY
THE THERAPEUTIC PUBLISHING COMPANY, INC.
BOSTON, MASS.
1911

32,612

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Dedication

To Professor John Uri Lloyd, Ph. M., the Author, the Teacher, the Traveler, the Pharmacist, as a slight testimonial of my profound respect for the man who has done so much for the cause of "DEFINITE MEDICATION" by giving to the Profession remedies which are so reliable, so convenient for dispensing and so definite in their action.

May his reward, hereafter, be "Well done good and faithful servant, enter thou into the joy of thy Lord."

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Preface

THE eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing. Prof. John Uri Lloyd, with his definite remedies, has done more to make converts for the Eclectic School of Medicine than any man in it.

Outside of the eclectic physicians who use specific medicines, there are twenty thousand physicians of the regular school that depend upon these remedies to heal the sick.

I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug. This makes the remedies very convenient for dispensing and acceptable to the patient.

In testing remedies I do it in my own way and form my own opinion of what a remedy will accomplish, and when and how it should be given. As an example of how I test remedies, I used one hundred pint bottles of tincture echinacea on different cases of cancer before I became satisfied in my mind that echinacea will not check the growth of cancer. In all my writings I have been very careful about the statements that I made concerning a remedy, unless it had been tested by myself, not upon rats, mice, and rabbits, but at the bedside of the sick.

To understand the real remedial action of drugs we must know what their action is upon the human body in health. I have tested aconite, belladonna, nux vomica, gelsemium, and other remedies upon my own person and noted their effect in health. Then and not till then did I fully understand what the indications would be in diseased conditions. With all due respect for those who have gone before me, I do not take any person's " say so " about a remedy. I must test it myself and then I know by my own experience what the remedy will really accomplish. In this way I have built up a materia medica of *tried* remedies, and when I tell a brother physician that a remedy will do a certain thing he has learned to depend upon what I say. This is the age of medical nihilism, and the regular school is trying to belittle the study of therapeutics. There never was a period in the history of medicine when the study of definite medication was needed so much as at the present time. It is a crisis in our profession, with the drugless healers crowding hard upon the heels of the physician. It is self-evident that as physicians we have got to do more for the sick the next ten years than ever before or see the drugless healers grow and fatten on our failures.

It is a well-known fact that the average mortality in this country from disease, without medical interference, does not exceed seven per cent. It follows from this that if the medical doctors are to be of any use to the public, the average mortality under their treatment must not go above seven per cent. The average mortality from all diseases, under the eclectic treatment, will not be *over one per cent.* In every epidemic that has swept over this country from the cholera in 1832

down to the present time, including those of pneumonia, typhoid fever, typhus fever, diphtheria, cerebrospinal fever, scarlet fever, measles, etc., the eclectic physicians have been on the firing line; they have met the disease and conquered it. The people have learned to depend upon the physicians of that school when death hovers over their dwelling.

In eclectic colleges students are taught to believe in their remedies. They are taught the definite action of remedies. They are taught that nearly every disease can be cured and how to cure them. A student goes out from his eclectic *alma mater* with a fixed belief in his remedies, which he carries with him into the sickroom.

The eclectic school of medicine was the pioneer in this country in the treatment of chronic diseases and their success is too well known for present comment. I want the best there is in medicine for my patients, therefore I choose the best wherever I can find it. I will not give a remedy or do anything which will weaken the vital force. I give remedies in doses just sufficient to obtain their remedial action and nothing else. I am ready to "prove all things, to hold fast to that which is good." I am ready to "seize on truth wherever found, on Christian or on heathen ground." Therefore I am an eclectic; as the little girl said about the candy, "It suits me and I like it." I am an eclectic because I could not conscientiously be anything else. The eclectic physicians have never asked for any medical laws to protect them. They are not afraid of competition with their brother physicians. Medical laws are a creature of the regular school. Any law making it a crime to heal the sick

is a disgrace to any state or country. The people have never asked for any medical law to protect them. It is the doctors of the regular school who want protection. They have had laws made taking away the divine right of the people to choose their own doctor when they are sick. As a result of these disgraceful medical laws the people are learning how to cure themselves without any medicine when they are sick. To-day there are 17,600,000 people in our country that depend upon some form of drugless healing when they are sick and this number is rapidly increasing.

What can be done to stem the tide of drugless healing in this country? Simply this, we profess to be able to heal the sick and we have got to prove to the public that we are able to do it, or "throw up the sponge." If the eclectic physicians want to retain the confidence of the public they must fight shy of all these "unholy fads" that come from the regular school, serums, coal tar products, deadly narcotics, that kill more than they cure, anti-toxines that kill and cripple so many young children, useless surgery—unsexing and degrading so many of our women, vaccination that does not protect and that is a blot upon our civilization and a disgrace to our profession, surgical operation for appendicitis, the greatest fraud of the century. Show to the public that you have no lot or part in such matters. Then and not till then can you expect to hold the confidence of the public.

"Oh, medicine, what crimes are committed, what maladies are engendered in thy name."

Burlington, New Jersey, December, 1910.

Introductory

DURING my professional life I have made it a rule to try and learn at least one therapeutic fact each day.

This book contains facts that have been gleaned from forty years practice. No attempt has been made to adopt any particular literary style. The language is plain and practical, just as I talk to my classes of Physicians in my Post Graduate Course of Instruction in my office. The busy doctor of to-day has no time for guess work or theorizing. He simply wants to know what remedy will cure his patient. Every physician, when he prescribes for a sick person, should be able to give an intelligent reason why he prescribes a remedy and what he expects it to do.

In every case where it is possible to do so, I have given a clean cut indication for each remedy. These remedies have stood the test of many years practice and I have learned to rely upon them as old friends tried and true. The older I grow the more faith I have in my remedies; if I did not absolutely believe in the remedial power of my remedies to heal the sick, my conscience would not allow me to practice medicine. A doctor who has no faith in medicine to heal the sick, has no business in the medical profession. If he holds himself out to the public as a Doctor of Medicine he is simply obtaining money under false pretences. He is trifling with human life; the most precious thing on earth.

In this age of the world's progress no doctor can afford to plead ignorance of the most common remedies of any School of Medicine. His business is to heal the sick, and it is his duty to use every available means within his power to accomplish that result. Any physician who has a working knowledge of the materia medica of the various Schools of Medicine has resources to depend upon which doctors not thus informed cannot comprehend. Such men are broad-minded, liberal men seeking truth no matter where the quest may lead them. In our grand and noble profession we have no place for a narrow-minded man, a bigoted man. A physician who cannot see anything good outside of his own particular school of medicine is a small-minded man and will find his level as such men always do.

When death hovers over our patient and life seems trembling in the balance can we honestly say that we have done all that can possibly be done for the case? Is there not some physician, some remedy somewhere that would cure that case? Shall we let any man or body of men, any Code of Ethics bar us from employing any physician, any remedy that will help us to cure our patient? Is human life to be weighed in the balance against any man-made laws, whether it be the so-called "Code of Ethics," or any medical law? The true physician should follow in the footsteps of "Him who went about doing good," of Him who was everybody's friend.

When called in consultation with my brother physician I never ask about his medical politics. Really I do not think it is any of my business. I meet him as a physician. I treat him as one. I recognize him as a

physician and above all I treat him as one gentleman should treat another.

Oh, if we could only forget our pathies, our prejudices and remember only that we are physicians here to heal the sick, what a grand world this would be to live in; how much more real good the medical profession could accomplish. This quarreling of the doctors among themselves is, and ever will be a source of ridicule for the public, and a handicap to any progress in medicine. Get out of the rut, live above all such jealousy and bickering, be a physician and above all be a gentleman. A gentleman will never hurt another's feelings if he knows it. He is gentle and kind, that is the true definition of a gentleman. To call a brother physician a Quack or irregular don't hurt him any but it degrades the man who uses such terms which are below the dignity of a gentleman. The proudest title which could be placed over my grave when God calls me home is simply this: "He was a physician." It is enough, I ask nothing more. To be a good physician is a greater honor than to be President of the United States, and be the football of politicians.

The object of this book is to teach physicians definite medication; that remedies do have a definite remedial action upon certain abnormal conditions. It is my hope and earnest prayer that this book may help the doctor to cure his patients; if not then it will have failed in its mission.

Many years in a large general practice and many more in an extensive office business in the treatment of chronic diseases, where I have treated patients from every State in the Union, has given me more clinical experience than falls to the average physician. The

results of my experience with the sick I have tried to embody in this book, showing the reader what has been accomplished with these remedies.

During the year I receive letters from doctors in every State of the Union, Canada and Mexico asking my advice about difficult cases. In addition to this my sixteen years' experience in "Post Graduate" teaching of physicians in my office and a consultation practice has taught me the needs of the average physician. A doctor who is willing to be taught and is ambitious to "do things" in his profession will derive benefit from the succeeding pages. My very soul goes out to such a man and I am always ready to help him in any way that I can. Such men I love; they are the bulwarks of our profession against which the storms of medical nihilism and drugless healing falls powerless and impotent. They know the value of their remedies; they believe in them. In many a hard fought battle they have come out victorious, and they will go on "conquering and to conquer."

> "A wise physician skilled our wounds to heal,
> Is more than armies to the public weal."

CHAPTER I

PRACTICAL DIAGNOSIS

Extract from the Preface

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Definite Medication

CHAPTER I

PRACTICAL DIAGNOSIS

IN the "moving pictures" we see a practical illustration of how the modern physician examines a patient and forms a "snap shot" diagnosis. He walks into the room, lays down his hat and medicine bag, grasps the wrist of the patient, pulls out his watch, appears to count the pulse, rolls his eyes up in his head, which he shakes, and with an owlish look of great wisdom writes out a prescription, reaches out his hand—"two dollars, please"—grabs his hat and trunk and away he goes. You must bear in mind that it has taken him four years at a medical college to learn how to do all this properly and ethically. What does he know about the patient's condition? Practically nothing.

An old gentleman had a sick child and called a doctor, who examined the child about as described above and then began to prepare the medicine. The father asked, "What ailed the child?" The doctor replied, "Oh, it's a little cold and some fever." The old gentleman said, "Doctor, I will pay you for the visit but you need not leave any medicine." The second doctor came and examined the child in about the same manner and his diagnosis was as indefinite as the other. He

was not allowed to leave any medicine for the child. The third doctor came; he examined the child and then began to prepare the medicine. The father said, "What ails the child, doctor?" "Why it's measles, any fool ought to know that," was the doctor's answer. "All right, doctor, you may prescribe for the child." The old gentleman was sensible. No doctor should be allowed to give a dose of medicine unless he can give an intelligent reason why he gives it, what he gives it for, and what he expects it to do.

We send our boys to college four years so they can learn how to play football; we send them to medical college four years more to learn how to practise vivisection on the human body. They are then turned adrift upon a confiding public loaded down with technical knowledge and cannot diagnose a simple case of measles.

I always impress the idea upon my students that the very first thing that a doctor must learn is to know how to read the pulse. Not one doctor in a thousand can do it. No man can do two things at a time; you cannot be counting the pulse and reading it at the same time. Keep your watch in your pocket. Just imagine what you could tell from the pulse if you had to depend upon it to diagnose the case as they do in one country across the great ocean. How does it feel to you? What impression do you get from it? Is there a hardness, a tension to it? if so then there is pain or congestion somewhere in the body, constriction of the capillaries, a focus of inflammation. If it feels weak, has a discouraged feeling, it means enfeebled nerve power and weakened vitality. Again we may have what I call the "sledge hammer" pulse.

The heart is driving the blood through the blood vessels with all its force. The blood is being driven to the brain or lungs in an unnatural quantity. Then we have the intermittent pulse which shows functional disease. Bear in mind that behind the heart is the nerve power. It is the "man behind the gun." As that gets weak and enfeebled it will affect the heart and circulation. At times the pulse may seem quick yet there is an impression of weakness to it, of a machine which is being driven beyond its power. It gives a jarring feeling to the pulse. When the nerve power and circulation are about normal the pulse feels full, strong and regular. The blood runs clear and there is no tension or friction anywhere.

After the pulse we examine the tongue. Many pages have been written describing the different coatings on the tongue. That never interested me. I want to know how the tongue itself looks underneath the coating. Red papillæ on the tongue showing through the coating indicates the invasion of some disease. I have noticed this twenty-four hours before an attack of pneumonia or measles. In health the tongue is usually moist; very little coating and few fissures are seen. It is a bright red color. In some forms of kidney trouble there will be transverse fissures and often perpendicular ones also. Deep red fissures far back on the tongue will be seen in long standing cases of prolapsus uteri. A dark appearance of the tongue, almost purple, shows imperfect oxidation of the blood. The appearance of the tongue will tell if the patient is digesting his food properly or not.

The eye is another organ that we must study carefully. It often confirms what we have seen in the

pulse and tongue. With tension of the pulse we usually get contraction of the pupils. If the white of the eye has a pearly tint—an unnatural brightness about it—there is a drain upon the system. You can see it exemplified in phthisis pulmonalis, advanced cancer, Bright's disease and ulceration of the stomach. The yellow clouded appearance of the eye denotes toxic matter in the blood. A greenish tint denotes decomposition of albumin. From my experience I can always tell a patient's condition; whether they are improving under my treatment by looking at their eyes as soon as they come into the office. A clear eye with bright expression tells you that your patient feels better and is better.

CHAPTER II

SPECIAL REMEDIES FOR THE BRAIN AND SPINE

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

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CHAPTER II

SPECIAL REMEDIES FOR THE BRAIN AND SPINE

SPINAL IRRITATION. This is the least understood of any disease and one of the most common diseases among our American women. The symptoms are heat in the palms of the hands, tingling at the end of the toes at night in bed, a headache that begins at the back of the head and extends over to the frontal region. If we examine the spine we will find tender, sensitive spots. There is more or less indigestion, palpitation of the heart and the patient will complain that her back hurts her when she presses back against anything.

I was called when in New Hampshire to see a lady who had not been able to lie down in bed for several weeks. She sat in a rocking-chair all the time, and she could not sit still but kept rocking. She had all the symptoms mentioned above. Several doctors had treated her. Each one had a different diagnosis and treatment but none of them understood the case. I placed her upon the following treatment: Tincture Belladonna two drops once in three hours, Sulph. Quinine two grains before breakfast. Dialysed iron gtts. xx before dinner and supper. I also had the whole length of the spine painted with tincture iodine, a strip as wide as my two fingers night and morning, until it was so sore she could not bear it any longer. In a week she could lie in bed and sleep like other people. She finally recovered entirely.

Another case in Vermont afflicted with the same spinal complaint had been confined to her bed for some time. She had been under the treatment of the best doctors in that part of the State but they could not help her. She suffered severely with headaches as well as other symptoms of spinal irritation. None of the doctors seemed to understand her case and she had become practically bed-ridden. I began the treatment of this case with the same remedies as in the first case and cured her.

When I came to New Jersey twenty-seven years ago, about the first patient I had to treat was a lady with spinal irritation, who lived in one of the large cities of the State. The doctors had given her up as incurable. I treated her as I had treated the other cases and cured her and she has been free from the trouble ever since. There are many cases scattered over the country that I have cured of this condition and I trust the present generation of physicians will understand this disease and have better success with it than the past generation.

Spinal Meningitis. When there is throbbing pain in the spine, drowsiness, but cannot sleep, starts at every sound, belladonna is the remedy. Tincture belladonna, gtts. v; aqua, ounces iv. Mix. Sig. Teaspoonful once an hour. If the pulse is full, hard, and with tension to it, veratrum viride is the remedy. Tincture veratrum, gtts. x; aqua, ounces iv. Mix. Sig. Teaspoonful every hour. To relieve the nerve tension, pain in the legs, worse on motion, great thirst—drinking large quantities of water, bryonia is the remedy. Tincture bryonia gtts. v; aqua, ounces iv. Mix. Sig. Teaspoonful once in three hours.

Myelitis. In this disease when there is general weakness about the hips and loins, extending down the legs, a feeling of exhaustion, pains in small spots that come and go—worse by thinking of them, cold feet, oxalic acid, sixth decimal, is the remedy. Give two grains every three hours. When there is pain in the back, comes on suddenly, relieved by motion, attended by numbness, artemesia abrotanum, third decimal dilution, is the remedy. Put twenty drops in a glass of water and give a teaspoonful once an hour. When there is sudden loss of power in the extremities, knee jerk, rigidity of the legs, spastic gait—often tremulous, lathyrus sativus is the remedy. Give three tablets of the third decimal trituration night and morning.

In the tremors of multiple sclerosis hydrobromate hyoscyamus, third decimal trituration is indicated. It should be given in one grain doses every hour.

Strychnine, in any form, should *never* be given in any spinal irritation, congestion or inflammation because it is a spinal irritant. The spine is very sensitive to the smallest dose of strychnine and it will aggravate all the symptoms.

Cerebro Spinal Meningitis. My first recollection of this disease was in the early part of the Sixties in Maine, when we had an epidemic. They called it "Spotted Fever" in those days. The regular physicians treated it with morphine internally and ice applied to the spine. The result of such treatment was not very flattering to that School of Medicine. This is one of the epidemics that has swept over this country at different times and it has always found the eclectic physicians on the firing line. They have met the disease and conquered it.

In the first stage with fever, headache, etc., ferri phos. is a safe and reliable remedy to prescribe. Put five grains of the third decimal trituration in a glass of hot water and give a teaspoonful once in fifteen minutes for an hour; then a teaspoonful every half hour. For the drawing back of the neck, spasms of the back, rush of blood to the head, natrium sulph., third decimal is the remedy. Add five grains to a cup of hot water and give a teaspoonful every half hour in alternation with the ferri phos. If the patient is a child, in most cases the above treatment will cut short the acute symptoms. If the pulse goes down and the child seems weak and exhausted, give kali phos. sixth decimal. Put five grains in a cup of hot water and give a teaspoonful once in fifteen minutes; it will bring the pulse up and the general condition of the child will be improved. I have been able to control the spasms in small children, with the following prescription:

℞ Magnesia, Phos.
Kali Phos., a. a. grs. v.
Hot Water, ℥iv.

Mix. Sig. Teaspoonful every few minutes until it controls the spasms.

As a tonic calcarea phos. third decimal may be given. Dose three tablets once in three hours. It has been my practice to apply a mustard paste—equal parts of Indian meal and mustard mixed with warm water—the whole length of the spine. If you have libradol (Lloyd's) it may be applied to the spine until there is slight nausea. This is an excellent local application for pain. When there is redness of the face, eyes swollen—have a dull appearance, pupils dilated,

throbbing carotids, pulse full and bounding, belladonna is the remedy. Tincture belladonna gtts. v, aqua ℥vi. Mix and give teaspoonful every hour. After the acute symptoms have passed we often see alternate tonic and clonic spasms for which cimicifuga is indicated. For the neuralgia, severe pain in the upper part of the spine, headache—feels like a band drawn tight round the head, worse when lying down, begins at the base of the brain and goes over to the forehead —gelsemium is the remedy. I combine the two remedies as follows for children:

℞ Tr. Gelsemium.
Tr. Cimicifuga a. a. gtts. xx.
Aqua, iv.

Mix. Sig. Teaspoonful every hour.

In one case I saw the spasms were very severe, feet and head almost came together (opisthotonos) small blotches (petechia) on the back, severe pain in the back of the head and between the shoulders, back of the head felt very hot. Here veratrum viride was the remedy. I prescribed tincture veratrum gtts. v, aqua ℥ii and ordered a teaspoonful of this mixture to be given every hour. Do not forget, the more pronounced the tendency to opisthotonos the stronger the indication for veratrum viride. The above remedy conquered the spasms and the child got well. There is a septic condition underlying this disease and echinacea is the remedy to meet that condition. When there is a chilliness over the back, alternate flashes of heat—over the whole body, headache and flushing of the face, profound prostration, give tincture echinacea gtts. x once in two hours. The patient should be

bathed all over once a day with Epsom salts and warm water (one ounce of the salts to a pint of water). It neutralizes the toxines, allays the irritation of the sensitive nerves, soothes the patient and thus produces rest.

Opiates and dye house stuff must not be given. They arrest secretion and weaken the vitality of your patient, and lower the power of the system to resist the disease. Remember not only in this disease but in all others, *work with Nature, never against her.* Morphine never relieved pain; it only stupefies the patient so they do not feel the pain. In its place give tincture passaflora in five drop doses every half hour. It will often quiet the children and give them rest.

In one case where I was called the family physician had treated the child for cerebro spinal meningitis and it had recovered with paralysis of the legs. I treated this case with calcarea phos. third decimal and kali phos. third decimal; giving three tablets of each remedy in alternation every three hours. This treatment was continued until the little patient could walk. Deafness is another sequel frequently met with in this disease. Give sulphur sixth decimal and silicea sixth decimal in alternation (three tablets of each) every three hours. From my own experience I should say that this disease can be cured in the very large proportion of cases. I have been successful in about every case I have seen. Watch your case carefully; give the remedy indicated. Expect the best results but be prepared for the worst.

Locomotor Ataxia. When the lower extremeties appear heavy, can scarcely drag them along, patient staggers when walking, cannot walk except when the

eyes are open and in the daytime, great craving for indigestible foods, alumina is the remedy. Prescribe three tablets of the third decimal every three hours. In the first stage of this disease belladonna is the remedy indicated when the conjunctiva is congested, pupils dilated, with ptosis, diplopia and incontinence of urine. Give belladonna first decimal dilution in ten drop doses three times a day. When there is paralysis of the bladder, loss of sexual desire, shooting pains, the ataxic gait —worse when closing the eyes, cannot walk in the dark without reeling, legs feel as if made of wood, argentum nitricum sixth decimal is the remedy. Give in doses of three tablets every three hours. For the general nervous exhaustion phosphide of zinc is the remedy to be given in doses of one-tenth grain three times a day. For the " lightning pains " give tincture canabis indica gtts. x, aqua ℥iv. Mix. Sig. Teaspoonful once in two hours. Constipation is an obstinate symptom of this disease, see article on constipation, page 95, for the indicated remedies. For the incontinence of urine equisetum first decimal dilution is the remedy, to be given in five drop doses every three hours. For the severe gastric distress (gastralgia) carbo veg., third decimal should be prescribed. Give your patient three tablets every three hours. There are perforating ulcers on the feet and soles of the feet that are best treated by silicea sixth decimal, giving three tablets three times a day. The sexual excitement, painful erections in the morning, calls for picric acid sixth decimal. Prescribe it in doses of three tablets every two hours. The burning of the soles of the feet may be relieved by the belladonna as given above. Secale conutum is one of your best anti-tabetic remedies and

has made cures of this disease in the first decimal dilution, giving five drops once in three hours. In alternation with this remedy you should also give tincture stramonium first decimal dilution for the head symptoms. Dose. Five drops once in three hours. This is one of the diseases where electricity may be used as a valuable adjunct if the doctor understands how to use it intelligently and judiciously.

Tetanus. In this disease where the lips are drawn back showing the teeth, jaws locked together, our Homeopathic friends have cured some cases with tincture augustura, giving doses of five drops every half hour; also with the first decimal dilution of hypericum giving ten drops once in two hours. It is the remedy in injuries which affect the spine.

The best treatment for lock jaw is first a vapor bath; one can produce free perspiration in a few minutes with two lumps of fresh lime, half the size of a man's fist; wrap each piece in a moist cloth and this again with a dry cloth doubled several times and fastened securely. Place one each side of the patient's body while in bed. This will make the patient perspire copiously and lasting from one to two hours. It takes the place of the bath cabinet and vapor bath. Cauterize the wound freely with caustic potash, then apply a poultice of equal parts of slippery elm, lobelia seed and flaxseed moistened with warm water. Change the poultice every two hours. For internal use there is a remedy that the fathers of the Eclectic school learned to depend upon. The prescription is as follows:

℞ Oil of Capsicum.
Oil of Lobelia, a. a. ʒi.
Alcohol, 95% ℥ii.

Mix. Sig. Rub the jaws and throat with this mixture. Then give one teaspoonful to one tablespoonful by the mouth. Draw the cheek aside and let the medicine trickle between the teeth. If you cannot get the patient to swallow add one ounce of the mixture to a pint of warm water and give as an enema per rectum. Hold a folded napkin against the anus to prevent the return of the water. Repeat the dose by the mouth in half an hour if needed, or per rectum in an hour. In ninety-five cases out of a hundred it will make the patient open his mouth. Then the following may be given at intervals:

℞ Tr. Passaflora, ʒi.
Tr. Gelsemium gtts. xx.
Aqua, ℥iv.

Mix. Sig. Teaspoonful every hour.

Place a plug of tobacco about three inches long in a pan of boiling water until it is soft; then apply it over the pit of the stomach. It will usually relax the jaws so the patient can open his mouth. Cases have also been cured by laying the patient on his stomach on a table, then take a hot flat iron and pass it over the whole length of the spine. The heat applied to the spine is a relaxant and will frequently overcome the rigidity of the jaws. Powerful narcotics, serums and various poisons have been used in this condition and failed. The above treatment is the best that has ever been used, for this disease.

In tetanus in horses passaflora—the infusion of the plant and flowers (fresh)—given in doses of a cupful and a half has cured cases where the horse has been given up to die.

In the above treatment of tetanus in the human body the idea is first to encourage a free discharge from the wound; second, to relax nerve tension with the lobelia, until the patient opens his mouth and vomits freely. Then we may be assured that we have the disease under control.

I have met with cases of idiopathic tetanus, caused by eating indigestible food, in children, where I gave tincture gelsemium gtts. xx, aqua ℥vi. Mix. Sig. Teaspoonful once an hour. It cured them.

Hydrophobia. Several times in my lite I have been called to visit patients who had been bitten by dogs *supposed* to be mad. Many dogs said to have hydrophobia are only afflicted with the distemper. When I am called to a case of this kind, I just cauterize the wound in each place where the teeth cut in the flesh with caustic potash. Then to be sure, and to take no chance of hydrophobia developing I have the patient take a "Lime Sweat" as mentioned under the treatment of tetanus. This opens the pores of the skin and will help to remove the poison of rabies, if by chance there should be any in the system. I also prescribe ten drops of tincture echinacea four times a day as a prevention to hydrophobia.

If I think it is a real case of " mad dog " I have the patient take a "Lime sweat" once a week for a month and continue the echinacea for a month or six weeks. I have watched such cases for several months after they were bitten by the dog but no signs of hydrophobia appeared. I am of the opinion that the echinacea and the "lime sweats," or a vapor bath are the best preventive treatment for hydrophobia that we have. When called to a real case of hydrophobia the

first thing is to get the patient in bed and give them the "lime sweat" as mentioned under tetanus. An hour's good copious perspiration will do more to get the poison out of their system than any other one thing. Cauterize and poultice the wound no matter how long it has been healed. Get up a free discharge from it as soon as possible. If the patient can swallow give him the following:

℞ Tr. Scutellarin.
Cypripedin a. a. grs. xx.
Lobelin, grs. v.
Sulph. Quinine, grs. xxx.

Mix. Divide into Chart. No. 10. Sig. One powder every two hours until all are taken.

This has proven sufficient in some cases, but if the case is well advanced before you see it you have the old siege gun of the older Eclectics. The Comp. Tr. Lobelia (Third preparation) of the American Dyspensatory. If the patient can swallow give him from one-half to a teaspoonful of this remedy every half hour. In the worst cases the patient is unable to swallow any liquid. Then the best and quickest method is to put an ounce of this preparation in a little water and give an enema per rectum. Repeat in an hour if necessary. If we can relax the patient so as to control the spasms we have mastered the disease. If the patient vomits freely so much the better. If you find the spasms growing less severe or less frequent, stick to your treatment. It is doing good. The older Botanic and Eclectic physicians left a record of cures of hydrophobia with these remedies and *"what man has done, man may do."* I honestly believe this is

the best treatment that we have for this disease. Every doctor in general practice should keep the above remedies on hand and know how to use them.

Multiple Sclerosis. The symptoms of multiple sclerosis are pretty well covered by lathyrus. It should be used in the third decimal trituration, giving three tablets three times a day. If the spinal trouble be traumatic hypericum first decimal trituration is the remedy. Give three tablets every three hours.

Concussion of the Brain. I was called with another physician to see a boy about twelve years of age who had been at work with his father in a sawmill. One of the planks hit the saw, flew round and knocked the boy over. He was picked up unconscious and carried into the house. When I saw him he lay on the bed in a stupor; he vomited once all he had eaten the last meal (one of the symptoms of concussion of the brain). My diagnosis was concussion of the brain. I advised tincture belladonna as the remedy indicated. The prescription was as follows:

℞ Tr. Belladonna, gtts. v.
Aqua, ℥vi.

Mix. Sig. Teaspoonful every hour.

The feet were kept warm and cold applications were made to the head. On making my second visit twenty-four hours later I found the boy rational and quite bright. Later in the case the doctor in attendance remarked to me that "the boy had been in the habit of wetting his bed every night but since we began to treat the case he had never done so," and asked me the cause of it. My reply was that "belladonna was one of our best remedies for incontinence of

urine." The boy recovered and I saw him twelve years after a strong healthy man.

Cerebral Congestion. Aconite is the remedy in this condition where there is a dry skin, extreme restlessness, when the congestion arises from cold or from violent emotion. The prescription may read Tr. Aconite gtts. v, Aqua ℥vi. Mix. Sig. Teaspoonful once an hour.

If there is hardness and tension to the pulse, a beating and throbbing of the brain and carotids veratrum viride is the remedy. Give tincture veratrum gtts, x, aqua ℥vi. Mix. Sig. Teaspoonful every hour.

When the eyes are red and bloodshot, head hot, feet cool, face red—almost purple, pressure and fullness in the head, with terrible delirium, belladonna is the remedy. The more pronounced the delirium, the stronger the indication for this remedy. Prescribe Tr. belladonna gtts. v, Aqua ℥vi. Mix. Sig. Teaspoonful every hour.

Meningitis. For the fever, quick pulse, etc., which characterizes this disease at its commencement ferri phos. third decimal is the remedy. Add grs. v in a cup of hot water and give teaspoonful doses every half hour. In the second stage or effusion kali mur., third decimal, is the remedy. Add grs. v to a cup of water and give a teaspoonful every half hour. When there is a tendency to effusion and dropsy, eyes wide open and staring, insensible to light, head rolls from side to side on the pillow or he beats it with his hand, forehead wrinkled, urine scanty, and there is the "cry encephalique," helleborus niger is the remedy. Prescribe Tr. Hellebore gtts. v, Aqua ℥vi. Mix. Sig. Teaspoonful every hour. Kali phos. third decimal is the

best tonic after the acute symptoms are under control. Put five grains in a cup of water and give a teaspoonful every hour.

Apoplexy. When the pulse is hard and the carotids beat violently, with restlessness and fever, aconite is the remedy. Give Tr. aconite gtts. v, Aqua ℥iv. Mix. Sig. Teaspoonful every hour. If called during an apoplectic fit, our best remedy is ferri phos. Add grains x of the third decimal to a cup of hot water and give the patient a teaspoonful every half hour. It will usually restore the patient to consciousness in a short time and will also control the hemorrhage. To help absorb the exudate and to prevent another "stroke" I have used kali mur. the third decimal. Add ten grains to a cup of water and give in teaspoonful doses every hour. I have followed this treatment for some time and watched the cases expecting another "stroke" but it did not come. Such patients should be warned against over-eating, clogging the stomach, allowing the bowels to become constipated for these all help to produce another attack. It is often remarked: "Well, she has had one stroke; she will soon have the second and then the third. She will die in one of them." You can do very much for these cases and often prevent any more attacks. Look out for the *warning symptoms,* prickling of the hands and feet, feel as if they were going to sleep. When you hear a patient complain of these symptoms give kali phos., third decimal, three tablets once in two hours.

I believe when our profession understand the real value of kali mur. as a remedy after the apoplectic seizure that many precious lives may be saved. These

victims of apoplexy come mostly from the old people. These are the veterans in the battle of life and it is our duty to do all that we can to make their last stay on earth as comfortable as possible. It seems cruel to me when I see how cool and indifferent some children are toward their parents, and also how indifferent some doctors act when an old person is sick. It is often remarked: "They are old enough to die any way; you can't do much for them." There is a higher law than our poor human laws that govern such cases, and it is this—"Just the way we treat these old people, so will we be treated when we get old." One of the brightest spots in my life is the fervent "God bless you, doctor" I have heard from some old person that I have treated and helped. Above all be good and kind to the old people. Study their diseases and learn how to treat them.

Vertigo. When there is a sensation of swaying to and fro in the brain, made worse by stooping, headache of a bursting character, feels as if the brain would protrude through the forehead, aconite third decimal dilution is the remedy. Add twenty drops to a half glass of water and give a teaspoonful every hour. In Mèniére's disease with vertigo, hardness of hearing, tinnitus aurium, unsteady gait, sluggish circulation, ammonium iodatum is the remedy. Give two grains once in three hours.

In my practice in vertigo, with noises in the ears, I have given ergot more than any other remedy. I prescribe Fl. Ext. ergot gtts. x three times a day. It seems to contract the small blood vessels of the head. Vertigo, worse when looking up, or rising from a sitting position, constant dread of falling, calls for kali

phos. third decimal. Give three tablets once in three hours. When with vertigo there is a deficient supply of blood to the brain from an enfeebled heart, with palpitation and breathlessness, a slow feeble pulse, digitalis is the remedy needed. Give five drops of the first decimal dilution three times a day.

In old people with chronic cerebral congestion that causes much giddiness with little or no pain in the head, iodine is the remedy. You should prescribe five drops of the sixth decimal dilution in a little water once in three hours.

Delirium Tremens. When the face is pale and sunken, violent outbursts of delirium, but cannot keep it up long on account of weakness, patient is suspicious, thinks you are trying to poison him, twitching of every muscle in the body from the toes to the eyes, hyoscyamus is the remedy. Give Tr. hyocyamus gtts. xx, Aqua ℥iv. Mix. Sig. Teaspoonful once an hour. The patient should be plentifully supplied with beef tea made hot with capsicum. It is a good diet for such patients and often calms them. Canabis indica is one of our best remedies given as follows:

℞ Fl. Ext. Canabis Ind., ʒiv.
Tr. Tolu, ℥iss.

Mix. Sig. Twenty to thirty drops on sugar every hour until the patient sleeps. The above has been used by Dr. George Silvers, Rahway, N. J., for over forty years successfully, without any other remedy and without any deaths. In my own practice the beef tea with capsicum is used for a constant drink. Bromidia in teaspoonful doses to make them sleep has generally

proved successful in my hands. (See Dipsomania and Softening of the Brain.)

There are two other remedies especially indicated. kali phos. sixth decimal, and kali mur., sixth decimal. Give them every three hours in alternation, three tablets being the dose.

Mania. It seems to me that physicians should be very careful before they put their names to a certificate to send a person away to an insane asylum, that they are really insane beyond the shadow of a doubt. It is a fact that there have been quite a number of persons railroaded to the insane asylum who were perfectly sane.

From my book of experience I will give you my experience with some cases of mania that I have seen in my practice. One night I was called out into the country about ten miles to a small village to see a man supposed to be insane. When I arrived at the village, some time after midnight, I found it nearly depopulated. I could not find my prospective patient so I followed the crowd to learn the cause of the excitement. It seemed that the crazy man had escaped to the woods. The crowd had located him but were afraid to go near him for he was armed with a razor and a big knife and was evidently out for blood. I tried to get the constable to go out and bring the man in so I could prescribe for him—but he did not seem to enthuse over the idea, so I told him that he and I would go and get the man. We started in a roundabout way so as to quietly come up behind the man. It was so dark that we could not see him but we could hear him talking. When I got close to him, from the rear, I clasped my hands round his arms and held them

close to his body, while the constable secured the implements of war. We escorted him up to the house. He was the most docile insane man I ever saw. They put him to bed and I gave him the following prescription:

℞ Bromide potash, ʒii.
Aqua, ℥iv.

Mix. Sig. Teaspoonful once an hour.

It was simply a bad case of hysteria in a man. I heard nothing more from the patient.

Another case I was called to was a farmer. When the messenger came after me he said the man was so crazy they could not do anything with him. When I got near enough to the patient to examine him I noticed a foul breath, tongue broad and flabby, the eyes showed that the glands were not secreting properly, the examination of the bowels revealed an impaction of feces in the colon. The man was being poisoned from his own internal secretions. I gave him a good emetic of pulv. mustard and ipecac—half a teaspoonful of each in a cup of warm water. When he had vomited freely I gave him Fl. Ext. cascara sagrada and glycerine a. a. ℥ii. Mix. Sig. Teaspoonful once in two hours until it operated freely on the bowels. He was also given Tr. hyoscyamus—fifteen drops once in two hours—to quiet the nerves. When I saw him the next day the bowels had moved freely and he was better in every way.

A lady of middle age was taken insane. They had decided to have her taken to the asylum when some one advised their sending for me. After I had examined the pulse, the tongue and the eyes, I felt sure

there was a congestion somewhere. The red points (papillæ) on the tongue showed an invasion of some disease. Upon placing my hand over the uterus I found much heat in the parts which were very sensitive. Under the circumstances I could not make a vaginal examination but my diagnosis was congestion of the neck of the uterus. When congestion is *localized*, as in the first stages of boils, abscesses, carbuncles, or in the uterus, brain or other organs we know that belladonna is the remedy indicated. I gave this patient Tt. belladonna third decimal dilution, five drops once in two hours and sepia sixth decimal, three tablets once in three hours. I also used Micajah's uterine wafers every other night. One was placed against the os uteri. They will deplete the blood from the congested os better than curetting. This treatment was followed until the patient recovered entirely. All three of these cases would have been sent to the asylum if it had not been for the treatment they received.

A married woman became pregnant. After she found herself in "the way that women like to be who love their lords" she developed a form of puerperal mania and began to hate her husband intensely. A dark cloud seemed to settle over her and she began to lose interest in everything. One Sunday I drove into town just as church service was out in one of the churches. A crowd around the parsonage attracted my attention. I was called in to see this lady. That morning she had obtained some laudanum and taken a pretty good sized dose of it to get rid of all her troubles. I gave her an emetic of pulv. ipecac and mustard, one teaspoonful of each in a cup of warm

water. They had to hold her while I managed to get the mixture into her mouth. She vomited freely but it had been so long since she took the opium that the system was fully under its narcotic influence. All night we took turns keeping her awake. When I felt that I had overcome the effects of the opium I gave her Tr. cimicifuga third decimal dilution, ten drops once in three hours, for that form of mania. She went to the end of her time, was just as rational as any one and gave birth to a healthy child.

In mania there are three prominent remedies indicated, belladonna, hyoscyamus and stramonium. Each remedy has a clear cut indication. In the belladonna cases the eyes are red and blood shot, face red, you can see the carotids throb plainly, there is wild delirium, patient thinks he sees ghosts and hideous faces. He has a fixed savage look, with now and then ebullitions of rage and fury. For such cases give the second decimal dilution of belladonna, twenty drops in half a glass of water—a teaspoonful of this mixture every hour.

In the cases calling for stramonium the patient sees all kinds of queer things and the sight of them frightens him, keeps jerking his head up from the pillow. He is very loquacious, going from one subject to another. Rolling round over the bed in all shapes. We have only to note the intensity of the raving to call to our mind the stramonium. Give Tr. stramonium gtts. x, aqua ℥iv. Mix. Sig. Teaspoonful once in two hours.

Where hyoscyamus is indicated there is a pale sunken face, twitching of all the muscles from the toes to the eyes, kicks off the clothes, indecent exposure of the body, very suspicious, fears they will be poisoned.

In such cases give Tr. hyoscyamus first decimal dilution, fifteen drops in a glass half full of water and have the patient take a teaspoonful every hour.

We have one remedy for mania with the following symptoms. Extreme anguish. They sit for hours with head bent down, hands resting on their knees, do not notice anything, vitality at its lowest ebb. In such cases veratrum album third decimal dilution is the remedy. Add gtts. xx to aqua ℥vi. Mix. Sig. Teaspoonful every two hours. It will rouse them and put new life and vigor into them.

Many patients are on the border line of insanity from domestic troubles, financial affairs, excessive mental exertion. The brain is worn out (a world weary brain). Such persons need kali phos. It is found in the gray matter of the brain and a lack of this salt will cause weakness of the nervous system. Many persons could be saved by this remedy from becoming nervous wrecks and inmates of insane asylums. Study its actions, get acquainted with it. In cases like the above give kali phos. third decimal trit., three tablets once in two hours.

Suicidal Mania. When there is suppressed deep grief, long drawn sighs, much sobbing, a disposition to hide that grief from others. "The grief that cannot speak. Whispers the o'er fraught heart and bids it break." Such patients often long for death as the only release from their grief. In such cases ignatia is the remedy. Prescribe ignatia gtts. v, aqua ℥iv. Mix. Sig. Teaspoonful once an hour.

When there is a sensation of a heavy black cloud settling down over your patient and in puerperal mania when she thinks she is going crazy and tries to injure

herself, cimicifuga is the remedy indicated. Give Tr. cimicifuga five drops once in three hours.

When the patient fears to be alone, is anxious about her disease, thinks she may become insane; in mania she curses, strikes, has obscene thoughts. This case is the opposite from the one presenting the ignatia symptoms. While that patient had the deep silent grief, this one can hardly avoid weeping. For the latter form lillium tigrinum is the indicated remedy. Add Tr. lillium gtts. xx to aqua ℥iv. Mix. Sig. Teaspoonful once in two hours.

When the mind seems to be constantly dwelling on suicide, longs for death, wishes to be alone, religious, melancholy, is peevish and vehement, the least contradiction arouses the patient's wrath, aurum metallicum is the indicated remedy. Give three tablets once in three hours of the third decimal trituration.

When patients have a dry red tremulous tongue, a shrivelled skin, haggard and anxious look, much emaciated, apt to mutiliate the body, chewing the fingers, pulling out the eyelashes, scratching holes in their face and scalp, very restless, arsenicum album is the remedy. Give three tablets of the third decimal trituration every three hours.

CHAPTER III

SPECIAL REMEDIES FOR THE ORGANS OF RESPIRATION

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER III

SPECIAL REMEDIES FOR THE ORGANS OF RESPIRATION

CORYZA. In the early stage of coryza with with fever, thirst, great restlessness, nose feels "stuffy," cannot breathe through it, with headache, aconite is the remedy, and the best results can be obtained by placing five drops of Tr. aconite in a glass of water, teaspoonful once in half an hour. In the fluent form of this disease, eyes water all the time, they are stuck together in the morning, margins red and swollen, profuse acrid lachrymation, watery discharge from the nose, euphrasia officinalis is the remedy. Prescribe Tr. euphrasia, ten drops once an hour.

With watery discharge from the nose, constant sneezing, sore round the nose, loss of smell, worse from contact with cold air, natrium mur, is the remedy. Give three tablets of the first decimal trituration once in two hours. When there is soreness, a raw feeling in the chest, and tickling in the throat, with phlegm, hawking of mucus from the posterior nares, kali mur. third decimal is the remedy. Give three tablets once in two hours. It is an ideal cough remedy with the *raw* feeling in the chest and *tickling* in the throat. This indication is worth golden crowns.

Influenza—La Grippe. For the headache, red face, throbbing brain and carotids, head feels bigger than it ought, head feels compressed, the whole top of the head feels sore, belladonna is the remedy. Add gtts. xxx of the third decimal dilution of belladonna to a

glass of water and give a teaspoonful every hour. When there is great soreness all over the body, bones pain severely—as if they would break, hoarseness and cough, soreness in the chest, is obliged to support the chest with his hands when he coughs, eupatorium is the indicated remedy. Put twenty drops of Tr. eupatorium perfoliatum in half a glass of water and give a teaspoonful every hour. Kali mur. third decimal trituration will be indicated if there is a cough with *tickling* in the throat and a *raw* feeling in the chest. If the pulse shows a weak, discouraged feeling as the acute symptoms pass away, prescribe one-thirtieth grain of sulph. strychnia before each meal and at bedtime. If the case is properly treated there should be no unpleasant sequel to it. Patients should not be obliged to tell us that " I have never felt well since I had that attack of la grippe." Be sure that your patient is entirely rid of all the symptoms of the malady before they leave your care. Many cases of la grippe develop into various forms of catarrh, bronchitis, phthisis, or a general weakness of the whole system. The coal tar products, and various kinds of dope, often used in these cases lessen the vitality of the patient and prolong the duration of the disease indefinitely. Beware of them. From my own experience with this disease I believe it can be cut short with proper treatment and leave no trace behind.

Catarrh (nasal). In my experience in treating nasal catarrh from different parts of the country, I find that the worst cases come from Northern New England and from the vicinity of the Great Lakes in Ohio and Michigan. Those who work in machine shops and inhale the fine dust have the disease in its worst form.

There are really two kinds of nasal catarrh—the moist and the dry. Some cases are complicated with syphilis where the bones of the nose are partially eaten away, and the patient must be treated for that disease if you expect to get any benefit from your treatment of the catarrh.

In the fluent, watery catarrh, I like the following:

℞ Calcarea Phos., 3d x.
Natrum Mur., 3d x.
Ferri Phos., 6th x.
Kali Mur., 3d x a. a. ʒi.

Mix. Make into tablets of two grains each and give three tablets once in two hours. Locally I have received the best results from the following:

℞ Sol. Nitre.
Sodae Boras.
Ammonia Muriate.
Chloride Sodium a. a. ℥i.

Mix and pulverize fine, then add

Oil Gaultheria, ℥i.
Alcohol, Oi.
Aqua Pura, Oiv.

Mix the oil and the alcohol with the water and then add the pulverized salts. Let it stand forty-eight hours, then filter and it is ready for use. Pour some of the liquid into the palm of the hand and snuff it up the nostrils until it can be tasted in the back of the throat. Spit it out and gargle the throat with the same liquid. Do this three times a day.

Chronic Catarrh. For patients troubled with chronic

catarrh the following will be found convenient and curative:

℞ Iodine.
Carbolic acid, a. a. ʒi.
Aqua ammonia, ʒiii.
Tr. Camphor, ʒiv.

Mix. Sig. Fill an ounce vial half full of absorbent cotton and drop ten drops of the liquid on the cotton in the bottle and inhale three times for ten minutes.

In the dry form of nasal catarrh we have remedies that are especially indicated. When there is burning pain in both nostrils, nose obstructed by mucus, voice thick, altered, thick yellow mucus from the nose, constant hacking cough, raw sore feeling in the throat, nitrate of sanguinaria is the remedy. Give one grain of the sixth decimal trituration once in two hours. When there is much pain at the root of the nose, *greenish* colored *slugs* and *clinkers* form in the nose and must be blown out every morning, there may be *ulceration* of the septum, with *punched* out ulcers, they have a foul breath and general loss of smell. In this condition bi-chromate of potash is the remedy. Give three tablets of the third decimal trituration once in three hours. As a local remedy you can depend upon sulpho carbolate of soda. Dissolve one-half teaspoonful in a pint of warm water twice daily. Use one-half as a gargle and the other in an atomizer. I have cured some cases in my practice where the patient had not been able to smell anything for several years. Three out of five of our people have catarrh in some form and every doctor should know

how to treat it successfully, and, thereby, add just so much to his income as well as doing good to suffering humanity.

Nasal Polypus. I have had good success in this disease with pulv. sanguinaria. Add one drachm of the sanguinaria to nine drachms of sugar of milk. Triturate thoroughly and have the patient use it as a snuff three times a day.

Epistaxis. In some cases of nose bleed caused by women taking cold at the menstrual period, the flow stopped. I have given ferri phos. third decimal trituration, five grains in half a glass of water and directing the patient to take a teaspoonful every half hour. It checked the hemorrhage from the nose and re-established the menstrual flow. In epistaxis preceded by very red face, congestion of the head, throbbing of the carotids, blood hanging in clots from the nostrils like icicles, meliotus alba is the remedy. Put ten drops Tr. meliotus in four ounces of water and give a teaspoonful every hour.

In one case where I was called in consultation various remedies had been tried to check the bleeding. I applied pulverized geranium maculatum on cotton, pressing it well up into the nostril. It stopped the hemorrhage.

In thin weak persons, anemic, easily exhausted, who suffer from epistaxis, the third decimal trituration of ferrum aceticum will prove very beneficial. Give three tablets once in three hours.

Pharyngitis. In the acute form of pharyngitis with difficulty in swallowing, aching and fullness of the throat, I have found the following prescription the best of any:

℞ Tr. Gelsemium.
Tr. Phytolacca a. a. gtts. xx.
Aqua, ℥iv.

Mix. Sig. Teaspoonful once an hour.

With this I use a gargle made as follows: Chlorate potash grs. xxx, sulph. zinc grs. v, make one powder. Put this in a glass of warm water and gargle the throat with it once an hour. This is an ideal gargle for soreness of the throat. I have used it since I first began the practice of medicine.

In pharyngitis when there is a stiffness and dryness of the throat, swallowing is painful, burning in the throat, guaiacum is the remedy. Dose three grains of the resin in tablet form once in two hours.

In chronic pharyngitis with feeling of splinters in the throat, rawness, soreness and scraping with hawking of thick mucus in trying to clear the throat argentum nitricum sixth decimal trituration, three tablets every three hours is the remedy indicated.

Tonsilitis. In tonsilitis I depend upon the following prescription:

℞ Tr. Aconite, gtts. v.
Tr. Phytolacca, gtts. xx.
Aqua, ℥vi.

Mix. Sig. Teaspoonful every hour.

Apply a slippery elm poultice around the neck over the throat. Use the same gargle as given under pharyngitis.

In tonsilitis when first one tonsil, then the other is affected, give lac caninum thirtieth decimal dilution. Place twenty drops in half a glass of water and give tablespoonful every half hour.

When the tongue has a white coating and there are grey patches of exudates on the tonsils kali mur. third decimal is the remedy. Add five grains to a cup of hot water and give a teaspoonful once an hour.

In children who grow too fast, or in adults who take cold very easily, the tonsils are apt to suppurate. In such conditions the third decimal trituration of baryta carb. is the remedy. Give three tablets once in three hours.

Chronic Tonsilitis (enlarged tonsils). When there is a husky voice, obliged to keep the mouth open to breathe, deafness, difficulty of swallowing, spongy hypertrophy of the tonsils, calcarea phos. second decimal trituration is the remedy. Give three tablets every three hours. In enlarged, indurated tonsils I like iodide baryta third decimal as a remedy. Dose. Three tablets every three hours.

Laryngitis. In the first stage of laryngitis with fever, hot skin, extreme restlessness, difficulty of breathing, aconite is the remedy. Add twenty drops of the third decimal dilution to a glass of water and give teaspoonful doses every hour. In cases of croup I always apply an onion poultice on the chest. Then I give the following prescription:

℞ Fl. Ext. Eucalyptus.
Fl. Ext. Jaborandi a. a. ℥i.

Mix. Sig. Ten drops on sugar once in half an hour.

Many of my families kept this remedy on hand. I have used it for a good many years and have learned to depend upon it.

In membranous croup we have a remedy that we can rely upon.

℞ Pulv. Sanguinaria, gr. i.
Vinegar, ℥ii.
Sugar, ℥ss.

Mix. Steep it to form a syrup. Sig. one teaspoonful as often as indicated. With the above remedy I have cured a good many cases of membranous croup. The acetic syrup of sanguinaria is one of the old reliable remedies handed down to us by the fathers of the Eclectic school. In my own practice I have never lost a case of croup and I have seen it in the worst forms. I have met with this disease in adults and treated it in the same general way and cured them. The Comp. Tr. oil stillingia is a good local application. A few drops rubbed on the child's throat and one or two drops given internally on sugar will produce good results.

Some physicians prefer the Comp. Powder of Lobelia (see American Dispensatory) as a local application. For myself I prefer the onions to any local application for croup.

Chronic Laryngitis. When the throat feels sore, pain in the larynx, hoarseness, excessive accumulation of mucus in the throat, voice of public speakers uncontrollable—breaks when trying to speak or sing in a high key, as found in clergymen and opera singers, Tr. arum triphyllum is the remedy. Add ten drops to four ounces of water and give a teaspoonful every hour.

When there is partial paralysis of the vocal cords, muscles refuse to act, rawness and tickling, throat dry, a feeling of fullness in the throat, must keep swallowing secretion that cannot be raised, the urine passes

easily without the patient being aware of it, causticum third decimal trituration is the remedy needed. Dose. Three tablets every two hours.

When there is a sensation of a lump in the throat, a dry spot in the throat, must keep swallowing and hawking when there is no secretion to expectorate, only a constant tickling and irritation in the throat, lachesis sixth decimal is the remedy indicated. Dose. Three tablets once in two hours.

Edema Glottidis. When the throat looks intensely red, with burning, stinging pains, throat looks as though a bee had stung it, apis mel. is the remedy. Add twenty drops of Tr. apis mel to four ounces of water and give a teaspoonful every hour.

Acute Bronchitis. When there is fever, great restlessness, soreness in the chest, dry cough, this prescription will prove helpful.

℞ Tr. Aconite, gtts. v.
Fl. Ext. Asclepias Tub, ʒi.
Aqua, ℥v.

Mix. Sig. Teaspoonful once an hour.

In the subacute stage with a feeling of rawness in the chest and tickling cough, tongue coated white, give kali mur. third decimal, three tablets once in two hours. In the stubborn cough of chronic bronchitis, when the irritation is in the trachea and bronchi give this prescription.

℞ Tr. Inula helenium, ʒii.
Tr. Asclepias tub., ʒii.
Simple Syrup, ℥ii.
Aqua q. s., ad. ℥iv.

Mix. Sig. Teaspoonful every half hour.

In patients of a strumous diathesis, where the irritability is in the upper part of the respiratory tract prescribe the following:

℞ Tr. Stillingia, ʒiv.
Syr. Wild Cherry, ℥120.

Mix. Sig. Teaspoonful every two hours.

When there is soreness of the chest, takes cold easily, cough loose and rattling, respiration hoarse and wheezing, perspiration sour, hepar sulph. is the remedy indicated. Give three tablets of the third decimal every two hours.

Chronic Bronchitis. In chronic bronchitis where there is great weakness in the chest, patient so weak he cannot talk, sing or read aloud, cough deep, hollow, strangling and in paroxysms, expectoration sweetish, putrid, yellow green pus, stannum is the remedy. Use the sixth decimal and give three tablets every two hours. Should the pulse have a weak discouraged feeling to it give sulph. strychnine one-thirtieth gr. before each meal and at bedtime. Also give the medicated bath of Epsom salts and warm water, three times a week.

Acute Pleurisy. In acute cases where there are sharp stitching pains, worse from motion, very thirsty, can drink large quantities of water, bryonia alba is the remedy. Add gtts. five of Tr. bryonia to four ounces of water and give in teaspoonful doses every hour. Asclepias tuberosa is indicated when there is dry hacking cough, scanty mucous expectoration, parts sensitive to pressure. Here you should give gtts. twenty of the Tr. asclepias, tub., every hour in alternation with the bryonia. Locally, to give the patient quick relief I

apply equal parts of pulverized ginger, mustard and capsicum. Make a paste with hot vinegar and apply by spreading on a soft cloth and placing over the affected part. Libradol (Lloyd's) is also a good application. Spread it on thin paper and apply to the painful part.

When plastic exudation has taken place kali mur., third decimal, is the remedy. Put five grains in a glass of water and give a teaspoonful every hour.

Chronic Pleurisy. In chronic pleurisy give twenty drops of Fl. Ext. pleurisy root once in two hours. Also add four drachms acetate potash to six ounces of water and give two teaspoonfuls of this mixture four times a day. If the above does not remove the effusion, add carbonate ammonium four drachms to water six ounces and give a teaspoonful every three hours.

In one case where I was called in consultation, a man had been hurt in a sawmill. His ribs were fractured. Later on he developed fluid in the pleural cavity. My advice was asked. I advised the physician attending him to give a certain course of treatment but he called some other doctor in consultation. They advised tapping him and drawing off the fluid. This the patient would not consent to do without my sanction. He came to me after he had discharged the other doctor. I put him upon the same treatment that I had advised his former doctor to use, viz.: Put iodine grs. eighty in an ounce of alcohol. Mix. Sig. Give ten drops in a tablespoonful of milk after each meal. Increase the iodine solution two drops a day until the patient received sixty drops three times a day. The quantity of milk to be also increased with each dose every day. To offset the action of the iodine

I gave him five grains sulph. quinine before each meal. I applied locally over the chest on the affected side a Comp. tar plaster (irritating plaster—see American Dispensatory). The plaster was respread every day until I got up a free discharge of pus from the sore. Then I applied simple cerate to heal the sore. In this way I got rid of the effusion and cured my patient. That was thirty-four years ago. He was alive and well the last I heard from him and never had any trouble with his side. This case shows what can be done in desperate cases when we know what remedies to use.

Iodine given as above is a powerful absorbent and the milk keeps it from irritating the stomach.

Asthma. In asthma associated with emphysema, pale face, lips, cyanotic, pulse small and soft, especially in old people, aspidosperma quebracho is the remedy.

℞ Fl. Ext. Quebracho, ʒi.
Simple Syrup, ʒvii.

Mix. Sig. Teaspoonful every three hours.

When there is difficulty of breathing due to a feeling of constriction or weight in the chest. It feels as though the blood was running to the chest. In such a condition lobelia inflata is the remedy. Give ten drops of the third decimal dilution every hour.

In asthma when the breath stops when the patient goes to sleep, and he wakes with a start, gasping for breath, there is a cough attended with tenacious mucus Tr. grindelia robusta is the remedy. Dose. Ten drops once in two hours.

In old people who are asthmatic and have to sit propped up in bed, dyspnea, great accumulation of

mucus with much rattling and wheezing, give Tr. senega. Put seven drops in a half glass of water and give a teaspoonful every hour until relieved. There are two remedies especially indicated in asthma. Sumbul and gelsemium, and I have given them together with good results. In a severe attack of asthma when the patient was pressed for breath and wheezing I gave Tr. gelsemium and Tr. sumbul a.a. eight drops in a tablespoonful of water once in fifteen minutes until relieved. Many a time this remedy has helped me relieve an asthmatic patient.

Aphonia. In hoarseness, as a result of cold, the remedy is bi-chromate of potash. It seems to have an especial affinity for the larynx. Dose. Three tablets of the third decimal once in three hours.

In one case of partial paralysis of the vocal cords where I was called in consultation, the lady had lost her voice for several months. I advised oil erigeron, five drops on sugar once in two hours, and sulph. strychnine one-thirtieth gr. before each meal and at bedtime. The patient recovered her voice. In another case I saw in consultation the patient had had an attack of laryngitis which had left him with a loss of the voice. The great soreness in the throat and mouth with aphthea made me think of rhus glabra. I advised Tr. rhus glabra in fifteen drop doses every two hours. The remedy made his throat and mouth feel much better and restored his voice. For other remedies, see Chronic Laryngitis.

Pneumonia. In the first stage of congestion or engorgement of the lungs veratrum is the remedy and is only indicated in this stage. Pulse, hard and full, respiration rapid, difficulty of breathing, dry cough, feel-

ing of heavy weight on the chest are the indications calling for this remedy.

Asclepias may be combined with the veratrum to good advantage as seen in the following prescription:

℞ Tr. Veratrum Viride, gtts. x.
Fl. Ext. Asclepias Tub., ʒi.
Aqua, ℥iv.

Mix. Sig. Teaspoonful every hour.

If it should cause any nausea give it once in two hours. The patient should have a warm Epsom salt bath once in twenty-four hours (one ounce of Epsom salts to one pint of warm water). I usually apply an onion poultice over the lungs, prepared as follows: Slice up the onions, heat them over the fire, then make two bags the size of the chest, fill them with the onions. Use first one bag and then the other, changing them every half hour; put them on as hot as the patient can comfortably bare them. They help to relieve the congestion, they are relaxing and will absorb morbid matter. One doctor in Connecticut practiced for fifty years. He used the onion poultice and never lost a case of pneumonia. As a local application for the lungs it has no equal. In the second stage of hepatization, leave off the veratrum mixture; place ten grains kali mur. third decimal in a goblet of water, and give a teaspoonful every half hour. It not only removes plastic exudation but acts as a thermal sedative. If your patient at the commencement shows a weakened vitality give sulph. strychnine one-thirtieth gr. once in three hours, but ordinarily I give sulph. quinine grs. two with ipecac one-fourth gr. once in three hours. If your patient has been used to stimulants

give him one teaspoonful of good whiskey and two teaspoonfuls of water with the quinine. With the quinine powder as directed and the kali mur. third decimal, we have the treatment for the second stage.

When there is sputum that resembles prune juice or of a chocolate color, baptisia is the remedy. Dose, fifteen drops once in three hours. In the stage of resolution when there is great rattling of mucus, lungs seem filled up completely, cannot raise anything, tartar emetic may be given; add one grain of the crude drug to four ounces of water and give a teaspoonful every hour. In my practice I lost one case of pneumonia in my younger days; a man over sixty years old and that was the only case I ever lost. I have seen pneumonia in all its forms in northern New England, New Jersey, and around the lakes in Ohio, and I am not any more afraid of it than of a case of measles. Keep out the coal tar products and any kind of opiates and physic. Don't think that the patient must be physicked the first thing. When Nature needs a movement of the bowels she will let you know. I never give anything of that kind until I am sure that I have the disease mastered, and then only a mild laxative.

In several cases where I have been called to prescribe for patients that have been under the care of other physicains who had failed to help them I had to vary my treatment a little to meet the indications but the main treatment, as given above, is what I depend upon in pneumonia.

Typhoid Pneumonia. In typhoid pneumonia I give the quinine, two grs. once in three hours, with one teaspoonful of whiskey in two teaspoonfuls of water; I also give the Tr. baptisia ten drops once in three

hours. In one case a man lay like a dead man for ten days. It seemed that he hardly breathed, scarcely any pulse, could not raise his hand to his head, as helpless as an infant, yet he recovered under the above treatment.

Whooping Cough. When the paroxysms of coughing follow in rapid succession like a " minute gun," usually in the evening or about midnight, cough has a deep trumpet like sound, child raises a large quantity of tenacious mucus; a great constriction of the chest and abdominal muscles, so that the child presses its hands against them, drosera rotundifolia is the remedy. Dose. Tr. drosera gtts. xx, aqua ounces iv. Mix. Sig. Teaspoonful every hour. In whooping cough, when child loses breath, turns pale, stiff and blue, strangling, with gagging and vomiting of mucus, bleeding from the nose, ipecac is the remedy. Add Tr. ipecac gtts. x to aqua ℥iv. Mix. Sig. Teaspoonful every hour. In whooping cough with long continued paroxysms, child turns purple in the face and seems as if suffocated. The perspiration starts, there is expectorated large quantities of mucus, naphthalinum is the remedy indicated. Give two tablets of first decimal every hour. When in this diseased condition there is a short hacking cough during the day like a " minute gun." Not any whooping in the daytime but at night, the cough is worse at night, corallium rubrum third decimal is the remedy. Dose, three tablets once in two hours. I have seen good results from taking children with whooping cough into the gas house for a short time two or three times a week. The odor from the gas-making has proved beneficial in helping to break up the disease.

Bronchocele. When I have used a saturated Tr. iris versicolar, made as follows (fresh root just dug, mash the roots; put eight ounces in a pint of eighty per cent. alcohol. Let it stand fourteen days and filter), I made some fine cures of goitre. The dose was twenty-five drops three times a day after meals. If the doctors would make a tincture of the blue flag root in June when the plant is in flower—make it from the green root—they would find it a great absorbent. Locally apply the following prescription. Tr. Iodine, Tr. Phytolacca a. a. two drachms. Mix. Sig. Paint over the enlarged glands night and morning. Calcarea Iodide, one-third gr. every three hours for a week then double the dose, has also helped me to cure some cases.

Diphtheria. In 1866 when an epidemic of this disease swept over New England and so many cases proved fatal, the regular physicians used to burn out the throat with nitrate of silver and lost about every case they treated. When I was attacked by the disease my father called a Homeopath—Dr. Francis A. Roberts, of North Vassalboro, Maine—to attend me. I had the disease about as bad as any in that part of the country, yet I recovered under his treatment as did, indeed, about all the other cases which he treated. He was one of the finest men I ever met; he has passed over the silent river of death—a man loved and respected by all who knew him, a type of the old school of Homeopathic physicians who believed in Homeopathy pure and simple. In " Marcy and Hunt's Practice " (Homeopathic) published 1865, the authors report " two hundred cases of diphtheria treated and a mortality of less than one per cent."

How is that for some of the modern Homeopaths

who claim that they cannot cure diphtheria without antitoxin?

I was taught how to cure diphtheria forty-two years ago in the Eclectic college and now after forty years' practice I can truthfully say that I do not fear to treat the disease in any form. I have been through several epidemics and always had good success with my cases. I never was guilty of poisoning their system with the filthy horse serum called antitoxin that has killed and crippled so many of our children.

In the treatment of diphtheria, *not malignant,* I give the following:

℞ Tr. Phytolacca, gtts. xx.
Tr. Gelsemium, gtts. xx.
Aqua, ℥iv.

Mix. Sig. Teaspoonful every hour.

I use a gargle of pulv. chlorate potash half a drachm and sulph. zinc five grains added to a glass of warm water. Stir it thoroughly and gargle the throat once an hour. If the child is too young to gargle the throat have the nurse swab out the throat with the solution every hour. I also apply a poultice of pulverized slippery elm, wet with warm water, round the neck over the throat. This should be changed once in two hours. It feels good and it is good for the patient. As soon as the skin is moist, pulse soft and tongue cleaning off, I begin giving two grains quinine every three hours. If the tongue has a yellowish brown coating I like the effect of sulphurous acid. I add two drachms of the acid to four ounces of water and give in teaspoonful doses every two hours. It is one of the best

antiseptics that we have and is often indicated in this disease.

In the malignant form of diphtheria, when the throat fills right up with the edematous swelling, the uvula hanging down like a transparent sac filled with water, the patient in danger of suffocation, throat intensely red, dry and glazed looking, with burning, stinging pains—sometimes no pain at all, this is the most dangerous symptom,—if you look down the child's throat it looks as if a bee had stung it, apis mel. is the remedy. Add ten drops apis mel. to six ounces of water and give a teaspoonful every hour. In a bad case of this disease which I saw in consultation during an epidemic the child's throat was of a very dark red color; membranes looked like washed leather, breath very offensive, body felt as if it had been pounded, nothing but liquids could be swallowed. I advised baptisia tinctora as the remedy needed. The prescription reading,

℞ Tr. Baptisia tinctor, gtts. xxx.
Aqua, ℥vi.

Mix. Sig. Gargle the throat once an hour and give a teaspoonful of the mixture internally every hour.

While it seemed doubtful if the child would live another day, yet in twenty-four hours the throat had a healthy look and the child finally recovered. Tr. eucalyptus may be added to the baptisia in these malignant cases and it makes an ideal remedy. The more malignant, the more putrid the case the greater the need of these remedies, both as a gargle and internally. In another case where I was the consulting physician, great *nervous prostration* was the most pronounced symptom, very foul breath, great difficulty in swallow-

ing anything, throat looked purple and livid. Lachesis was the remedy indicated and we put ten drops of lachesis, sixth decimal in half a glass of water and gave a teaspoonful every half hour. In a few hours we could see a change for the better and the patient got well.

In cases where there are ulcers in the mouth, fauces covered with a deposit, secretions acrid and excoriating, glands of neck swollen and painful, Tr. arum triphyllum is the remedy indicated. The prescription should read:

℞ Tr. Arum triphyllum gtts. x.
Aqua, ℥vi.

Mix. Sig. Teaspoonful every hour.

Do not let the name of this disease frighten you but study each case carefully and give the remedy indicated. If tempted to use antitoxin, remember that the fathers of the Eclectic school of medicine made their reputations by curing such diseases as diphtheria, and it would be casting a reflection upon that school of medicine if you had to acknowledge to the child's parents that you did not know how to cure the patient without *injecting* a *filthy horse serum* into its little body. Then when the child dies can you truthfully tell the parent that you have done all that medical science can do for their child? Remember there are lots of intelligent people in this land of ours and you "can't fool all the people all the time."

Pulmonary Tuberculosis. In 1900 this disease caused the death of 111,059 of our American people. Why it is on the increase is not hard to determine when we realize the fact that underlying all the other symptoms,

and the very foundation of the disease, is a weakened vitality and enfeebled nerve power.

The pulse tells us that when we read it intelligently, and every war in this country, every great disaster, financial crisis, or epidemic of typhoid fever, diphtheria, pneumonia, and la grippe leaves behind them a trail of weakened vitality that furnish recruits to the great army of sufferers from consumption, cancer and Bright's disease.

When we understand the cause of this disease it is not difficult to devise a cure. The regular school, from Watson down to Osler, believed and taught the idea that consumption was incurable. The people have been educated to believe this, hence the great fear and dread of the name consumption.

On the other hand the Eclectic and Homeopathic schools of medicine have had good success in the treatment of this disease for nearly one hundred years. That it is hereditary is a theory not borne out by facts. My mother had eight brothers and sisters die from consumption and she, herself, had all the symptoms of this disease and was considered by the doctors past cure; yet she went to Africa as a missionary for the Society of Friends and when she reached the equator began to feel better. She lived for twenty years afterward and never showed any symptoms of this malady. Neither have any of her children or grandchildren shown any symptoms of this disease. That it is contagious is a myth, too foolish to think of for a moment. In Maine, New Hampshire and Vermont, where so many die from this disease, I had every opportunity to study the disease in all its forms for several years. I have seen patients that sleep in the same

bed for years with another person, yet they never took the disease from them. All this talk of contagion is simply to work on the fears of the public. It means more graft for some one.

A patient came to me a few years ago for treatment. She was a married lady, middle age, and had been having children too fast; one every year for five years. As a result the pulse had a weak discouraged feeling to it; hectic fever, night sweats, thoracic pain, a hacking cough, rapid respiration were the symptoms which she presented. By having children so rapidly she had weakened her vitality and drawn heavily upon her reserve force. She had the fear of consumption but a few moments of cheerful, hopeful talk, and a promise that in ten days she would see an improvement in all her symptoms caused her to be more encouraged and hopeful.

For the weakened vitality I gave her sulph. strychnine one-thirtieth grain before each meal and at bedtime; for the night sweats she had two grains of the third decimal picrotoxine at five, seven and nine in the evening. For the cough and raw feeling in the chest I gave her kali mur., three tablets of the third decimal every two hours. Three times a week she was told to take a bath all over of Epsom salts—one ounce of the salts to a pint of warm water, or if the patient had a bath tub to put one pound of the salts into the ordinary amount of water used. The skin should be well scrubbed until all the sticky, gummy substance is removed, leaving the skin smooth as velvet. In a week the patient came to report. The eye, the pulse, the tongue, all showed a marked improvement. She reported all symptoms more favorable. There was less

fever, less cough, night sweats not so bad, felt stronger and she was stronger. The treatment was continued with the addition of " Cell salts," two drachms to water one pint, a teaspoonful being given with every dose of strychnine. The patient finally regained her health.

In some cases when there is indigestion and torpid liver, I like this prescription:

℞ Fl. Ext. Euonymus.
Fl. Ext. Ptelia Trifoliata a. a. ℥iv.
Comp. Syr. Hypophosphites, ℥iv.

Mix. Sig. Tablespoonful four times a day, if it acts too freely upon the bowels, lessen the dose.

A case of this kind came to me from one of the large cities of New Jersey several years ago. I put the patient upon the above remedy, giving him other remedies to meet indications as they arose. There was no question about the diagnosis, as other physicians had seen the case and all diagnosed it as tuberculosis. He had night sweats, fever, tubercles in the lungs, emaciation, etc., but he recovered under my treatment and was well the last time I heard from him.

When the cough is spasmodic, worse when lying down, I like the following:

℞ Tr. Drosera, ʒx.
Tr. Veratrum vir., ʒii.
Glycerine q. s., ℥ii.

Mix. Sig. Twelve drops once in three hours.

When there is a copious expectoration of muco-purulent mucus in the *second stage* of pulmonary consumption myosotis symphytifolia is indicated. Dose. Tr. myosotis five drops once in two hours. I have seen

cases of advanced tuberculosis, with hectic fever, night sweats, swelling of the feet and muco-purulent expectoration treated successfully with baptisin. Give baptisin, one-half grain, once in three hours. The greater the debility and the more advanced the disease is, the stronger the indication for baptisia.

To control the diarrhea, the following prescription will prove efficacious.

℞ Sub nitrate bismuth, grs. xx.
Sulph. quinine, grs. xvi.
Pulverized gum arabic, grs. xxx.

Mix. Divide into twenty powders. Sig. One powder once in five hours. When there is a loose, racking, suffocating cough, with copious expectorations of thick, yellowish or greenish mucus, silicea is the remedy. Dose, three tablets of the sixth decimal every two hours.

For a local application to the throat, a compress of Epsom salts and warm water (one ounce to the pint) should be constantly worn around the throat. It will do much to allay the irritation in the throat and relieve the cough. For the night sweats picrotoxine third decimal is the remedy. Give two grains at five, seven and nine at night. For hemoptysis, when there is slight hemorrhage of bright red blood, epistaxis, headache, ferri phos. third decimal is the remedy. Dose, five grains in a glass of water, teaspoonful once an hour. In hemorrhage from injury or over exertion, bright red blood—as from a wound, millefolium is the remedy. Dose, Tr. millefolium ten drops in a little water, once an hour until relieved.

Anodynes, coal tar products, in fact any remedy that

weakens the *vitality* of your patient must not be given in this disease. How can you raise the vitality of your patients when you are dosing them with anodynes to *pull down* the vitality.

The " Cell salts," as prepared by Dr. Burgess, Chattanooga, Tenn., should be given the patient because they supply nutrient to the cells that are starving for nourishment.

I have had more cases of this disease to treat in my time than usually falls to the lot of the average physician of my age, and I am of the opinion that consumption can be cured. I have cured my cases without any cod liver oil, whiskey and quinine, stuffing them with food until their stomachs rebel against all food, making them sleep on the roof of the house, out of doors in a tent, or any other freak practice. It is cruel and heartless to quarantine such cases or send them among strangers to die.

Hay Fever. When there is violent spasmodic sneezing and lachrymation, a burning watery discharge from the nose and eyes sabadilla is the remedy. Dose, Tr. sabadilla five drops in half a glass of water, teaspoonful every hour. When there is itching of the nose and eyes, profuse acrid watery discharges from the nose and eyes, nose feels stopped up, alium cepa is the remedy. Dose, Tr. alium twenty drops in four ounces of water, teaspoonful every hour.

CHAPTER IV

SPECIAL REMEDIES FOR THE HEART

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER IV

SPECIAL REMEDIES FOR THE HEART

PERICARDITIS. For the acute pain in the heart, restlessness, fever, full, bounding pulse, aconite is the remedy. We will frequently need to combine it with that grand diaphoretic asclepias tuberosa, for it is quite as often indicated in this disease as in acute pleurisy. The prescription should read:

℞ Tr. Aconite, gtts. v.
Tr. Asclepias, tub. ʒi.
Aqua, ℥v.

Mix. Sig. Teaspoonful every hour.

Apply a warm flaxseed poultice over the heart. It feels good and helps to allay the inflammation. If there are stitching pains, made worse by *motion*, relieved by lying on the *affected* side, bryonia is the remedy. Dose, tincture bryonia, gtts. v, aqua, four ounces; mix, and give a teaspoonful every hour. From the very beginning of your treatment give kali mur. third decimal. Add ten grains to a cup of warm water and give a teaspoonful of this mixture once an hour. This remedy will often prevent effusion and it is the remedy for the absorption of exudates.

When the pain is very severe, shooting into the arm and neck, stitching pain in the left breast, dyspnea, patient can only lie on the right side, palpitation of heart, and the least movement produces a feeling of suffocation, spigelia is the remedy needed. Add fif-

teen drops tincture spigelia to four ounces of water and give a teaspoonful every hour. When complicated with rheumatism give three drop doses of tincture cimicifuga once in two hours. When cimicifuga is used as the principal remedy in acute rheumatism there is seldom any heart complications. This fact should be remembered by all physicians.

When the acute stage has passed the kali mur., third decimal, is to be continued. The following prescription will aid in removing the effusion:

℞ Fl. Ext. Jaborandi, ʒi.
Simple Syrup, ℥iv.

Mig. Sig. Teaspoonful once in two hours until profuse perspiration is produced.

The following diuretic and alterative mixture has rendered me good service in many cases:

℞ Tr. Phytolacca, ʒii.
Iodide Potash, ʒii.
Syr. Marshmallow, ℥vi.

Mix. Sig. Teaspoonful once in three hours.

Sulph. strychnine, one-thirtieth grain, should be given before each meal and at bedtime to keep up the vitality of the patient.

Hydropericardium. When there is a very slow pulse, skin apt to be of a bluish color, especially the eyelids, lips, tongue and nails, cyanosis, more pronounced when moving about, every third or fifth beat patient thinks the heart will stop beating. For this condition digitalis is the remedy. Dose, five drops in a little water once in three hours. When I prescribe digitalis in dropsy I always add about ten to twenty grains of

cream tartar to an ounce of water, stir it up and then add the five drops of tincture digitalis. In my own experience, I have found that it increases the diuretic action of the digitalis. I have often increased the dose, one drop a day until the patient was taking ten or twelve drops of the digitalis at a dose.

When the difficulty in breathing is so great that the patient cannot lie down, puffiness of the hands and feet and also under the eyes, very thirsty, but water disagrees, sensation of sinking at the heart and pit of the stomach, urine scanty, dark colored, skin distended and glistening, bowels constipated, pulse slow, apocynum cannabinum is the remedy. Dose, five drops once in three hours. When the effusion is dependent upon the inability of the heart to carry on the circulation of the blood, there is edema of the ankles, heart's action rapid, pulse feeble, soreness in the uterine region, palpitation of the heart, tincture convallaria maj. is the remedy. Dose, five drops once in three hours.

When the lower eyelids hang down like bags, there is dropsy with absence of thirst, sensation as if every breath would be the last, skin very tender, sensitive to the touch, apis mel. is the remedy. Prescribe it as follows:

℞ Tr. Apis mel., gtts. x.
Aqua, ℥iv.

Mix. Sig. Teaspoonful once an hour.

I was called to see a case of dropsy of the heart, the kind that used to be called "Water round the Heart." It was a bad case, given up to die by her former physician. The patient was a middle aged lady; she sat propped up in bed, as she could not lie down; ausculta-

tion did not reveal any heart sounds; the heart seemed to be drowned in water. There was dyspnea and a very weak pulse. She seemed to me very near the end of life. I did not think I could do her much good, but as the family were anxious for me to do something I thought I would give her a little medicine to make her easier, for it did not seem to me that she could live until morning. I called for a glass, a spoon and a little water. I counted out sixteen teaspoonfuls of water into the glass, into which I put one grain of morphine and ordered a teaspoonful of the mixture to be given every fifteen minutes, until she was easier or slept. This is the way I prescribe morphine when I am forced to use it, which is very seldom. In my forty years of practice, I have not used a half drachm of morphine altogether. As I left the patient to return home the family wished me to call and see her the next morning, but for me I thought it would be a case of

> "Ring the bell softly
> There's crape on the door."

Upon visiting the patient the next day, I was met at the door by the husband with the report "the patient was better." I found that after she had taken two or three doses of the morphine mixture that the water began to pass off freely. Thus it was she got the primary stimulating effect of the morphine. I then gave her tincture digitalis as described above until I had removed all the water.

While it may be comparatively easy to remove the dropsical effusion, yet it is not so easy to prevent its returning. To effect a radical cure we must enrich the blood after removing the serum. Iron and helonias are

the remedies that we will depend upon for this purpose. Give three tablets of the first decimal of ferrum every three hours and alternate with it three tablets of the first decimal of helonias every three hours.

Another case which I saw of "water round the heart" was a lady who had been sick for some time. Different doctors had treated her, but she was growing worse rapidly. It was very difficult for me to detect any heart sounds, and the heart seemed nearly drowned in the water. She could not lie on the pillow; had her head raised up. Her feet and legs were badly swollen. It was a desperate case but I determined to do what I could for her relief. I explained to the family that I proposed to remove the dropsical effusion. I had a woman used to nursing stay all night with her. I then prescribed the following:

℞ Podophyllin, gr. i.
Leptandrin, grs. ii.
Capsicum, grs. ¼.
Cream tartar, grs. xx.

Triturate them well together for one powder. Sig. Give one powder like this in a little sweetened water once in three hours until they began to operate freely on the bowels, then stop them. I instructed the nurse that the water would commence to run off before morning and that if the patient was faint to give her a little whiskey and aromatic spirits of ammonia (one drachm) in water. The next day I visited my patient and found her decidedly better. During the night the water began to pass off and at one time the patient said she felt as if "all the flesh was leaving her body." I gave this patient tincture digitalis for a little while,

then the ferrum and helonias as given above and she recovered entirely. I have had many cases of this kind in my practice and frequently have taken desperate chances, as in such cases what is done must be done quickly and a cure of such a case will often make a doctor's reputation. We never know what we can do for the sick until we try.

Endocarditis. When this condition is complicated with rheumatism, headache in the forehead or top of the head, pain under the left nipple, and down the left arm, cimicifuga is the remedy. Put twenty drops of tincture cimicifuga into four ounces of water and give in teaspoonful doses every hour. When the pulse is full with hardness and tension, great muscular excitement, veratrum viride is the remedy indicated. Dose, tincture veratrum gtts. x, aqua ℥iv. Mix. Sig. Teaspoonful every hour. A full, bounding pulse, with fever, great restlessness, sharp cutting pain in the left side calls for aconite rad. Dose, tincture aconite gtts. v, aqua ℥iv. Mix. Sig. Teaspoonful once an hour Kali mur., third decimal, should be given from the very start for that condition which favors embolus which acts as a plug. Place ten grains of it in a cup of water and give in teaspoonful doses every half hour.

When there is severe pain in the left side, palpitation, violent and visible blowing sound at the apex of the heart, spigelia is the remedy indicated. Dose, tincture spigelia, five drops every two hours.

Cramp-like pain in the heart, a feeling as if a great stone lay on the heart, calls for cereus bonplandi. Add twenty drops of tincture cereus to a glass of water and give a teaspoonful every half hour until the pain is relieved. As a preventive against future attacks of

this difficulty give the third decimal calcarea flouride, three grains three times a day.

Myocarditis. When there is palpitation of the heart, vertigo, and choking in the throat and severe stitching pains in the cardiac region iberis is the remedy indicated. Dose, tincture iberis, gtts. xx; aqua, ℥iv. Mix Sig. Teaspoonful every hour. To encourage absorption of plastic exudates and emboli kali mur. is the remedy. Add ten grains of the third decimal to a glass of water, and give a teaspoonful every hour. Calcarea flouride, third decimal, three tablets three times a day, is valuable in the chronic form to correct the tendency toward fibroid degeneration about the heart.

When there is great difficulty of breathing, palpitation, rush of the blood to the head, cratægus oxyacantha is indicated. Dose, ten drops tincture cratægus once in three hours. The best local application over the region of the heart in deep settled inflammation of that organ is the compound tar plaster (irritating plaster). Apply one already spread (Merrill's). It will start up counter irritation over the region of the heart, relieve the pain and check the progress of the disease. It has helped me many a time to make a decided impression on the case by relieving the most urgent symptoms.

Hypertrophy of the Heart. When we realize the fact that hypertrophy or enlargement of the heart is really a chronic obstruction with nerve tension, it gives us the key to the first remedy, veratrum viride, to release the nerve tension and gradually remove the obstruction of the capillaries. Give tincture veratrum, first decimal, five drops every hour for three hours and then

every three hours. You will notice less tension and a pulse which becomes more regular and stronger. When, from violent exercise, the heart has been strained, arnica third decimal is the remedy. Dose, five drops once in two hours. If caused by excessive use of tobacco cactus grandiflorus is the remedy—the heart feels as if it did not have room to beat, as if held by an iron band. Dose, tincture cactus grand. ʒss, aqua ℥iv. Mix. Sig. One teaspoonful once in two hours.

When there is a feeling of great oppression in the region of the heart, palpitation, dyspnea, constricting pains and tenderness round the heart, lycopus virg. is the remedy. Add twenty drops of tincture lycopus to a glass of water and give a teaspoonful once in two hours. If from valvular insufficiency give tincture collinsonia ten drops once in four hours. If complicated with chronic rheumatism give wine of colchicum five drops three times a day.

Dilatation of the Heart. Cratægus is the first remedy to be thought of in dilatation of the heart. When the first sound is absent, weak or prolonged, or misplaced by a murmur, the pulse being fast, often intermittent and irregular, you should give tincture cratægus, ten drops once in three hours. When there is weakness, irregularity of beat, fluttering, palpitation, with feeling as if the heart would stop beating, phaseolus panus is the remedy. Dose, three tablets of the ninth decimal every twenty minutes until relieved. When the pulse is slow, great weakness, blueness of skin, especially of eyelids, lips, tongue and nails, pulse irregular and intermittent, digitalis is the remedy. Give the second decimal dilution, ten drops once in two hours.

When caused by grief, worry, long drawn sighs, sobbing, ignatia is the remedy. Tincture ignatia gtts. x, aqua ℥iv. Mix. Sig. Teaspoonful once an hour. When the right side is dilated collinsonia is indicated. Dose, tincture collinsonia five drops once in three hours.

Fatty Heart. When the pulse shows a weak discouraged feeling, loss of nerve power, give sulph. strychnine one-thirtieth grain before each meal and at bedtime. In anemic patients, complicated with diabetes or chronic rheumatism, vanadium will increase the appetite and strengthen the heart's action. Dose. Three tablets of the sixth decimal three times a day. When there is a shortness of breath, pain in the right arm, with obesity, I have used saturated tincture of phytolacca berries (phytoline) ten drops before and after meals three times a day. I have treated patients who took on flesh so rapidly that they could hardly walk across the floor because of the difficulty in breathing thus produced. In a few days by taking the above remedy the flesh would be reduced and breathing become more natural. I believe it is *the* remedy needed for a "fatty heart."

A "Heart Remedy." I have used the following prescription for forty years in all heart difficulties where there was pain, palpitation and shortness of breath. It has done me good service.

℞ Tr. Castor.
Tr. Opium.
Sulph. Ether.
Spts. Turpentine.
Aomat. Spts. Ammonia, a. a. ℥ss.

Mix. Sig. One teaspoonful in one-third cup of water once in half an hour until relieved. One or two doses is generally sufficient. This remedy has helped me often in times of trouble. It is the remedy for palpitation of the heart. The more severe the pain in the heart the stronger is the indication for this remedy. *It will relieve* the pain. I was called to see a case where a man was suffering severe pain in his heart. The pain was so intense that it seemed as if he could not live very long. I diagnosed the difficulty as neuralgia of the heart. One or two doses of this medicine gave him quick relief, so much so that he left for his home in Brooklyn that night. Another similar case was a man who kept a summer hotel on Ipswich Bay, Mass. He had been treated by several physicians without relief. I diagnosed the case as enlargement of the heart. There was pain, palpitation and dyspnea. At times he would become unconscious. I gave him the above "heart remedy" as directed; also collinsonia, the first decimal, three grains four times a day. This patient recovered completely and was city marshal in one of the Massachusetts cities for some time. He lived for twenty years and finally died of pneumonia.

I have met with many cases of so-called "heart disease" in my practice. The physicians in attendance had told the patients that they were liable to drop dead any moment. I have treated such cases and cured them. Any form of heart disease can be cured except certain forms of organic disease.

Women will frequently come to me with palpitation, a little shortness of breath, a little pain in or around the heart. There is no *real* disease of the heart; they

are mostly neurasthenics. The following prescription has cured very many such cases:

℞ Tr. Cimicifuga.
Tr. Gelsemium.
Tr. Pulsatilla, a. a. gtts. xx.
Aqua, ℥vi.

Mix. Sig. Teaspoonful once in two hours.

Angina Pectoris. When there is pain with tightness and constriction of the chest, tincture lobelia is the remedy. Dose, twenty drops every half hour until relieved.

When there is violent palpitation, shaking the whole chest, severe substernal pain radiating to the neck and arms, irregular pulse with tendency to syncope, palpitation, worse by the least movement tincture spigelia fifteen drops in half a glass of water is the indicated remedy. Dose, teaspoonful every half hour.

Cratægus is indicated when there is sudden and terrible pain in the left breast, pain radiating over the heart and down the left arm, patient is despondent, fearful of death. In such cases prescribe tincture cratægus fifteen drops in a wine-glass of water. Repeat the dose in half an hour.

When the patient is pale, pulse small, wiry, anemia of the brain, glonoin is the indicated remedy. Dose, two $\frac{1}{250}$ grain granules should be given once in fifteen minutes in a teaspoonful of water until the face is flushed and there is fullness of the head. My "heart remedy" is the medicine which I have depended upon in such cases (see Fatty Heart).

Exophthalmic Goitre. When there is a tumultuous action of the heart, eyes prominent, dyspnea, and op-

pression of the chest lycopus virg. is the remedy. Dose, tincture lycopus virg. fifteen drops three times a day.

Tincture fucus vesiculosis has cured cases of this disease. Be careful that you procure a *reliable* tincture. If it is a recent case give thirty drops of tincture fucus three times a day after each meal in two tablespoonfuls of water. If the case is chronic give one teaspoonful of the tincture three times a day, after each meal. Apply tincture iodine and tincture phytolacca, equal parts, locally—by painting the enlarged growth—night and morning.

Weak Heart. The best remedies are digitalin and ferrum given in alternation as follows: Digitalin, third decimal, three tablets once in three hours; ferrum, first decimal, three tablets once in three hours. In those cases of rapid heart failure in pneumonia and typhoid fever, prescribe caffeine, two grains, every two hours. By the use of this remedy I have restored the force and rhythm of the heart in a short time. Phaseolus nanus is also indicated in a weak heart, when the pulse is scarcely perceptible and is irregular. Give three tablets of the ninth decimal once in twenty minutes until the heart beats strongly again. Glonoin is a quick stimulant to the heart in cases of faintness, wiry pulse and pale face. Dose, two $\frac{1}{250}$ grain granules in a teaspoonful of hot water once in fifteen minutes until the beat becomes strong and regular. In a "crisis" when the vitality is low and the system fails to respond to the tonic action of your remedies give two granules of glonoin $\frac{1}{250}$ grain once in three hours.

Valvular Disease of the Heart. Calcarea flouride, third decimal is the remedy to arrest early stages of valvular

disease, and restore normal action of the valvular structures. It removes the fibroid deposit about the endocardium. Dose, fifteen grains in a glass of water and given in teaspoonful doses, of this mixture, hourly. When the patient awakes from a sound sleep, from a sense of suffocation, with a violent hard cough and difficult respiration spongia is the remedy. Dose, three tablets of the third decimal once an hour.

Dyspnea. This is a very troublesome symptom. For its relief I have used the following prescription with much benefit:

℞ Fl. Ext. Quebracho, ʒi.
Simple Syrup, ℥vii.

Mix. Sig. Teaspoonful once in two hours.

When there is a dry annoying cough, pulse low, weak, irregular, as found in the acute stage, naja tripudiant is the remedy needed. Dose, three tablets, sixth decimal, once in two hours. When there is failing compensation, urine scanty, great dyspnea, pulse irregular, headache extending from occiput around the temple, across the forehead to the eyes, adonis vernalis is the indicated remedy. Dose, tincture adonis five drops three times a day. Cratægus should be remembered here when the patient is gloomy, despondent, face pale, rush of blood to the head with much dyspnea. Dose, ten drops once in ten hours.

Arterio Sclerosis. Calcarea flouride, third decimal, is one of your best remedies in this condition. Three grains of this drug once in three hours. For the obstruction in the capillaries veratrum viride is indicated. Dose, five drops of the first decimal dilution three times a day to relax the capillaries. For the weak dis-

couraged pulse, give one-thirtieth grain sulph. strychnine before each meal and at bedtime. When there is vertigo, a tremulous feeling, the heart is enlarged, its action irregular, the pulse has a shotty feeling, with some pain in the region of the heart, iodide arsenic is the remedy. Dose, three tablets of the third decimal once in two hours.

For the calcification of the arteries phosphoric acid dilute is the remedy. Dose, twenty drops in half a glass of water, teaspoonful once in three hours.

Palpitation of the Heart. In nervous hysterical women, we may have palpitation and copious urination. In this condition moschus is the remedy. Dose, five drops of the second decimal dilution every two hours.

In palpitation which is brought on by excessive tea drinking, china is the remedy. Dose, tincture china (cinchona) twenty drops in four ounces of water; of this mixture give a teaspoonful once in two hours. In palpitation of the heart from sexual excesses phosphoric acid is the remedy. Dose, add fifteen drops of the third decimal to a half glass of water and give a teaspoonful once in two hours. Palpitation from violent emotions, grief or worry, palpitation from the slightest exertion, kali phos., third decimal, is the remedy needed. Dose, three tablets once in two hours.

Diaphragmitis. Cactus grandiflorus is indicated when there is a feeling of constriction in the region of the diaphragm with sharp shooting pains. Add one drachm tincture cactus to four ounces of water and give a teaspoonful once in three hours.

Hiccough. Magnesia phos., third decimal, is a good remedy for this condition and will cure most cases.

Place ten grains in a cup of hot water and give a teaspoonful every few minutes until relieved. A lump of sugar wet with vinegar placed in the mouth and allowed to dissolve will often give relief. In one case of an old lady to whom I was called I gave one grain sulph. morphia in sixteen teaspoonfuls of water, and directed a teaspoonful of the mixture to be given every fifteen minutes until relieved. It cured her. Tincture caulophyllum, ten drops once in a half hour is a good remedy. It may be given to children with safety.

CHAPTER V

SPECIAL REMEDIES FOR THE STOMACH AND INTESTINAL CANAL

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER V

SPECIAL REMEDIES FOR THE STOMACH AND INTESTINAL CANAL

IN STOMATITIS I give ferri phos., third decimal trituration, five grains, with kali mur. third decimal trituration, five grains, in a cup of hot water. Dose, two teaspoonfuls every half hour.

In *aphthea* I give for babies subnitrate bismuth, second decimal trituration, one grain in a little water once an hour. If the mouth and gums are tender, saliva fetid and purulent, tongue coated, and ulcers on the mucous membrane, kali mur. is indicated. Put five grains of the third decimal trituration in a glass of water and give in teaspoonful doses every half hour. Apply solution of boro-glycerine locally to the sores in the mouth.

For *ulcers in the mouth* I have always depended upon chlorate potash, one-half drachm, and sulphate zinc, five grains in a goblet of warm water. I use this solution as a gargle and have the patient rinse out the mouth with it once an hour.

In *glossitis,* when there is a chill, burning and tingling sensation along the dorsum of the tongue, and it is swollen, dry, and red, great dryness of the mouth, everything tastes bitter, aconite is the remedy. Add five drops specific medicine aconite to four ounces of water and give a drachm every hour.

In *dyspepsia* when there is a lack of gastric juice, especially in old persons, with a heavy, sleepy feeling

after meals, flatulence, diarrhea alternated with constipation, alnus rubra is the remedy. It will increase the gastric secretion and aid digestion. Alunin, first decimal trituration, three grains one-half hour before each meal. In dyspepsia with excessive acidity in the stomach, eructations of sour fluid that sets the teeth on edge, pain in the stomach, worse when empty, and relieved by taking food, you should prescribe tincture robinia pseud., giving five drops before each meal. When after eating the mind is dull, epigastrium bloated with pressure, like a stone in the stomach, sour taste, pyrosis, tightness about the waist, the patient is obliged to loosen the clothing, nux vomica is the remedy indicated. Give nux vomica, third decimal trituration, three tablets after each meal and at bedtime. In dyspepsia, where the indigestion is dependent upon a feeble condition of the muscles, mucous membrane and glands of the stomach, chelone glabra is the remedy. Give three tablets of the second decimal trituration once in three hours. In indigestion with large quantity of gas in the stomach, and bowels are badly bloated, the patient feels hungry, but a few mouthfuls "fill him up," belching does not bring relief, rumbling of gas in the bowels, feels sleepy after eating. In such cases you can prescribe lycopodium with great confidence. Give three tablets of the third decimal trituration once in two hours. Dyspepsia is our national disease. Americans eat too fast and too much, drink too much tea, that weakens the nerves and coats of the stomach. You cannot cure any form of indigestion if the patient will persist in tea drinking. Coffee should be cut out of the diet if it makes the patient feel sleepy or drowsy after drinking it.

Since I began the practice of medicine I have had one remedy that I depended upon more than any other, and have prescribed it for many patients in different parts of the country. I have never known it to fail to do the patient good. It is the best combination for dyspepsia.

℞ Pepsin (pure), ʒl.
Subnitrate bismuth, ʒl.
Tr. nux vomica, ʒss.
Comp. tr. Gentian, ℥vii.

Mix. Sig. One teaspoonful after meals in a little water (shake well).

In *acute gastritis* when there is intense thirst, dry, hot skin, great restlessness, tossing about in agony—a burning thirst for large quantities of water, aconite is the remedy. Prescribe twenty drops of the third decimal dilution in a half glass of water, giving one teaspoonful every hour. When there is great irritability of the stomach, patients call for cold drinks, but vomit them soon after drinking; the stomach becomes full, the tongue is coated white, a sensation of a load in the stomach, a sweetish or metallic taste in the mouth; there is often a painless diarrhea, and frequent micturition. In this condition subnitrate of bismuth is the remedy. Give five grains of the second decimal trituration every two hours. Ice pounded up in small pieces and fed to the patient will do much to allay the fever in the stomach.

In *chronic gastritis* argentum nitricum is the remedy when there is distress and tenderness in the epigastrium, flatulence, and vomiting large quantities of ropy mucus. Give five tablets of the sixth decimal tritura-

tion once in two hours. In many cases of the chronic form of this disease, when the patient complains of a burning sensation in the stomach, I give Fowler's solution of arsenic, two drops after each meal. In stubborn cases I have had good success with the following:

℞ Flu. ext. nux vomica, ʒss.
Lloyd's liquid hydrastis, ʒiv.
Glycerine, ℥i.
Aqua, q.s., ℥vi.

Mix. Sig. One teaspoonful before each meal and at bedtime.

In *gastralgia,* when there are cramping pains in the stomach, tincture melilotus alba, third decimal is the remedy, half teaspoonful in half a glass of water. Give in teaspoonful doses every half hour. I have had good success with oil gaultheria, given in twenty-drop doses on sugar; then repeat the dose in two hours if needed. When the pain is made worse by bending forward and by lying down, give sixty drops of tincture dioscorea in a wine-glass of hot water; repeat the dose in an hour if needed.

In *gastric ulcer,* when there is burning pain and flatulence, with vomiting, and the ulcer is near the pyloric extremity of the stomach, the third decimal trituration of nitrate uranium in three-grain doses four times a day will prove beneficial. In ulcer in the stomach when there is weight at the pit of the stomach, fullness and distress immediately after eating, vomiting of ropy mucus and blood (a condition often found in beer drinkers) the remedy is bi-chromate of potash, third decimal trituration, three tablets once in three hours. In gastric ulcer when the patient is

anemic and chlorotic, and the pain is below the ensiform cartilage and extends through to the spine, argentium nitricum, sixth decimal trituration, is the remedy. Give three tablets once in two hours. When with ulceration of the stomach the tongue has a creamy, yellowish coating, with vomiting of sour acid fluids of a substance like coffee grounds, natrum phos., third decimal trituration, is the remedy. Add ten grains to a cup of water and give a teaspoonful every hour.

In *hemorrhage of the stomach* there is one remedy that leads all others. It is tincture geranium maculatum. One drachm given once an hour will arrest the hemorrhage. It also relieves the pain and distress of ulceration of the stomach and has cured many cases.

In catarrh of the stomach and bowels, when there is nausea day and night, with slimy discharge from the bowels, the smell of any kind of food, or the thought of it, is repulsive, nux vomica in small doses is curative. In 1882 I had the above symptoms. The usual remedies had failed. I was getting worse every day. A homeopathic pharmacist in Providence, R. I., prescribed tincture nux vomica, sixth decimal dilution, five drops once in two hours. It seemed to be the remedy needed in my case, and in a short time I was well and attending to my business.

Graphites is indicated where the stomach and bowels are greatly distended with gas of a putrid and rancid nature with cramping pains in the stomach that are relieved by eating. Give graphites, third decimal trituration, three tablets four times a day.

Appendicitis. In nine cases out of ten this condition is really obstruction of the bowels or intestinal indiges-

tion. I have treated several cases that had been operated on for appendicitis, and the pain still remained. I treated them for intestinal indigestion and cured them. A case of cancer of the bowels came under my notice. The pain was in the left side, yet the surgeon insisted that it was a case of appendicitis. He operated on the man and found the appendix healthy, but discovered that it was a case of cancer of the bowels. It has been claimed that foreign bodies, like grape, plum, and cherry seeds, cause appendicitis. How can this be when the opening in the appendix is about as large as a pin head? We find that the base of the appendix at the lower point, its body and apex directed upwards and inwards, is held in position by a fold of peritoneum. Then how can seeds twice the size of the diameter of the appendix gravitate upwards into the lumen of the appendix and cause inflammation? The appendix is a glandular body with a lubricating substance to prevent any obstruction in the bowels when the contents are passing from the small intestine into the larger. The fraud practiced upon a confiding public by certain doctors will be apparent as we read and appreciate the above.

In my forty years' practice I have never lost a case of appendicitis, or have I ever seen a case that required an operation. In 1900 there were 5,111 deaths from appendicitis; almost every day we read of deaths from this condition following an operation. In appendicitis, when the bowels seem full of gas and a griping, twisting pain, I give tincture dioscorea, sixty drops in a wine-glass of hot water every hour until relieved. When there is soreness and tenderness of the right side, I give ferri phos., third decimal trituration, and

kali mur., third decimal trituration, five grains of each in a goblet of hot water, giving two teaspoonfuls once in a half hour. A hot flaxseed poultice should be applied over the painful part. If there seems to be some obstruction in the bowel, give an enema of one teaspoonful of salt in a pint of warm water, or a high enema of warm olive oil. A dose of castor oil will help to clear the bowels of any feces which may be lodged therein. For the persistent vomiting which some patients have, ipecac is the remedy. Give ipecac, third decimal dilution, fifteen drops in half a glass of water, teaspoonful every half hour.

In *cholera morbus* I have given the following remedy for the pain, vomiting, and purging of the bowels.

℞ Carb. Magnesia, ʒi.
Arom. Spts. Ammonia, ʒi.
Aqua Menth. Piperita, ℥iv.

Mix. Sig. One teaspoonful once an hour until relieved.

Apply mustard paste over the stomach and bowels; take it off as soon as the skin is red. This remedy, as given above, will check the vomiting and discharges from the bowels. To allay any nausea or irritation I usually give after the above mixture the following:

℞ Tr. Aconite, gtts. v.
Tr. Nux Vomica, gtts. x.
Aqua, ℥vi.

Mix. Sig. Teaspoonful once an hour.

I have never needed any other treatment than the above in all the years of my practice. I have seen patients so weak from the discharges that they would

fall down on the floor, too exhausted to walk to the bed. I have never lost a case from this disease or ever had to prescribe any opiates or any kind of dope.

For *proctitis,* with a sense of fullness, burning, beating, and throbbing in the rectum, I have given tincture gelsemium, tincture collinsonia, a. a. gtts. xx, aqua six ounces. Mix. Sig. One teaspoonful every half hour for two hours; then a teaspoonful every hour. These two remedies have an especial affinity for the rectum, and will do what no other remedies will do in the above condition.

In *proctalgia,* with smarting pains in the rectum after stool, fissures at the anal orifice, pains in the rectum as if being torn, a feeling as if a sharp stick was in the rectum, give nitric acid, third decimal dilution, fifteen drops in half a glass of water. Teaspoonful once in two hours.

In *dysentery* I have been in the habit of prescribing:

℞ Tincture Aconite, gtts. x.
Sulph. Magnesia, grs. x.
Aqua, ℥vi.

Mix. Sig. Teaspoonful every hour.

If the stools have considerable blood in them I add ten drops tincture ipecac to the prescription. The above has been my treatment for acute dysentery, and it has always been successful.

In *dysentery* of old persons, when the stools are scanty and contain blood and mucus, with severe tenesmus and a low type of fever, I give tincture baptisia, gtts. xx. Aqua, four ounces. Mix. Sig. Teaspoonful once an hour.

In *diarrhea* where the discharges smell sour I give

syr. rhei., half a teaspoonful once in two hours. In diarrhea, when the stools are profuse, very offensive, worse in the morning, and prolapse of the anus, podophyllum peltatum is the remedy. Put twenty drops of the sixth decimal dilution in half a glass of water, and direct your patient to take a teaspoonful once in two hours. I have cured some bad cases presenting these symptoms with this remedy.

In *chronic diarrhea,* with dirty, watery discharges and colicky pains, tincture epilobium augustifolium is the remedy, ten drops once in three hours.

In prolapsus ani give three drops tincture aesculus hippo. before each meal and at bedtime. Make an ointment of one drachm ext. hamamelis virg. to an ounce of vaseline, and apply to the anus three times a day.

For *fissure of the anus,* where there is severe pain after each stool, with burning and tenesmus that lasts for some time, I prescribe tincture krameria, third decimal dilution, fifteen drops in half a glass of water, and order the patient to take a teaspoonful once in two hours. When in fissure of the anus there is itching and biting in the anus, fissures and ulcers are purple in color and covered with crusts, give ten drops tincture pæonia officinalis three times a day. As a local application for the fissure I like an ointment made by adding salicylic acid, grains xx to one ounce of vaseline. Mix and apply three times a day.

In *hemorrhoids* where there is dryness and heat in the rectum, and it feels as if it were filled with sticks, knife-like pains shoot up the rectum, severe dull backache in lumbo-sacral region, tincture aesculus hippo. is the remedy. Give it in three-drop doses once in two

hours. When there is constipation alternating with diarrhea, bleeding from the hemorrhoids, great flatulence, sensation of a foreign body in the rectum, it feels as if it were full of sand, collinsonia is the indicated remedy. Put ten drops of collinsonia in half a glass of water and give a teaspoonful every two hours. In bleeding hemorrhoids, when the anus has a bruised, sore feeling, the tumors bleed profusely, with soreness, fullness, heaviness, back feels as if it would break off, hemorrhoids of a blue color, anus feels sore and raw, tincture hamamelis should be selected. Give it in five-drop doses three times a day. Each of the above remedies is claimed by some writers to be a cure for hemorrhoids, but the reader must keep in mind the definite indications of each remedy to be able to prescribe intelligently and successfully.

Where the parts are sore and sensitive, I apply the following ointment:

℞ Ext. Conium, grs. x.
Tannic Acid, grs. xii.
Morphine, grs. iv.
Vaseline, ℥i.

Mix. Sig. Apply to the parts night and morning. Black molasses may be applied on absorbent cotton and pressed up against the anus. Let it remain there, after first anointing the hemorrhoids with the molasses and pushing them up into the rectum. Do this after each movement of the bowels. This is a simple remedy, but with it I have cured many cases of hemorrhoids.

Cholera Asiatica. An alcoholic bath is a good prophylactic to this disease, also tincture camphor in

three-drop doses night and morning. For the diarrhea in the first stage give phosphoric acid, third decimal dilution. Add fifteen drops to half a glass of water and give a teaspoonful every half hour. In the following stage of the cholera where there are spasms of pain in the calves of the legs and painless diarrhea you should give five drops of tincture camphor in a wine-glass of hot water with a little brandy every fifteen minutes until the patient gets warmed up and begins to perspire. This perspiration should be kept up for eight or ten hours. If there is headache add twenty drops of the third decimal dilution of tincture belladonna to a glass of water and give a teaspoonful every half hour. In the second stage, plenty of ice-cold water should be given to the patient. In the second stage when the cramps are in the lower extremeties, veratrum alba is the remedy. Put twenty drops of the first decimal dilution in half a glass of water and give a teaspoonful every half hour. In the second stage, when the cramps are in the bowels and breast, cuprum metalicum is the remedy, giving three grains of the third decimal trituration every hour. In the stage of collapse, with rapid sinking of the vital force, cold sweat on the forehead, face pale blue, features sunken, whole body icy cold, veratrum alba is the remedy indicated and should be given in the same doses as specified above.

Cholera Infantum. In this disease when there is vomiting of undigested food, the food passes from the bowels undigested, stools sour, small, frequent and bloody, cuphea viscosissima is the remedy. Give five drops of the tincture cuphea every hour. If in cholera infantum there is sudden and profuse vomiting, first

the contents of the stomach, then like rice water, painful cramps and watery diarrhea with faintness, euphorbia corollata is the remedy. Add ten drops tincture euphorbia to a glass of water and order a teaspoonful to be given every hour. In this disease, when the child lies quiet, appears drowsy, there is tenesmus and slimy discharges streaked with blood, ferrum phos. 3x, is the remedy. My little girl was near death's door with this disease; nothing would stay on her stomach until we gave her some tomato soup, which she retained. This was the turning point in her case, as from that hour she began to recover. I have known of other cases where the tomato soup has made a change for the better.

Peritonitis. When there is a quick, bounding pulse, high fever, extreme restlessness, fear of death, sharp cutting pains in the whole abdomen, which is distended and sensitive, aconite is the remedy and the best results are obtained from the third decimal dilution. Twenty drops in half a glass of water, giving one teaspoonful every half hour. Apply over the abdomen a bag of hops and wormwood wet in hot vinegar, and change every half hour. Some writers tell us that the pulse of aconite is "small and quick"; this is a mistake. The pulse indicating aconite is a full bounding pulse. In my study of materia medica I do not take any man's "say so" for what a remedy will do. I test it in my own way and form my own conclusions from such testing. In many cases I have tested the remedies on myself in health and carefully noted the symptoms. In this way I have obtained the true effect upon the human system and therefore can judge what the remedy will do in diseased conditions.

Puerperal Peritonitis. Here I like tincture gelsemium and cimicifuga, twenty drops of each in a glass of water. I order a teaspoonful of this to be given every half hour and apply hops and wormwood steeped in vinegar over the abdomen; this application is to be changed every half hour. One of the worst cases I ever had was years ago in New Hampshire, in the winter, when the thermometer registered thirty degrees below zero. I had attended a lady in confinement and left her in good condition. During the next day she got out of bed and went and stood in the open door and talked with a neighbor until she was thoroughly chilled; her lochia stopped, and she bloated up as big as a woman at nine months. A messenger was sent for me about dark. When I arrived at the house I found a well-developed case of puerperal peritonitis, —a good case for the undertaker. I began treating the patient with remedies given above. I had a lady to assist me in keeping the bags of hops and wormwood hot, and changed them every fifteen minutes. It was a hard fight, but we won, and before morning the patient was out of danger and she got well.

In a case of acute general peritonitis in a lady fifty-six years old—a hard-working woman without much vitality to depend upon—I was at my "wits end" to know just what to do, for the text-books—my allopathic, homeopathic, and eclectic works on practice—told me that the prognosis was bad, "invariably fatal within a week." That was encouraging to a doctor who had his reputation to make in a community. I just reasoned it out like this. "Here is a case of inflammation, now why not treat it as such and cure it?" My biochemical practice taught me how to do it. I

put five grains ferri phos., third decimal trituration, and five grains kali mur. third decimal trituration, in a cup of hot water, and gave one teaspoonful once in fifteen minutes for an hour, then every half hour. The hops and wormwood were applied as noted above. I made up my mind to "fight it out on that line." In twenty-four hours I knew I was master of the disease and the patient recovered, although the doctors near by said she "must die."

There will be times when your text-books will tell you that a certain diseased condition is "incurable," but don't let that discourage you; follow up your investigations until you find a remedy that will cure your patient. One cure of such a case will establish your reputation in a community. The world loves a man who can do things, but has no use for a man who folds his hands and says it "can't be done." Many a time I have taken cases and cured them when the verdict of "death" had been given out by some of my brother physicians, but I would not give up the fight as long as there was any life in them. We should remember that in some of the greatest battles of the world's history, victory has been snatched from apparent defeat by the general who would not be conquered.

In a case of muco-enteritis I was consulted by a physician who wished to know what could be done for the patient. She complained of a severe abdominal pain that drove her nearly frantic, with a muco-feculent discharge. I advised bi-chromate potash, third decimal trituration, two grains once in two hours. Under this treatment the patient got well.

Constipation. Persons who sit a good deal, do not exercise sufficiently, and, though there is frequent de-

sire to have a movement of the bowels, pass only a small amount each time, will obtain good results from the use of nux vomica. Give three tablets of the third decimal trituration of the nux after each meal and at bedtime. In constipation where there is no desire for stool, bowels are inactive, the stools large, hard and dry, as if burnt, tincture bryonia is the remedy. Give three drops three times a day. If in constipation the stools are difficult of expulsion and straining causes flow of blood, leaves fissure and soreness of the anus, the natrum muriate will prove effectual. Give five grains of the second decimal trituration three times a day. In some cases I have had good results from tincture hydrastis, five drops before breakfast, especially in patients who lead a sedentary life or have been dosed with all kinds of pills. When in constipation there is a grayish-white coated tongue, light-colored stools, a torpid liver, and protruding eyeballs kali mur. will be found useful. Prescribe ten grains of the sixth decimal trituration at bedtime. The drinking of a glass of cold water the first thing in the morning will help to overcome the constipation. Again, put wheat bran in the oven; roast it as brown as you would coffee. Then mix with equal parts of sugar. Take three teaspoonfuls of this mixture in milk at breakfast time with your other food. It is one of the best things we have to overcome the constipation.

Intestinal Hemorrhage. In the treatment of this affection I have always depended upon five grains of charcoal once in three hours in capsules. Tincture ipecac, five drops once an hour is a good remedy, also ferri phos., third decimal trituration, should not be forgotten.

Lead Colic. I practiced several years in a town where there were many men employed as painters in carriage manufactories. As a result I used to average about twenty-five cases of painter's colic a year. It is customary to dose such cases with morphine, but I never used it. The treatment which I depended upon was the "White Liquid Physic" of the older eclectics, made as follows:

℞ Sulph. Magnesia, ℥xi.
Nitrate Potash, ℥ss.
Sulphuric Acid, ʒi.
Boiling Water, Oii.

Mix. Sig. Tablespoonful once in three hours until it moves the bowels freely. After a free evacuation of the bowels give it in smaller doses.

A careful study of the above prescription will convince the reader that it is about as near a perfect antidote for the lead poisoning as could be prepared. In the treatment of my cases I had them back at work in the shop in a few days, while under the old plan of treatment the men were sick for several weeks. In lead paralysis iodide of potash is the remedy, five grains three times a day.

Colic. In this affection there are certain remedies that can be depended upon. Each remedy has a clear cut indication and the reader should study each case carefully and adapt the remedy to it that is indicated. Dioscorea is the remedy for wind colic. The more *gas* there is in the bowels the stronger the indication for the remedy. When the pain is aggravated by bending forward, relieved by standing erect or bending back-

ward, and is of a griping, twisting nature, as if the bowels were grasped by the hand and twisted, the dioscorea will give prompt relief. Give sixty drops of tincture dioscorea in a wine-glass of hot water every half hour until relieved. This is one of the most valuable remedies which has been handed down to us by the fathers of the Eclectic School of Medicine.

When in colic the pain is agonizing, causing the patient to bend double, or to press something hard against the abdomen—the patient leans over chairs, the table, bed, or anything hard to get relief—colocynth is the remedy. Give tincture colocynth five drops in four ounces of aqua, having the patient take a teaspoonful of this mixture every fifteen minutes until relieved.

In colic with cramping pains relieved by heat, there is a belching of gas which does not lessen the pain, phosphate of magnesia will prove useful. Add five grains of the third decimal trituration to a half cup of hot water and feed the patient a teaspoonful every few minutes until relieved. It is the remedy for the above group of symptoms.

Enteritis. In the first stages of enteritis with fever, high temperature, tenderness of abdomen, chilliness, vomiting, ferri phos. is the remedy. Place five grains of the third decimal trituration in a cup of hot water, and give a teaspoonful every fifteen minutes for an hour; then once in half an hour. Apply flaxseed poultice wet with warm saleratus water, one teaspoonful of saleratus to the pint of warm water, over the bowels. In the second stage, when the tongue is white, abdomen hard and swollen, with constipation, kali mur. is the remedy. Add five grains of the third decimal trit-

uration to a cup of hot water and give two teaspoonfuls every half hour.

Dropsy. In dropsy where the feet only are swollen the heart is at fault; if the bloating is only in the abdomen it is the liver that is affected; if there is a general swelling the trouble is located in the kidney.

In dropsy, where the urine is scanty and dark colored, the skin is distended and glistening, circulation slow, constipation, a sensation of sinking at the stomach, great thirst, but water disagrees, causes pain and vomiting, puffiness of the face and under the eyes, apocynum cannabinum is the remedy. The decoction of the remedy as prepared by Boericke & Tafel, of Philadelphia, will produce the best results. Dose from one to three drachms every four hours. As much as two quarts of urine will be passed in twenty-four hours.

In dropsy cardiac, when the patient cannot lie down, is obliged to sit up, jugular veins distended, face livid, with loose cough, pulse weak, feels as if the heart would stop beating, digitalis is the remedy. When I give this drug in dropsy I begin with three drops tincture digitalis and increase one drop a day up to ten drops, the doses being once in four hours. With each dose of digitalis I give a solution of cream of tartar, about ten grains in a wine-glass of water. I find I get better results from it in this way.

In dropsy, when the heart is weak and unable to carry the circulation of the blood, there may be an effusion of liquid—there is soreness in the uterus and palpitation of the heart, you should think of convallaria. Give tincture convallaria two drachms, aqua

six ounces. Mix. Sig. Teaspoonful once in two hours. In cardiac dropsy with anasarca, urine scanty, great dyspnea, pulse irregular, headaches, pain extending from occiput around the temples to the eyes and across the front, give five drops of tincture adonis in a little water three times a day. In stubborn cases of dropsy I have found the following an old standby:

℞ Elaterin, grs. i.
Jalap, grs. xx.
Squills, grs. xx.

Mix. Make twenty pills. Sig. One pill every four hours. In eight hours the water will start to flow; in two days it flows freely. Strychnine, one-thirtieth grain, should be given once in three hours to prevent collapse.

Worms. In worms of children I have always depended upon the following; it does the work every time:

℞ Santonin, grs. x.
Podophyllin, grs. ii.
Sacch. Alba., grs. xxx.

Mix. Divide into chart. No. 20. Sig. One powder night and morning until the bowels move freely, then stop.

Every mother who has children likes "worm powders" in the house. Then when the children are white round the mouth, pick their nose, have bad breath, these powders will carry off the worms.

For tapeworm the remedies are legion, but the old

remedy, aromatic sulphuric acid, is my standby. Put a teaspoonful in a wine-glass of sweetened water and drink at once. Take three such doses in twenty-four hours. It will bring worms.

CHAPTER VI

SPECIAL REMEDIES FOR THE LIVER, SPLEEN, GALL BLADDER AND MALARIA

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER VI

SPECIAL REMEDIES FOR THE LIVER, SPLEEN, GALL BLADDER AND MALARIA

HEPATITIS. In the first stage of hepatitis, ferri phos., third decimal, is the remedy. Dose, add ten grains to a goblet of hot water and give a teaspoonful every hour. If the pulse is hard and tense give veratrum viride. Add ten drops tincture veratrum to a cup of water and give teaspoonful doses hourly. If there is vomiting of bile, bitter taste in the mouth, tongue coated dirty yellow, soreness and sharp sticking pains in the liver, natrum sulph., sixth decimal, is the remedy. Place ten grains in a cup of hot water and give a teaspoonful of this mixture every hour. If there is a white tongue, burning and stitching pain, worse from motion, bloating of the stomach and abdomen, constipation, great thirst, you should give bryonia. Dose, add ten drops tincture bryonia to four ounces of water and give in teaspoonful doses every hour. If symptoms of abscess of the liver appear with beating and throbbing give hepar sulph., third decimal trituration, three tablets every two hours. A mustard paste applied over the region of the liver will give great relief from the pain.

Cirrhosis of the Liver. In cirrhosis of the liver when this organ is hard like leather euonymin is the remedy. Dose, one grain night and morning. If there is pain in right side, cramp-like pains in the abdomen, constipation, clay colored stools, tincture chionanthus is the

indicated remedy. Dose, ten drops tincture chionanthus virg. three times a day. If indigestion is a prominent symptom, give tincture nux vomica, third decimal dilution, five drop doses three times a day before meals. If there is obstinate constipation, with white tongue, and dry, hard stools give tincture bryonia, five drops, three times a day.

Enlargement of the Liver. In enlargement of the liver when the enlargement is in the transverse measurement, and when there is uneasiness, nausea, stitching pains in the left lobe of the liver, with inflation of the abdomen, tincture carduus marianus is the remedy. Dose, five drops three times a day. If the enlargement of the liver is perpendicular, reaching towards the nipple of the right side, with a constant pain under the lower and inner angle of the right scapula, constipation—the feces being hard, round balls, like sheep's dung, yellow gray color of the skin, if there is diarrhea it is of a yellowish color and worse at night. With the above symptoms chelidonium is *the* remedy. Dose, tincture chelidonium ten drops three times a day. When indicated this remedy will reduce the size of the liver.

When in the enlargement of the liver there is aching and heaviness in the liver, worse when lying on the left side Ptelea trifoliata is indicated. Dose, tincture ptelea ten drops in a half glass of water; of this mixture give a teaspoonful every two hours. In enlargement of the liver when the tumor seems to lie between the liver and the navel, showing that the left lobe is affected chelone glabra is needed. Dose, tincture chelone five drops every four hours.

Splenitis. In splenitis when there is pain in the

whole left side, enlargement of the spleen, extreme dyspnea at times, must fight for air, tincture ceanothus americanus is the remedy. Dose, five drops once in three hours.

Enlargement of the Spleen. In enlargement of the spleen when there is a brown eruption on the sternal portion of the thorax, with palpitation of the heart, with nausea, uneasiness in and distention of the abdomen tincture carduus marianus is the remedy. Dose, tincture carduus five drops once in three hours. When given as indicated it will reduce the size of the spleen.

Enlarged spleen with enfeebled circulation, the parts non-elastic, sodden, doughy, tincture polymnia uvedalia is the remedy. Dose, ten drops of the tincture three times a day. It may be used locally with good effect. The polymnia ungent (Lloyd's) rubbed well into the swelling and apply heat at the same time. Do this night and morning.

Gallstone Colic. In gallstone colic I like the tincture hydrastis, giving ten drops every half hour in a wineglass of hot water. It has relieved these patients when other remedies failed. To get rid of the gall stones, take one grain of podophyllin at night, and in the morning take three ounces of olive oil. It will generally bring them away.

When with the gall stones there is a yellow skin, constipated bowels, liver enlarged, bad taste in the mouth, dark spots before the eyes, give euonymin, third decimal trituration, five grains once in two hours. It will bring away the gall stones. In gall stones where there is pain of an acute or dull character in the hepatic region with tenderness of the liver, yellowish

skin, bile in the urine, stools bright yellow or clay colored, and pain under the right shoulder blade, tincture chelidonium majus is the indicated drug. Dose, ten drops every half hour until relieved.

To prevent the formation of gall stones, I like the Syrup juglands cinerea (green bark). Dose, one teaspoonful three times a day; give enough of it to keep the bowels loose. The above syrup is prepared by C. T. Bedford, Indianapolis, Ind., and I believe it is the best remedy we have to cure the gall stone habit.

Jaundice. In jaundice with severe right-sided pain, yellow skin, stools clay colored, urine loaded with bile, chelidonium is the remedy. Dose, tincture chelidonium ten drops three times a day. When there is distress in the right side of the abdomen, cramp-like pains in the abdomen, constipation, stools clay-colored, urine dark, chionanthus virg. is the remedy, given in ten drop doses three times a day. In jaundice, with pain in the right hypochondria, liver feels enlarged, hard and sensitive to the touch, skin and sclerotic coat of the eye yellow, stools light, urine dark, you can give with good results, the second decimal trituration of china, prescribing three tablets once in three hours. In the condition known as catarrhal jaundice, with yellow skin and itching sensation, fullness in the stomach and abdomen, scanty yellow frothy urine, loose, mushy clay-colored stools, especially in new-born babies, myrica cerifera, third decimal trituration is the remedy. Dose, two grains on the baby's tongue twice a day. When I came to New Jersey twenty-seven years ago from Massachusetts, I lived in the State about two years before I got saturated with the " Jersey malaria." Then I went to sleep over my meals, my legs felt stiff

like blocks of wood, I had a bad taste in my mouth, I had "that tired feeling" all the time. I prepared a remedy that just "Hit the bull's eye." It was the following:

℞ Fluid Hydrastis (Lloyd's), ℥iii.
Fowler's Solution Arsenic, ʒii.
Elixir Calisaya q. s., ℥viii.

Mix. Sig. Half teaspoonful after each meal.

I have prescribed the above remedy in hundreds of cases of malaria and it has never failed to cure. I have sent the remedy to patients in several States in the Union and always with good results.

In ague (intermittent fever) in the "cold stage" I like the action of the following prescription:

℞ Tr. prickly ash berries.
Tr. Serpentaria, a. a. gtts. xx.
Tr. Capsicum, gtts. v.

Mix. Sig. Give this as one dose in a wine-glass of hot water every half hour until warm. Place the feet in hot water. In the hot stage I put twenty drops of tincture gelsemium into six ounces of water and give a teaspoonful of the mixture every hour. As an antiperiodic I like the "blue powder" of the old Eclectics, the formula for one powder being, sulph. quinine, two grains, prussiate iron three grains, capsicum one-fourth grain. Give one of these powders every hour between the chills. For children I like the arsenate quinia, third decimal trituration, and give two grains three times a day. In some cases quinine will fail or the patient cannot take it in any form. Then we may use boletus laricis second decimal, giving two grains

once in two hours to break up the chills. Many cases where quinine has been tried and failed to break up the chills, may be cured by grindelia squarrosa. When there is a heavy dull headache, obstinate constipation, pain in region of the liver, burning pain under right scapula, tongue dirty brown, skin yellow, cough with frothy sputa, and scanty high colored urine, grindelia squarrosa is the remedy. Add one ounce of Fl. Ext. grindelia to five ounces of Syr. of orange and give a teaspoonful of this mixture four times a day. It is the remedy to be thought of when other remedies fail.

CHAPTER VII

SPECIAL REMEDIES FOR THE BLADDER, KIDNEYS AND PROSTATE GLAND

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER VII

SPECIAL REMEDIES FOR THE BLADDER, KIDNEYS AND PROSTATE GLANDS

IN CYSTITIS it has been my practice to begin the treatment with the following prescription:

℞ Tr. Aconite, gtts. x.
Tr. Gelsemium, ʒss.
Spts. Niter Dulce, ℥i.
Aqua, q. s. ad ℥vi.

Mix. Sig. Teaspoonful once an hour.

Cystitis. In cystitis when the urine passes only a few drops at a time, with constant urging to urinate and cutting pains in the urethra, tincture cantharis is the remedy. Dose, add twenty drops of the third decimal dilution to half a glass of water, and give a teaspoonful of this mixture every hour.

In an irritable bladder where there is a constant desire to urinate and only a small amount can be passed camphor is the needed remedy. Dose, five drops of tincture camphor in a wine-glass of warm water every hour. In partial paralysis of the bladder in old women where there is a constant dribbling of the urine which cannot be controlled you should prescribe one-fourth grain ext. nux vomica three times a day. In the "leaky" bladder of old men, who cannot hold the urine but it dribbles on to their clothes, and there is a constant desire to urinate which the act does not relieve, tincture equisetum is the remedy. Dose, tinc-

ture equisetum, ten drops in half a wine-glass of water every two hours.

Suppression of the Urine. In suppression of the urine, when the patient cannot pass any urine, I always apply an onion poultice over the bladder and add twenty drops of tincture apis mel in a glass of water of which the patient takes a teaspoonful every hour. Position to aid in the passing urine. First lay face down then slowly rise up on all fours, when it is much easier to pass the urine. The above treatment will prove successful.

During my practice in Vermont, I was called in consultation to see a man who had an old stricture from gonorrhea. He worked on a farm and got cold in the rain. The attempt to pass urine was unsuccessful and he swallowed a tablespoonful of spts. turpentine which caused a hemorrhage from the bowels but did not start the urine. The attending physician had tried catheters of different kinds and sizes, also all the remedies he could think of before I arrived. I rang the changes on all the remedies I thought indicated, also warm baths, relaxation by lobelia, etc., but he gradually grew worse until uremic convulsions set in. I borrowed the hypodermic syringe of the doctor with me and passed the needle perpendicularly down into the bladder, attached the syringe and began to pump the water out of the bladder. In a few minutes the patient turned over on his side and went to sleep. In an hour he woke and passed a large quantity of urine. Such a case a doctor may not see once in a lifetime. It was a desperate case but desperate cases demand desperate remedies. In the above case quick action saved the man's life.

Chronic Cystitis. In chronic cystitis when there is itching the whole length of the urethra, burning and scalding of urine with constant urging to urinate, and the passing of a bloody, ropy mucus, tincture chimaphila umbelata is the remedy. Dose, ten drops in a little water once in two hours. There is one prescription which has enabled me to cure many obstinate cases; it is:

℞ Gelsemin, gr. one-sixteenth.
Hamamelin, gr. one-eighth.
Populin, gr. one-half.

Mix. This amount makes one tablet or pill. One of these is to be given once in three hours. I have never used this prescription without benefit to my patients.

In a case of cancer of the bladder which I saw in New Haven, Conn., where tenesmus of the bladder was an obstinate and distressing symptom, I put terebinthina, third decimal dilution, twenty drops in half a glass of water and gave a teaspoonful once in half an hour. It gave relief where all other remedies had failed. For uremic convulsions do not forget cuprum arsenicum. Dose, two grains every half hour of the third decimal trituration.

Gravel. In gravel in women I like thlaspi bursa pastorins, when there is frequent desire to urinate with a heavy brickdust, phosphate sediment; you will often find such cases complicated with ascites and menorrhagia in women. Give the third decimal dilution of the above remedy, in such cases and you will be pleased with the results. Dose, ten drops once in two hours. When the urine contains an excess of uric acid, and

there is pus and bloody mucus, also dysuria and tenesmus, tincture epigea repens is the remedy to be prescribed. Dose, twenty drops once in two hours.

Calculus in the Bladder. For calculus in the bladder the best remedy is Boro Citrate Magnesia. Dissolve fifteen grains in one ounce of simple syrup and give a tablespoonful once a day.

Acute Prostatitis. Several years ago I was called to Maine in consultation with two other physicians. The patient was a man sixty-three years old. Upon making an examination I found the prostate gland enlarged, tender and painful; there was a feeling as if he was sitting on a ball. The catheter had to be used whenever he desired to urinate. I suggested the following treatment:

℞ Tr. Staphisagria, gtts. xxx.
Aqua, ℥iv.

Mix. Sig. Teaspoonful once in two hours.

also

℞ Tr. Gelsemium, gtts. xx.
Aqua, ℥vi.

Mix. Sig. Teaspoonful every hour.

I had a compress applied wet with warm water and muriate of ammonia (a drachm of ammonia dissolved in six ounces of water) and kept in constant contact with the inflamed gland. The patient was to drink freely of flaxseed tea to render the urine bland and non-irritating. Under the above treatment the patient recovered and lived for twenty years afterwards. Many elderly men die from such conditions for the want of proper treatment.

Chronic Prostatitis. In chronic prostatitis when

there is enlargement of the gland, throbbing, aching, dull pain in the gland, difficult and painful urination, tincture sabal serrulata will prove beneficial. Dose, ten drops in a wine-glass of water once in three hours. In prostatitis when there is a feeling of dryness and heat in the gland and the parts feel as if they were full of sticks, or of shooting, knife-like pains up the rectum—pain so severe that the patient groans, you should prescribe tincture æsculus hippo. Dose, add thirty drops æsculus hippo. to four ounces of water. Of this mixture have your patient take a teaspoonful once in two hours.

In prostatitis of old men, where there is a dribbling of the semen and prostatic fluid, with loss of sexual power, the sixth decimal trituration of selenium is the remedy. Dose, five grains night and morning.

Haematuria. In hæmaturia when the urine is mixed with dark, black blood, sediment like coffee grounds, violent, burning drawing in the kidney and bladder, terebinthina is the drug needed. Dose, place twenty drops of the third decimal dilution in half a glass of water and give a teaspoonful of the mixture every half hour.

In hæmaturia with bright, red blood the third decimal trituration of ferri phos. may be used. Add five grains to a cup of hot water and give of this mixture two teaspoonfuls every fifteen minutes until bleeding is checked. Hæmaturia with considerable arterial excitement with calculus in the bladder demands tincture lycopus virg. Dose, ten drops in wine-glass of water once in two hours.

Diabetes. Lactic acid is indicated in this condition when there is great thirst and voracious hunger, pro-

fuse urine loaded with sugar, with rheumatic pains in the joints. Dose, one teaspoonful in a glass of water three times a day.

Chionanthus is indicated in diabetes when the liver is involved, with pain in the right hypochrondrium, cramp-like pains in the abdomen, headache in the forehead over the eyes, and clay-colored stools. Prescribe it as follows:

℞ Tr. Chionanthus, ʒi.
Aqua, ℥iv.

Mix. Sig. Teaspoonful once in two hours.

In some forms of diabetes there is a drain upon the nervous system and as a result we have a weakened nerve power. Phosphoric acid is the needed remedy when there is great physical weakness, indifference to living, emaciation, debility, pain in the top of the head, large quantity of clear urine passing at night. In cases with these symptoms give third decimal dilution of phosphoric acid. Dose, twenty drops in a glass of water, teaspoonful of this mixture once in two hours.

In diabetes with ulcers, the patient passing large quantity of urine, you should remember tincture syzygium jambol. Dose, three drops three times a day. Nitrate uranium, third decimal trituration, is indicated in diabetes mellitus when there are symptoms of dyspepsia present. Dose, three tablets once in three hours.

In diabetes with great thirst, passing large quantities of urine like spring water I have obtained good results from lycopus virg. Dose, add one ounce of the herb to one pint of hot water, make an infusion and give a tablespoonful four times a day.

Spermatorrhea. In spermatorrhea when there is general debility and seminal emissions *without erections* eryngium aquaticum is the remedy. Dose, two grains of the third decimal trituration three times a day. When with the nocturnal emissions we have dark rings round the eyes, headache, incapacity for mental work, lupulin is the remedy needed. Dose, two grains of the first decimal trituration three times a day.

In seminal emissions with lustful dreams, weak knees, cold genitals and great despondency tincture dioscorea is needed. Dose, add twenty drops of dioscorea to a half glass of water and give the patient a teaspoonful of this mixture every two hours. In obstinate cases of spermatorrhea I have made fine cures by using this prescription:

℞ Sulph. Strychnine, gr. one-thirtieth.
Gelsemin, gr. one-sixteenth.

Mix. Sig. Give one pill, this size, at bedtime.

I recall one case which came to me; a man seventy years old, married, who had been a victim of self-abuse for years; about three months before I saw him he had a shock of paralysis. I found a hard tense pulse, vertigo, cold hands and feet; he had good use of arms and hands. I gave him small doses of veratrum to relieve the nerve tension and equalize the circulation, also kali phos., three tablets of the third decimal trituration once in two hours, to strengthen his nerves. I had to lecture him about the habit of self-abuse. He improved very much but died about two years later; the cause of his death I cannot tell as I did not learn any particulars.

"Kidney Complaint." "Kidney complaint" as it is called and in the form we meet with in every day practice calls for one of three remedies, and the better we understand the indications for these remedies the more successful will we be in the treatment of such cases.

When a patient complains of a bruised pain with stiffness and lameness across the small of the back, rises from his seat with difficulty, back aches worse when sitting or lying, a feeling of painful pressing in the region of the kidneys which extends to the bladder and urethra, berberis vulgaris is the remedy indicated. Dose, place twenty drops of the tincture into a cup of water and direct the patient to take a tablespoonful of it once in two hours.

Another patient may have dark brown urine—the color of French brandy, it has a strong urinous odor, the clothing smells of the urine. The odor is horrible at the time of passing and afterwards, but leaves no deposit in the vessel. These symptoms indicate the use of benzoic acid. Dose, add twenty drops of the third decimal dilution to half a glass of water and give your patient a tablespoonful of the preparation once in two hours.

Again we will find cases where the patient has more strangury than those which call for the berberis vulg., the urine is brownish—black or smoky in appearance, showing an admixture of blood; there may be burning and smarting in passing the urine. These symptoms indicate the need of terebinthina. Dose, twenty drops of the third decimal dilution in a glass of water; teaspoonful every two hours.

Acute Bright's Disease. Let us not be frightened by the name but think of it as a case of inflammation, and

treat it as such. In these cases we have something more than a simple inflammation. The constant drain upon the system from the kidneys has caused a weakened vitality and an enfeebled nerve power. This should give us the key to the situation. Where there is frequent and scanty urination, burning and scalding in the urinary tract, heavy dull aching pains in region of the kidneys, one remedy presents itself to our minds, viz.:—tincture triticum repens. Dose, ten drops once in three hours.

When there is constant desire to urinate, urging before and after urination, only a few drops pass at a time, cantharis is the remedy. Dose, five drops, third decimal dilution, once in two hours. To strengthen the kidney structure by relieving it of the destructive changes going on in this organ, kali mur., third decimal, is the remedy. Dose, place ten grains in a glass of water and prescribe a teaspoonful every two hours.

A medicated bath will prove a useful adjunct in the treatment of these cases. Epsom salts is the best salt that we can use. Add one ounce of the salt to a pint of water or one pound of the salt to the usual amount of water for a tub bath. The patients should bathe themselves all over with this liquid. It opens the pores of the skin, neutralizes the toxins on the surface of the body, soothes the tired nerves and helps the patients to get a good night's sleep. A bath of this kind should be taken three times a week in chronic diseases, every night or twice in twenty-four hours in acute diseases. The patient should be directed to scrub the surface of the body thoroughly to remove all of the gummy sticky substance on the skin, leaving it smooth as velvet. I have used this bath for my pa-

tients for several years and never without benefit to them. The idea of the Epsom salt bath comes from Dr. William Burgess, of Chattanooga, Tenn. The profession owes this physician a great debt of gratitude for his discovery. Let us give honor to whom honor is due.

The weakness of the nervous system calls for kali phos., third decimal. Dose, three tablets once in two hours. The more albumin there is in the urine the stronger the indication for calcarea phos. This drug supplies the deficiency of the lime and arrests the discharge of albumin. Use the sixth decimal trituration. Dose, three tablets once in two hours. These two remedies are especially indicated in this diseased condition and may be given in alternation. Pain in the kidneys with discharge of pus calls for calcarea sulph. Use the second decimal trituration. Dose, three grains once in three hours.

Chronic Bright's Disease. The Eclectic physicians of forty years ago placed great reliance upon helonias dioca in the treatment of Bright's disease, and it is just as useful to-day as it was then. I like a tablet made from the following formula:

℞ Helonin, gr. one-fourth.
Chelonin, gr. one-half.
Iron by Hydrogen, gr. one.

Mix. Make one tablet. Sig. A tablet once in three hours. It will diminish the albumin in the urine, improve the digestion and strengthen the patient; or the helonin may be given alone in doses of one-half grain,

once in two hours. It will diminish the albumin in the urine.

Renal Colic. In renal colic tincture dioscorea is the remedy. Dose, sixty drops to a wine-glass of hot water every hour till relieved.

CHAPTER VIII

SPECIAL REMEDIES FOR THE MALE ORGANS OF GENERATION

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER VIII

SPECIAL REMEDIES FOR THE MALE ORGANS OF GENERATION

GONORRHEA. In the treatment of gonorrhea I have always depended upon internal treatment and have never used any form of injections. The following prescription covers the indications for the acute stage:

℞ Tr. Gelsemium.
Tr. Canabis sativa, a. a. ʒss.
Spts. Nitre Dulce, ℥i.
Aqua q. s. ad, ℥vi.

Mix. Sig. Teaspoonful every hour.

In all the years of my practice I have learned to depend upon the above prescription for acute gonorrhea. In the chronic stage with a discharge of thick yellow pus-like matter cubeba is the remedy. Dose, three tablets of the second decimal trituration once in two hours. A greenish yellow discharge calls for natrum sulph., third decimal, three tablets once in two hours. When there is a very slight discharge, just enough to close up the orifice of the urethra in the morning, the organs are flaccid with frequent seminal emissions sepia, sixth decimal trituration is the remedy. Dose, three tablets once in three hours.

Orchitis. If this trouble is caused by metastasis from the mumps, pulsatilla is the remedy. I like the following prescription:

℞ Tr. Pulsatilla, gtts. xx.
Tr. Phytolacca, gtts. xxx.
Aqua q. s. ad, ℥vi.

Mix. Sig. Teaspoonful every hour.

Apply locally a wash made as described below, to the swelled testicle.

℞ Muriate Ammonium, ʒii.
Fl. Ext. Phytolacca root.
Alcohol a. a., ℥i.
Aqua q. s. ad, ℥vi.

Mix. Sig. Wet cloths with the solution and keep constantly applied. When we have orchitis from suppressed gonorrhea clematis erecta is the remedy. Dose, thirty drops of the third decimal dilution of tincture clematis in four ounces of water, giving a teaspoonful of the mixture every hour.

Induration of the Testicle. Here the testicle feels as if it was crushed and is swollen with drawing pains which extend to the thighs and abdomen. With these symptoms rhododendron is the remedy, especially when complicated with rheumatism. Dose, tincture rhododendron fifteen drops, water four ounces. Mix and give teaspoonful every hour. I have treated patients whose testicles had been kicked by a horse or otherwise injured. In such cases I apply a poultice composed of equal parts of slippery elm, flaxseed and lobelia seed pulverized fine, and mixed with warm water. This should be kept constantly applied to the inflamed testicle. It will take down the swelling every time. Mullein oil applied as a liniment, in such cases, is a grand remedy but rather expensive.

In enlarged and indurated testicles, in the third stage of syphilis, we must not forget the double chloride of gold and sodium. It is *the* remedy indicated in such cases, especially if the patient has had mercurial treatment. Dose, three grains of the third decimal trituration, one hour after each meal. This drug will reduce the enlarged testicle and improve the general health.

Buboes. In buboes, in the forming stage, phytolacca is the remedy. Dose, add twenty drops of tincture phytolacca to a cup of water. Mix and give a teaspoonful every hour alternated with the third decimal trituration of kali mur., five grains of the kali mur. in a glass of hot water and give, after mixing, a teaspoonful once an hour. We can sometimes prevent inflammation by painting the swelling with equal parts of tincture iodine and tincture phytolacca, but if it begins to "beat and throb" apply the poultice of equal parts of slippery elm, flaxseed and lobelia seed as mentioned under orchitis. As a poultice for swellings and inflammation it stands without a rival. The poultice should be changed every two hours. If it does not open itself it may have to be lanced. The second decimal of calcarea sulph. can be given to help the healing process. Dose, three tablets every three hours.

Chancre. I like the application of tincture chloride of iron. Paint it on sore once or twice a day. To complete the cure use the "mild zinc ointment"; apply it, on soft cloth, three times a day. It is one of the fastest healing salves ever made.

Balanitis. In inflammation of the head of the penis and the mucous membranes lining the foreskin—parts tender and swollen—you should first wash the parts

very thoroughly with plenty of castile soap and warm water, then apply every three hours a wash composed of eight grains of zinc sulph. to four ounces of water, to the swollen parts.

Stricture of the Urethra. In stricture of the urethra the treatment will require some patience. Internally we have one remedy especially indicated, when there is an irritable inflamed urethra, stream of urine divided into two or three small streams, difficult and painful urination; this remedy is the chimaphila umbellata. Dose, add forty drops of the tincture chimaphila to two ounces of water and give ten drops of this mixture every three hours. Direct the patient to inject thirty drops each of Fl. Ext. gelsemium and water into the urethra four times a day. This injection should be retained as long as possible. At night the patient will be able to pass water more freely. Then prepare a medicated bougie as follows:

℞ Fl. Ext. Gelsemium.
Aqua, a. a. gtts. xxx.
Pulv. Gum Acacia q. s. to make a thick paste.

Dip the bougie into the paste, allow it to dry, then repeat until your bougie is about the size of a No. 5. Pass it up to and beyond the stricture if possible; allow it to remain one hour. The injections should be used each day until a bougie the size of a No. 10 can be passed without any difficulty, when you may feel assured that you have conquered the stricture.

If the above treatment is carefully followed, good results will be obtained in from ten to twelve days.

Hydrocele. In my own experience and in that of

many physicians who have consulted me I have found that there is one remedy *par excellence.* That is the Normal Liquid Ergot (Parke Davis & Co.). Remove the fluid from the scrotum with trocar and canula, then inject two fluid drachms of Normal Liquid Ergot into the cavity. It will re-establish the balance between secretion and absorption. One injection is generally sufficient and there is very little discomfort from the use of the remedy. Many fine cures have been made with this remedy in old men where the disease had troubled them for many years. Apis mel is the remedy indicated where there is considerable edema of the parts. Dose, five drops of the third decimal dilution once in two hours.

Syphilis. In an extensive practice with this disease in a large city, treating patients from every State in the Union, I have been led to believe very firmly that this disease can be cured by our vegetable remedies. I have been forced to the conclusion that mercury in any form does not cure the disease but only masks it so that it will appear again later. The most obstinate cases I have had to treat had been dosed with mercury in some form.

Many years ago a lady came into my office; she was a member of a prominent family in the town. She showed me from a book she had in her hand the symptoms of syphilis. "These are my symptoms," she said and began to cry. Her hair had all come off from the top of her head, she had sores in her mouth, sore throat and in short her system was thoroughly saturated with the syphilitic poison. It was the old story "the drummer and the girl." "Can you do anything for me?" she asked. "I am nearly frantic with this

fearful trouble." I told her I could cure her. I first gave her a pill composed of corydalin one-half grain and sulph. quinine one grain. She took one of these pills every two hours. I followed this treatment for two weeks, then omitted the quinine. In two months I felt that I had the disease under control. To make assurance doubly sure (as she intended to be married and wanted to be sure she was well before taking the plunge into matrimony) I gave her the following syrup:

℞ Stillingia, ℥xii.
Podophyllum.
Phytolacca root.
Iris versicola, a. a. ℥iv.
Alcohol, Oiv.
White Sugar, ℔s. ii.

Bruise the herbs and macerate in the alcohol for ten days; strain the mixture and add the sugar. Dose, from one teaspoonful to a tablespoonful three times a day, or sufficient to keep the bowels a little loose. This syrup stands without a rival as a cure for syphilis. I kept her on the above syrup for three or four months, until I felt sure the poison was all out of her system. Then she was discharged cured. Later she married and although I watched the case carefully for years afterwards no signs of the disease appeared.

In the treatment of this loathsome disease there are certain remedies which are especially indicated and will meet certain conditions as they arise in your practice, for the Eclectic materia medica is rich in remedies that do have a curative effect upon syphilis.

For the sore mouth of syphilis, mucous patches, ul-

cerative fissures, lips dry, swollen and cracked, breath foul, green clinkers from the nose in the morning, you may give the third decimal dilution of nitric acid. Dose, add fifteen drops to a glass of water, giving the patient a teaspoonful of the mixture once in two hours.

In the sore throat with ulcers which look as if they were cut out with a punch and the patient is hawking up tough stringy mucus, bi-chromate of potash, the third decimal is the remedy. Dose, three tablets once in three hours. A good gargle for these throats may be made by adding one-half drachm chlorate potash and five grains sulphate zinc to a goblet of warm water. Use this gargle once in two hours.

For the bone pains, worse at night and during damp weather—mostly in the legs, with a bruised feeling, phytolacca is the remedy. Dose, add one-half drachm to five ounces of water, giving a teaspoonful four times a day. For syphilitic rheumatism it is *the* remedy.

For syphilitic nodes, falling of the hair, hectic fever, eruptions on the body, corydalis is the remedy. Dose, ten drops tincture corydalis once in three hours.

In syphilis where there is a skin disease of a scaly pustular character with phagedenic ulcerations, berberis aquifolia is the remedy. It will clear the skin and heal up the ulcers. Dose, tincture berberis aqui, ten drops four times a day. For those painful tubercles that come upon the nose and face, much relief will be given the patient by the following prescription:

℞ Fl. Ext. Aconite, ʒii.
Fl. Ext. Conium, ℥ss.
Glycerine q. s. ad, ℥ii.

Mix. Sig. Apply three times a day.

Alopecia. The constitutional treatment will stop the hair from coming out but the ladies generally like to have something they can apply to make the hair grow. To these I give the following prescription which is as good as any of the many hair tonics:

℞ Tr. Cantharis, ℥i.
Castor oil, ℥iv.
Oil Burgamont.
Oil lemon.
Oil Lavender, a. a. ʒii.
Alcohol, ℥xii.

Mix. Sig. Apply to the scalp night and morning with slight friction. There are two important points in the treatment of this disease which must not be forgotten. First, the patient must have a free movement of the bowels once a day. Second, have the patient take a medicated bath of the Epsom salts (one ounce salt to one pint of water) three times a week.

One writer has said in speaking of a doctor who had reported cases of syphilis as cured, "That the cures were more apparent than real." This seems to me a pretty fine distinction. I have watched many cases of syphilis that I have cured, some of them have died of old age, and as they never showed any symptoms of the disease during their lifetime we may safely conclude that the cures were *real* not *apparent.*

One of the principal things that has checked the wheels of medical progress is the habit of trying to belittle any remedy or any method of curing a disease. Why not be manly and honest and give a doctor *credit* for what he has done or at least give him credit for what he is *trying* to do for poor suffering humanity.

Varicocele. In dilation of the spermatic veins I use locally the distilled extract of hamamelis; apply it full strength three times a day. The internal remedies should be tincture pulsatilla nigricans and tincture hamamelis. Dose, of the pulsatilla, add twenty drops to four ounces of water and give a teaspoonful of the mixture every two hours. Dose of hamamelis, five drops once in two hours. The latter should be alternated with the former.

CHAPTER IX

SPECIAL REMEDIES FOR THE EYE AND EAR

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER IX

SPECIAL REMEDIES FOR THE EYE AND EAR

CONJUNCTIVITIS. In the simple form of this disease, bathing the eyes with warm water and distilled extract of witch hazel will be sufficient for the local treatment, with ferri phos. as the internal remedy. Dose, third decimal trituration, ten grains in a cup of water, teaspoonful every half hour. When there is considerable redness and inflammation in the eye, I like an "eye wash" made from the following prescription:

℞ Sulph. Zinc.
Sulph. Morphia, a. a. gr. i.
Aqua rosæ.
Glycerine, a. a. ℥ss.

Mix. Sig. Drop two or three drops in the eye three times a day. I have used this as an eye wash since 1871 and it is an excellent one. Sulphur, third decimal, three tablets once in three hours will hasten the cure. When the meibomian glands are much affected and the edges of the lids are red and swollen, the secretion forming yellow crusts on the ciliæ during sleep, hepar sulph. should be prescribed. Dose, three tablets of the third decimal trituration every two hours.

Purulent Conjunctivitis. The "eye wash" as mentioned under the acute form will be found useful in this disease. In infants wash the eyes with warm water

and distilled extract of witch hazel; then apply nitrate silver (one grain to the ounce of water) locally. Internally give three tablets of the third decimal trituration of hepar sulphur night and morning; also add five drops tincture rhus tox to four ounces of water and give in teaspoonful doses every two hours.

Gonorrheal Conjunctivitis. First apply warm water to the eye, containing borax five grains to the ounce; cleanse the eye with this and then apply a five per cent. solution of nitrate of silver. For the swelling and inflammation aconite is the internal remedy. Add five drops to four ounces of water and give a teaspoonful every hour. Thuja should be prescribed for the constitutional disease. Dose, tincture thuja gtts. xx, aqua ℥iv. Mix. Sig. Teaspoonful every two hours.

Scrofulous Conjunctivitis. Internally you should give this prescription:

℞ Comp. Syr. Stillingia, ℥viii.
Iodide Potash, ʒii.

Mix. Sig. Teaspoonful three times a day.

For a local application I like the following receipt:

℞ Lloyd's Ergot, gtts. xv.
Sol. Boric Acid (6 grains to ℥i), q. s. ℥iss.

Mix. Sig. Two drops in the eye every three hours.

Catarrhal Conjunctivitis. In the first stage belladonna is indicated for the headache and pain in the eyes. Add ten drops tincture belladonna to four ounces of water and give of this mixture a teaspoonful every hour. When there is much congestion of the eye and photophobia, lachrymation of an acrid, excoriating na-

ture, which causes the eyelids to swell and ulcerate, tincture euphrasia is the remedy. Dose, put fifteen drops of the tincture euphrasia into half a glass of water, giving a teaspoonful every hour. One grain of muriate of hydrastis to an ounce of water is a good local application. You can also use the wash spoken of above.

Ulcerative Conjunctivitis. For a local application in this affection I like the eucalyptus. Add one drachm of the Fl. Ext. eucalyptus to one ounce of distilled water and drop a few drops into the affected eye three or four times a day. It will relieve the pain and give a feeling of ease and comfort.

Granular Conjunctivitis. Locally apply the sesqui carb. potash twice a week. Then wash out the eye with water after each application, using an eye syringe. Twice a day apply an ointment made of yellow oxide mercury two grains, vaseline one ounce. Touch the granulations with this ointment night and morning. For an internal remedy kali mur., sixth decimal, is the best. Dose, three tablets once in two hours.

Rheumatic Ophthalmia. For this condition with the itching pains and diffused inflammation we will give aconite. Add five drops tincture aconite to four ounces of water and give a teaspoonful of the mixture every hour. In alternation you should prescribe tincture spigelia gtts. xv, aqua ℥iv. Mix. Sig. Teaspoonful once an hour.

Iritis. For this affection the best internal remedy is jaborandi. It allays inflammation, controls spasms of the muscle of accommodation and will absorb adhesions. Dose, tincture jaborandi, gtts. xx, aqua ℥iv. Mix. Sig. Teaspoonful once in two hours.

As a local application sulph. atropia must be used from the very start. It should be applied strong enough to insure full dilation of the pupil, and sufficiently often to continue the paralysis of the ciliary muscles. For patients to use at home it may be made in the strength of four grains to the ounce of water. It should be used three times a day.

Choroiditis. For the burning and dryness in the eye belladonna is indicated. Add five drops tincture belladonna to four ounces of water and give the patient a teaspoonful every hour. Kali mur., third decimal, should be given in alternation as an absorbent of the plastic exudates. Dose, ten grains in a cup of water; teaspoonful once an hour.

When the pain is severe in the eye-ball, feels as if it were being pressed asunder, shooting pains from the right eye to the occiput, prunus spinosa is the remedy needed. Dose, tincture prunus, first decimal, gtts. xx, in half a glass of water; teaspoonful every hour.

Suppurative Choroiditis. In cases of suppurative choroiditis rhus tox is the remedy called for, used in the following manner. Add ten drops tincture rhus tox to four ounces of water and give the patient a teaspoonful of the mixture every hour. Chronic headaches due to choroiditis may be cured by tincture viola odorata. Dose, five drops, second decimal dilution, once in two hours.

Ulceration of the Cornea. The sulphide calcium is indicated where there is much suppuration. Dose three tablets, of the second decimal trituration, once in three hours.

If there is much frontal headache, belladonna is indicated. Add ten drops tincture belladonna to four

ounces of water and give teaspoonful doses every hour. If complicated with syphilis give tincture corydalis ten drops once in three hours. The ulcers should be touched with a five per cent. solution of nitrate silver; it will cause rapid healing of the ulcer. In corneal ulcers where the secretions are of a stringy nature bichromate potash third decimal trituration, is indicated. Dose, three tablets once in three hours.

Retinitis. Ferri phos., third decimal trituration, is the first remedy to be thought of in this affection. Add ten grains to a glass of water and give a teaspoonful every fifteen minutes. Belladonna is indicated where there is a red conjunctival streak along the line of fissure of the lids. Dose, tincture belladonna gtts. x, aqua four ounces; one teaspoonful every two hours. Kali mur., third decimal trituration, should be given in the second stage of effusion. Dose, ten grains in a cup of water; give a teaspoonful every half hour. The dim vision and weakness of nerve power calls for picric acid. Use the sixth decimal. It is especially called for in this disease. Dose, three tablets every two hours. If the trouble is complicated with syphilis or Bright's disease, select the proper remedies indicated (for the indications see those headings).

In detachment of the retina due to rheumatism, sodium salicylate is the remedy. Dose, five grains, second decimal trituration, once in two hours.

Keratitis. In diffuse keratitis apis mel is the remedy. Dose, tincture apis mel gtts. x, aqua ounces iv. Mix. Sig. Teaspoonful every hour. Kali mur., third decimal trituration, should be given in alternation. Dose, put ten grains in four ounces of water and give drachm doses once an hour. The principal remedy to be de-

pended on is aurum metallicum. Dose, three tablets, third decimal trituration, night and morning. This remedy has made some good cures of interstitial keratitis in syphilitic patients.

Hepar sulph., third decimal, is the remedy for suppuration and abscess of the cornea. Dose, three tablets once in two hours.

Corneal Opacities. When the opacity is one of the after effects of ophthalmia in scrofulous patients, tincture cannabis sativa is the remedy. Dose, add twenty drops to a half glass of water and give a teaspoonful of this mixture every two hours. The third decimal trituration of bi-chromate potash has helped to cure some patients. Dose, three tablets once in three hours. Calcarea flouride is the main remedy to be depended on to gradually cure the opacity. Dose, three tablets four times a day. Resorcin powder is the best local remedy for specks on the cornea.

Sty. Pulsatilla is indicated for the acute stage. Dose, add twenty drops tincture pulsatilla to four ounces of water; give of this a teaspoonful once in two hours. After the acute stage has passed give three tablets every three hours of the second decimal of calcarea sulph. to complete the cure.

Asthenopia. When the eyes cannot be used very long at a time without fatigue, pain in the head and eyes from reading or fine sewing, eyes burn, feel strained, hot like a ball of fire, ruta graveoleus is the remedy needed. Dose, tincture ruta ten drops to water four ounces; give a teaspoonful once in two hours. When the eyes feel stiff and burn or feel cold, better when in the cold air or bathed with cold water, worse in the sunlight, asarum europæum is the remedy needed.

Dose, tincture asarum, first decimal, twenty drops in half a glass of water, teaspoonful every two hours. When the asthenopia is caused by uterine troubles sepia is the remedy. Dose, one grain of the third decimal trituration once in three hours.

In nervous affections of the lids and muscular asthenopia, strychnine is the remedy. Dose, one-thirtieth grain before each meal and at bedtime. If there is pain only when the eyes are used kali carbonicum, sixth decimal, is the remedy. Dose, three tablets every three hours.

Oculo Motor Paresis. In oculo motor paresis if caused by cold damp weather rhus tox is the remedy. Dose, five drops of the third decimal dilution once in three hours. If from dry cold air causticum is the medicine indicated. Dose, three tablets of the sixth decimal once in three hours.

Myopia. In acquired myopia from ciliary spasm, also night blindness, contracting of the pupils and twitching of the ocular muscles, physostigma venenosum is the remedy. Dose, ten drops of the third decimal dilution once in two hours.

Amblyopia. In amblyopia which is caused by a cold aconite is indicated. Dose, add five drops tincture aconite to four ounces of water and give a teaspoonful once an hour.

When there is weak eyesight, objects do not appear clear or distinct, excited staring appearance of the eyes, kali phos. is the needful remedy. Dose, three tablets of the sixth decimal once in two hours.

In amblyopia from the use of tobacco or alcohol phosphoric acid combined with nux vomica should be prescribed. The following is a favorite with me:

℞ Tr. Nux Vomica, gtts. x.
Phosphoric Acid, ʒiv.
Simple Syrup q. s. ad, ℥iv.

Mix. Sig. Teaspoonful every three hours.

Cataract. In dimness of vision from overstraining the eyes, and in flickering and sparks before the eyes, calcarea fluoride is the remedy. Dose, three tablets of the sixth decimal trituration every three hours. In the first stages of cataract when the letters appear red, phosphorus in one one-hundredth grain doses may be given three times a day. If the trouble is complicated with skin disease the third decimal of iodide sulphur is the remedy. Dose, three tablets once in three hours. When caused by drying up the perspiration of the feet silicea, sixth decimal, should be prescribed. Dose, three tablets, three times a day. When there is an appearance of gauze before the eyes, or a fog or cloud causticum is the needful remedy. Dose, five drops of the third decimal, once in two hours.

Otalgia. When the earache is accompanied by sticking pains in the ears which goes from one ear to the other, plantago major is the remedy. Dose, five drops of the second decimal dilution every hour. Ferri phos., third decimal may be given in alternation. Dose, add five grains to a half a cup of warm water and give a teaspoonful every fifteen minutes. If the pain is very severe, child screaming with the pain, give tincture chamomilla. Dose, add twenty drops to four ounces of water and give teaspoonful doses every half hour. Apply an onion poultice over the affected ear. A few drops of a two per cent. solution of cocaine will often give quick relief. The local remedy which I have al-

ways depended upon to stop earache, and I have never seen it fail, is to take a tablespoonful of hot water, sprinkle some black pepper into the water, then pour some or all of it into the ear where the pain is; I have seen it stop the pain when other remedies had failed.

Otitis. The best remedy for the severe pain is aconite. Dose, tincture aconite, first decimal dilution, three drops once an hour. In chronic cases with boils prescribe the second decimal trituration of calcarea sulph. Dose, two tablets once in three hours. For the second stage when there is thickening of the membranes with deafness, you should give kali mur., third decimal. Dose, place ten grains in a glass of water and give a teaspoonful every half hour. Cotton moistened with tincture pulsatilla and placed in the affected ear will give great relief to the patient.

Otorrhea. If there is a chronic, bad smelling discharge from the ear, you should cleanse the ear with warm water and then inject eucalyptus into it, using the following prescription:

℞ Fl. Ext. Eucalyptus, ʒi.
Aqua, ʒi.

Mix. Sig. Inject one drachm into the ear three times a day with an ear syringe. Boracic acid is good in recent discharges from the ear. Wet a small piece of cotton in glycerine, then dip in boracic acid and insert it into the affected ear, every day. If there is ulceration of the ear, pus with dirty foul odor kali phos., sixth decimal, is the remedy. Dose, three tablets once in two hours. In catarrh of the ear with earache and a thin, yellow, watery discharge kali sulph. should be given. Dose, three tablets of the third deci-

mal every two hours. When caries of the bone has occurred silicea first decimal, is the remedy. Dose, one grain every three hours.

Polypus Aurium. Calcarea carb. is the first remedy to be thought of in this condition. Dose, three tablets of the third decimal once in three hours. Locally apply salicylic acid in the form of an ointment.

℞ Salicylic Acid, grs. xx.
Vaseline, ℥i.

Mix. Sig. Apply three times a day.

Eczema Aurium. In eczema aurium for internal medication we should prescribe tincture rhus tox, second decimal dilution, five drops once in two hours. Also give calcarea sulph., second decimal, in alternation. Dose, three tablets once in three hours. For a local application, in moist eczema of the auditory canal, I like the aristol powder, applied by means of an insufflator. When there are excoriations of the external auditory canal, or auricle, from acrid discharge the following ointment will prove useful.

℞ Oil Eucalyptus, gtts. xxx.
Vaseline, ℥i.

Mix. Sig. Apply locally three times a day.

Deafness. Deafness is sometimes caused by the ears being filled with hardened wax, especially in old people. In several such cases I have "made the deaf hear" by dropping a few drops of ether in the ear to soften the wax and then cleaning out the ear with an ear spatula. In this way I cured an old man in New Jersey, sixty years old, who had been deaf for years,

also an engineer on one of the Kennebec River steamboats in Maine.

In deafness from catarrh of the middle ear, clogging up of the Eustachian tube, we have one remedy that is especially indicated and one that will help the deaf to hear. This remedy is kali mur. Dose, three tablets of the sixth decimal trituration night and morning.

In dullness of hearing from weakness of the nervous system sulph. strychnia is the remedy needed. Dose, one-thirtieth grain before each meal and at bedtime. In deafness to the human voice—a common symptom of the aged or in catarrh where the patient is constantly blowing small quantities of blood from the nose —phosphorus is the drug needed. Dose, fifteen drops of the sixth decimal dilution in half a glass of water; of this mixture give a teaspoonful once in two hours.

When ears open at times with loud report, over sensitiveness to noise, dullness of hearing, catarrh of the Eustachian tube and cavity of the tympanum, silicea is the remedy. Dose, three tablets of the third decimal three times a day.

Humming and buzzing in the ears, atrophic condition in elderly people, tissues very dry and becoming scaly—showing lack of vitality, deafness from want of nerve perception, itching in the auditory canal, ulceration of the membrana tympani, call for kali phos. Dose, three tablets of the sixth decimal once in three hours.

In vascular deafness, that appears before the menses, and deafness with tinnitus due to gout, ferrum piericum is the remedy. Dose, three tablets of the third decimal once in three hours.

CHAPTER X

SPECIAL REMEDIES FOR HANDS, ARMS AND LEGS

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER X

SPECIAL REMEDIES FOR THE HANDS, ARMS AND LEGS

I AM aware of the fact that this method of giving special remedies for different parts of the body is a new departure, but I believe it to be the most practical way of teaching therapeutics along the line of definite medication.

A lady with cold hands, easily frightened, starts at every sound, needs tincture calendula, five drops, night and morning. Gouty deposits in wrists, fingers, and toes—uric acid diatheses—calls for benzoic acid, third decimal dilution, twenty drops in a glass of water. Tablespoonful once in two hours. "Fidgety" hands, can't keep them still, need bromide potassa, five grains, three times a day. Sweating hands call for pilocarpine, second decimal, two grains three times a day. Prickling and numbness of the fingers are the warning symptoms of paralysis. Give kali phos., third decimal, ten grains, in cup of hot water, two teaspoonfuls once in two hours. Edema of the left hand and foot calls for tincture cactus grand, fifteen drops in half glass of water. Teaspoonful once in two hours. Numbness of the left arm calls for the same remedy. Writer's cramp calls for magnesia phos., third decimal, ten grains in a glass of hot water. Two teaspoonfuls once in an hour. Sulphate strychnia, one-thirtieth grain, should be given before each meal and at bedtime. In "wrist drop" from lead poisoning, give five grains of iodide potash three times a day. Crackling

of joints calls for natrum phos., third decimal, three tablets four times a day. In caries of bones calcarea flouride, sixth decimal, is the remedy, three tablets three times a day. Wrist joints swollen from rheumatism, red, motion impossible, touch unbearable, calls for tincture actea spicata, five drops in wine-glass of hot water every hour until relieved. Weakness of hands, awkwardness, everything falling from the hands, calls for bovista, third decimal dilution, twenty drops in glass of water. Teaspoonful every half hour. In paresis, when first one hand goes to sleep, then the other, soles of the feet go to sleep while his knees sink down from weakness when walking, seems likely to fall to one side,—in this condition cocculus indicus is the remedy, third decimal trituration, three tablets once in three hours. Women who habitually have damp, cold hands, and feet to the knees, too early and too profuse menstruation, should be given calcarea ost., first decimal trituration, three grains three times a day.

Trembling of the hands in paralysis, sometimes hereditary, calls for lolium temulentum, sixth decimal trituration, five tablets every three hours. Sprains and straining of the muscles of the hand and arms from overlifting calls for tincture rhus tox, third decimal dilution, ten drops in half a glass of water. Teaspoonful every hour.

In periostea inflammation of long bones, swollen, inflamed, pain going from above, worse at night and in damp weather, give tincture mezerum, ten drops in glass of water. Tablespoonful once an hour, if it is complicated with syphilis, tincture stillingea is the remedy, ten drops once in three hours.

Muscular rheumatism, when the parts are hot,

swollen, and tender, pains darting, worse on motion, followed by numbness, give tincture kalmia latifolia, ʒss and tincture gelseminum ʒss, aqua ℥iv. Mix. Give one teaspoonful once in half an hour. The above is a "gem," and should not be forgotten. In rheumatism when the pain is in muscular parts, swollen, and painful, whether red or not, with puffiness of nearby tissues, give tincture jaborandi ʒii, aqua ℥iv. Mix and give one teaspoonful every hour.

In muscular rheumatism, with the muscles sore and tender, principally the belly of the muscle, I like tincture cimicifuga, with its side partner, tincture gelsemium, twenty drops of each in six ounces of water, teaspoonful once in an hour. The above has cured more cases of acute rheumatism for me than any other remedies. In chronic rheumatism, no fever, skin soft, pain dull and heavy but continuous, give F. E. manaca ʒii, aqua ℥v. Mix. Teaspoonful three times a day. In articular rheumatism oil gaultheria, ten drops on sugar once in two hours, has helped me cure many cases. I regard it as one of our best remedies for this condition. In stubborn cases it has helped me "many a time." Liniment to "rub out" the rheumatism: Camphor gum, ℥i; oil wormwood, ʒi; alcohol, ℥iii-viii. Mix. Sig. Rub it well into the affected parts three times a day.

In gout there is one remedy that will cure more cases than any other; it is tincture urtica urens, ten drops three times a day; under its influence the pain and swelling go away and large quantities of gravel are passed.

Cramps in the legs of pregnant women may be relieved by tincture viburnum pruni, five drops in hot

water once an hour till relieved. Knee jerk, walking difficult and unsteady, as found in transverse myeletis and also in paraplegia, give lathyrus sativus, third decimal trituration, three grains night and morning.

In hip disease tincture cistus canadensis is the remedy. When there is indication of scrofula twenty drops of the tincture in cup of water; give one teaspoonful once an hour. In phlebitis, with limb pale white in color, swollen veins, hard and knotty, painful to the touch, give tincture pulsatilla, ten drops in half a glass of water. Teaspoonful once an hour. Hamamelis is the "aconite of the veins," and should be given in alternation with the pulsatilla; tincture hamamelis, first decimal dilution, twenty drops in half a glass of water. A teaspoonful once an hour. Locally apply distilled extract of witch hazel and warm water, equal parts. Bathe the limb frequently with this wash.

In arthritis deformans, with stiffness of the knee, tearing, drawing pains that draw the limb out of shape, causticum, third decimal trituration, is the remedy, three tablets once in two hours. In sciatica, when there are shooting pains, like "lightning shock," extending from the hip down to the popliteal fossa on the posterior portion of the hip, relieved by pressure, colocynth is the remedy, tincture colocynth, third decimal dilution, ten drops in a little water every hour. When there is a bruised, sore feeling in sciatica and the pain shoots down the outer side of the right leg, phytolacca is the remedy, tincture phytolacca fifteen drops in half a glass of water. One teaspoonful once an hour. In the sciatica, when there is intense pain along the right sciatic nerve, darting from right hip joint

down to foot, give tincture guaphalium, ten drops in half a glass of water, tablespoonful once an hour.

Varicose veins may appear on the right shoulder as a result of enlargement of the liver. Give tincture chelidonium if the skin is dirty, dingy looking, five drops three times a day. It reduces the enlargement of the liver and removes the cause of the varicosis. If in varicose veins upon the legs we find enlargement of the spleen when there is a sallow countenance, nausea, uneasy feeling in abdomen, inflation of abdomen, give tincture carduus, five drops three times a day. This remedy will cure more cases of varicose veins than any other internal remedy. Locally apply distilled extract witch hazel to the enlarged veins, then bandage the leg from the arch of the foot to a little above the affected part, wear over it an elastic stocking.

For "varicose ulcers" I use the "eclectic wash," made as follows:

℞ Fl. ext. lobelia herb.
Fl. ext. baptisa a. a. fl. ʒj.
Sulphate zinc, ʒi.
Hot water, Oj.

Mix. Put one tablespoonful of this mixture in a douche or fountain syringe, pour it from a height on the sore. Then wet gauze with the "wash," and apply to the sore, cover with rubber tissue; do this three times a day. I have cured cases of fifteen and twenty years' standing with this "wash." It will heal up the ulcer. It is one of the finest things I have ever used in my life.

In recent fractures of bones do not forget tincture symphitum, third decimal dilution, twenty drops in

glass of water, teaspoonful once in three hours. It helps the bones to unite; in old fractures that do not unite, silicea, sixth decimal, is the remedy, three tablets three times a day. In paralysis agitans, or the tremors of multiple sclerosis, hydrobromate hyoscyamus, third decimal trituration, is the remedy, one grain tablet every hour.

In hemiplegia I have given sulphate strychnia, combined with xanthoxyllin, one-thirtieth grain of the former to one grain of the latter, given four times a day. It has cured cases where strychnia was used alone and failed. The xanthoxyllin increases the action of the strychnia.

CHAPTER XI

SPECIAL REMEDIES FOR THE FEET

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

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CHAPTER XI

SPECIAL REMEDIES FOR THE FEET

IT is the *little* things in a physician's practice that often make or break his reputation. Therefore we should look after the different troubles of the feet. Standing or walking on the feet will sometimes cause a *burning* of the soles of the feet that is very annoying. Bathe the feet twice a day in one drachm of muriate ammonia to a pint of warm water. Burning of the feet after a person gets in bed so they have to stick their feet out from under the covers is an indication for sulphur. Give sulphur, third decimal trituration, two grains once in three hours.

I used to think that rheumatism settled in the feet was the worst form of rheumatism to cure until I learned how to cure it. When the rheumatism begins in the feet and travels upwards, Ledum Palustro is the remedy. Put fifteen drops tincture Ledum in a glass of water, give teaspoonful every hour. In a case of cancer under my treatment, she had rheumatism settle in her feet; it almost made a cripple of her. It seemed determined to stick there. I had no Ledum, so I fell back on oil gaultheria, ten drops on sugar once in two hours. In twenty-four hours she could walk as well as anybody.

Old people are sometimes troubled with corns and callosities on the soles of the feet; they are very tender. The patient can hardly walk on account of this *tenderness.* Give antimonium crudum, third decimal tritura-

tion, three tablets once in two hours. In rheumatism of the feet, with this *tenderness* of the soles of the feet, do not forget the above remedy. Tingling of the toes and burning of the feet is a symptom of spinal irritation and belladonna is the remedy. Give five drops of tincture belladonna first decimal dilution three times a day. For weak ankles, calcarea phos., third decimal trituration, is the remedy, three tablets three times a day.

For bunions apply tincture vir., with camel-hair brush night and morning. In old people with edema of the feet, apocynin is the remedy. Give apocynin one-twelfth grain, three granules every three hours. For numbness of the feet, feel as if they were going to sleep, give alumina, third decimal trituration, three tablets once in three hours. For chilblains of the feet give agaricus musca, second decimal, three tablets three times a day. The oil of cajeput is a good local application. When the feet are "fidgety," twitching, can't keep them still, give zincum metalicum, third decimal, three tablets once in two hours. For offensive sweating of the feet, bathe the feet with chlorate potash, five grains to the ounce of water, two or three times a day. Silicea, the sixth decimal trituration, three tablets three times a day is the internal remedy for the above condition. When the feet feel cold and damp calcarea carb. is the remedy, three grains of the first decimal trituration three times a day. Cramps in the feet and legs in bed call for sulphur first decimal trituration, two grains four times a day. In women at the menopause, when with grief and worriment of mind we have persistent coldness of the feet and legs, ignatia is the remedy. Fif-

teen drops, six of tincture ignatia to four ounces of water, teaspoonful every two hours.

For ingrown toe nails, scrape the top of the nail thin, cut off the sides of the nail. Then paint on tincture chloride iron along the sides of the nail and on all the inflamed surface; apply this once a day until the soreness is all gone. Then lift up the edges of the nail on the sides and press cotton wet with the tincture chloride iron under the nail. I have used the above treatment for forty years, and it will cure it. In one case a doctor had been treating a case of this kind ten weeks until the toe was covered with unhealthy granulations. She could not wear any kind of a shoe, and was almost a cripple. In two days under my treatment she could dance on her feet. When the feet feel weak, heavy, can hardly lift them from the ground, picric acid is the remedy. Give it in the sixth decimal trituration, three tablets every three hours. In my old latin grammar I remember a sentence, "Little things are little things, but to be faithful in little things is great." Let the young physician look out for the little details of every-day practice. Sometimes a cure of what looks like a very simple case will be the means of bringing many dollars to the doctor.

In irregularity of the circulation when the feet are cold and the hands hot or *vice versa* the sixth decimal trituration of sepia will prove useful. Dose, three tablets once in three hours.

In convulsions where every muscle in the body twitches from the eyes to the toes hyoscyamus is the needful remedy; dose, five drops tincture hyoscyamus once an hour. In convulsions when the spasms begin

in the fingers and toes, the third decimal trituration of cuprum is indicated. Dose, three tablets once an hour.

In senile gangrene when the feet and toes are cold as iron, but the patient cannot bear to have them covered up, secale cornutum is the remedy. Dose, five drops, tincture secale, in a little water once in two hours.

When the toe nails grow out of shape and become thick graphites is the remedy. Dose, three tablets of the sixth decimal trituration once in three hours. If there are drawing pains in the right leg and foot, right foot cold as ice, the other being natural, you should prescribe tincture chelidonium. Dose, five drops in a little water, once in three hours. If the ankle joints are swollen and the soles of the feet are so painful that the patient can hardly step on the ground, pain is worse when warm in bed, do not forget tincture ledum palustre. Dose, add fifteen drops tincture ledum to a half glass of water and give the patient a teaspoonful of the mixture every hour.

CHAPTER XII

SPECIAL REMEDIES FOR THE NERVOUS SYSTEM

Extract from the Preface

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CHAPTER XII

SPECIAL REMEDIES FOR THE NERVOUS SYSTEM

NEURITIS. For the fever, restlessness and full bounding pulse, aconite rad is the remedy. Dose, tincture aconite, gtts. v, aqua ℥iv. Mix. Sig. Teaspoonful every hour. For the hyperesthesia, the extreme exaltation of the nervous system cannabis indica should be prescribed. Dose, tincture cannabis Ind. gtts. xv, aqua ℥iv. Mix. Sig. Teaspoonful once in two hours. If the neuritis is traumatic hypericum is indicated, especially if the surrounding parts are inflamed with tingling, burning and numbness in them. Dose, add fifteen drops tincture hypericum to four ounces of water, mix, and give a teaspoonful every hour.

Neuralgia. When the pain is sharp, shooting or stabbing gelsemium should be combined with kalmia as in the following prescription:

℞ Tr. Gelsemium.
Tr. Kalmia, a. a. ʒss.
Aqua q. s. ad, ℥iv.

Mig. Sig. Teaspoonful once in twenty minutes until the pain is relieved. The above is a grand remedy in this condition.

In neuralgia of the face and eyes where the pain is of a stabbing character running through to the back part of the head, involving the eye orbit, malar bones

and teeth, and the eye on the affected side runs clear water, spigelia anthelmintica is the remedy. Dose, tincture spigelia, fifteen drops, water four ounces, mix and give a teaspoonful every hour.

In ciliary neuralgia with shooting pains, worse from motion, when touched, or in attempting to sit up, bryonia is the remedy. Dose, add five drops tincture bryonia to four ounces of water and give the patient a teaspoonful of this mixture every hour.

When in neuralgia there are sharp, cutting, shooting, stabbing pains, which are intermittent—come and go like lightning, and rapidly changing their location and are relieved by heat, magnesia phos. will prove curative. Dose, add ten grains of the third decimal magnesia phos. to a cup of hot water and give teaspoonful every few minutes until patient is relieved.

In neuralgia of the head, when the pain is so intense, piercing, stabbing, that the patient screams and pulls her hair, the face is pale and cadaverous looking, mind deranged, zincum valerianicum should be prescribed. Dose, three tablets of the third decimal trituration, zincum valerianicum, once in two hours.

I have seen stubborn cases of neuralgia yield to aconitin (con) in one-sixteenth grain doses given at bedtime, and give the patient a good night's rest. In many cases of neuralgia the pain is periodic—intermittent—in its appearance showing the complication of malaria. In such patients the following anti-periodic prescription will be found very useful.

℞ Sceutellarin, grs. x.
Cypripedium, grs. v.
Sulph. Quinine, grs. xii.

Mix. Divided into ten powders. Sig. One powder every two hours until all are used.

Hysteria. One dear old Quaker lady I knew had a hired girl, a strong lusty vigorous woman who had arrived at the age when a woman begins to realize what the Almighty made her for. She began to have fits; when she had these spells it took two or three young men to hold her. The old Quaker lady saw her have one or two of the fits, and then she "saw a great light." She said to the girl, "If thee has any more of those spells when those young men are around I will discharge thee." It is needless to say that the girl did not have any more fits.

I was called out one cold winter's night to see a woman supposed to be dying. When I arrived at the house the patient said, "Doctor, I am dying." I diagnosed the case hysteria and replied, "You will not die this time." I gave her a teaspoonful of "Composition Powder" (poplar bark, capsicum, etc.); a teaspoonful in a cup of sweetened water and made her drink the whole of it. When she had taken it all she forgot all about dying; it gave her something else to think of and she speedily recovered.

Another case was where a hired girl had been the rounds of the neighborhood. No one would keep her very long on account of the fits she had. None of the doctors who had been called seemed to understand the cause and could not cure her. I saw her in one of her fits and it was hysteria. I prescribed tincture valerianate ammonia, teaspoonful once in three hours in a little water and it cured her. It is an old eclectic remedy for hysteria and a very good one.

I was called into another county to see a young lady

who had been an invalid for some time. She was suffering from chronic bronchitis that was complicated by "spells" as the family called them. The least noise, or if she was vexed or crossed in any way, would cause one of these "spells" to manifest themselves. I diagnosed the "spells" as hysteria. I told the girl's mother in her hearing that I understood the cause of those "spells" and that I would cure them. I said, "I will prepare a bottle of medicine and place it on the shelf at the head of her bed; when she begins to show signs of a spasm give her one teaspoonful of this mixture and she never will have another attack." The prescription was as follows:

℞ Tr. Asafœtida.
Tr. Valerian.
Tr. Cypripedium.
Tr. Lobelia, a. a. ʒss.
Aqua, ℥iv.

Mix. Sig. Teaspoonful at the first appearance of a spasm. One dose was enough; she never had any more attacks.

In another case a woman had some trouble in the family which excited her so much that she developed hysteria. When I arrived at the house, I found her on the bed with her jaws tightly locked. Nothing could be given by the way of the mouth. I wasted no time but called for a cup of warm water into which I put a tablespoonful of Comp. Tr. Lobelia. I directed one of the women present to throw that into the rectum by means of a syringe. In a few minutes she opened her mouth as the enema seemed to change the current of her thoughts. She recovered rapidly.

In hysteria when there is *bloating* of the abdomen by gas during the attack tincture Pothos fœtida is the remedy. Dose, ten drops three times a day. If the patient is extremely sensitive to all external impressions, laughs and cries alternately, has globus hystericus, passes pale limpid urine, tincture ignatia is the remedy. Dose, add ten drops to half a glass of water and give of this mixture a teaspoonful every hour.

Tincture moschus is indicated during the paroxysms, and will frequently shorten their duration if there is a feeling of *suffocation* with constriction in the throat at the beginning of the spasms; there is also nervous palpitation of the heart with copious urination. Dose, twenty drops of the second decimal dilution of tincture moschus in half a glass of water and let the patient take a teaspoonful every hour.

The New School physicians have been uniformly successful in the treatment of hysteria. Note the difference between their treatment and that of the Old School. In "Reynold's System of Medicine," Vol. II, page 327, the author says "he knows *not one single remedy which exerts any specific action on the disease* (hysteria). This is an example of many other diseases which cannot be cured by the remedies of the Old School.

Neurasthenia. When there is weakness of the nerves, brain is tired, the patient is irritable, gets excited at the least thing, urine has an excess of phosphates, there is a history of sexual excesses, and an occipital headache, I like the avena sativa. Dose, twenty drops of the fluid extract avena sativa before meals and at bedtime. It will calm and strengthen the nerves.

When there is loss of memory, a strain upon the

nervous system by hard study, grief or trouble, sexual excesses, diuresis, and perspiration easily excited, phosphoric acid is the indicated remedy. Dose, ten drops of the first decimal dilution three times a day. When there is exhaustion from the slightest excitement, mental exertion or overwork, subject to nervous headaches —pain begins in the occipital region and extends down the spine you should prescribe picric acid. Dose, three tablets of the sixth decimal trituration once in two hours. When the patient is gloomy and melancholy, loss of memory, looks on the dark side of everything, there is an overstrain of the brain and nervous system by worry, too close attention to business or study, kali phos., third decimal trituration, is the needed drug. Dose, three tablets once in two hours.

Silicea is a grand remedy when the mind and nervous system show a profound weakness; the patient has lost his " nerve," his grit, he is nervous, irritable, faint-hearted, gives up at the least obstacle, there is headache which begins at the back of the head and extends over to the eyes. With such symptoms silicea, the sixth decimal, will do more than any other remedy. Dose, three tablets three times a day.

Epilepsy. In adapting our remedies to the treatment of this affection we must remember the different causes from which it arises, viz.: injury of the brain, syphilis, sexual excesses, some forms of indigestion, etc. A careful study of each case must be made; first, to ascertain the *cause,* and second to determine which remedy will exactly fit that peculiar group of symptoms. When the face is swollen, livid or pale, the eyes are fixed, pupils dilated, frothing at the mouth, oppressed breathing, coldness of the extremities, pulse weak,

spasms first tonic then clonic in character, respiration heavy and stertorous œnanthe crocata is the remedy indicated, and the experience of our best prescribers seems to prove that the third decimal dilution is the most efficacious form to use. Dose, five drops of the third decimal dilution once in two hours. When the tincture is given it is apt to produce a headache. When there is intense cerebral congestion bromide ammonium will prove useful. The following prescription has made some fine cures:

℞ Bromide Ammonium, ℥i.
Tr. Belladonna, gtts. xx.
Tr. Œnanthe Crocata, gtts. xxx.
Tr. Pulsatilla, ʒii.
Simple Elixyr q. s., ℥xvi.

Mix. Sig. Teaspoonful once in three hours. When the attacks become less frequent give the dose only two or three times a day. In full blooded plethoric men with a hardness and tension to the pulse—showing nerve tension, veratrum viride should be prescribed to relax this nerve tension and relieve the blood pressure in the brain. Dose, five drops of the first decimal dilution three times a day.

When the patient is low spirited, sad and timid, and the attacks seem to be caused by worms, indigo is the needful remedy. Dose, three grains of the second decimal trituration once in three hours. When the convulsive seizures are induced by fright, or some violent emotion, and follow each other in rapid succession you should not forget artemisia vulgaris. Dose, five drops of the first decimal dilution once in three hours.

In epilepsy that is caused by suppressed emotions the sixth decimal of kali mur. will be found useful. Three tablets once in three hours, of this preparation is the dose.

My experience has taught me that if you can see your patient at the very commencement of an attack the compound tincture lobelia is the very best remedy that can be given to reduce the violence of the convulsive seizures. It also seems to lessen the frequency of the attacks. Many convulsions in children are called epilepsy when in reality they are due to "worms." Treat the child for worms and the epilepsy soon vanishes. Some epileptics are pretty sure to have an attack following a hearty meal. Here there is some form of indigestion. If you will cut down the quantity of food eaten and treat the indigestion you will promptly cure your patient.

Tincture solanum carolinense is indicated in epilepsy occurring at or near the menstrual period. Dose, from ten to fifteen drops three times a day. If the attacks occur from nervous exhaustion or sexual excesses you should prescribe the third decimal trituration of calcarea phos.—giving three tablets in the morning—and kali phos. and magnesia phos. in addition, during the day. These two drugs should be used as follows:—Add five grains of the third decimal kali phos. and five grains of the third decimal magnesia phos. to a cup of hot water and of this mixture give two teaspoonfuls every hour.

In epilepsy with mental defects caused by injury of the cranium when there is osseous depression, the sixth decimal trituration of natrum sulph. is the indicated remedy. Dose, three tablets once in twelve hours.

Chorea. For the spasmodic twitching of the muscles the third decimal trituration of magnesia phos. should be prescribed. Dose, put ten grains in a cup of hot water and give two teaspoonfuls every hour. The sixth decimal trituration of calcarea phos. should be given as an intercurrent remedy. Dose, three tablets three times a day.

Tincture cimicifuga is one of the old Eclectic remedies for chorea and is just as good to-day as it ever was. It acts more especially with girls at puberty about the time they begin to menstruate. The following prescription will be found beneficial:

℞ Tr. Cimicifuga.
Tr. Gelsemium, a. a. ʒss.
Fowler's Solution, gtts. xxx.
Aqua, ℥vi.

Mix. Sig. Teaspoonful every three hours.

When the muscular twitchings begin to diminish leave out the gelsemium and continue the prescription.

Girls at puberty are often anemic, nervous and flighty. They need a good tonic and some form of iron. The following prescription has served me well in such cases:

℞ Tr. Scutellaria.
Tr. Cypripedium, a. a. ʒiv.
Ferri Carbonas, ʒi.
Port Wine, ℥viii.

Mix. Sig. Teaspoonful after each meal.

When there is twitching of the eyelids, spasmodic movements of the single muscles and dancing of the whole body, symptoms worse during a thunder-storm,

ceases when patient is asleep, uncertainty in walking, stumbles over everything, we should remember agaricus muscarius. Dose, twenty drops of the first decimal dilution in half a glass of water and give a teaspoonful of this mixture every hour.

Catilepsy. When the symptoms of this disease simulate hysteria and the cause is unknown you should give cannabis indica. Dose, five drops, tincture cannabis three times a day. If the condition is caused by obstruction of the menses pulsatilla will be needed. Dose, five drops, tincture pulsatilla once in two hours. If the attacks are caused by religious excitement prescribe stramonium. Dose, tincture stramonium, five drops three times a day.

Paralysis (facial). In the acute stage of this affection aconite is the remedy. Dose, twenty drops of the third decimal dilution put in a glass of water and teaspoonful doses administered every hour. If the paralysis is caused by exposure to cold winds causticum, the third decimal is the remedy. Dose, three tablets once in three hours.

Paraplegia. When there is spinal weakness, pain in the lumbar region, weakness of the legs, vertigo, poor eyesight, the indicated remedy is argentum nitricum. Dose, three tablets of the sixth decimal trituration once in three hours. When the trouble is caused by damp, cold weather and there is sudden loss of power in the lower extremities with rigidity of the legs, spastic gait —often tremulous you should prescribe lathyrus sativus. Dose, three tablets of the third decimal trituration three times a day.

Painless paralysis with swelling, burning and stiffness of the fingers calls for oleander. Dose, twenty

drops, third decimal dilution, in a glass of water, and give a teaspoonful every two hours. Kali phos. is indicated in all forms of paralysis, especially those attacks which come on suddenly. Dose, three tablets of the third decimal trituration once in two hours.

In the paralysis that extends from below upwards, gradually involving new structures; there is vertigo, the patient staggers when walking. These cases require conium maculatum. Dose, ten drops tincture conium in half a glass of water, teaspoonful once an hour. For the paralysis that follows diphtheria gelsemium is the remedy. Dose, ten drops of the third decimal once in three hours.

Hemiplegia. In one case of this condition which followed apoplexy that I saw in Massachusetts I gave ten drops tincture avena sativa (Keith's) in hot water before each meal and twenty drops at bedtime. It helped the patient to get the use of her legs. In paralysis of the left side of the body—due to apoplexy with great weakness, faintness, prostration, mental and physical, trembling of the tongue, worse in the morning, lachesis should be prescribed. Dose, ten drops of the sixth decimal dilution in half a glass of water, teaspoonful once in two hours.

In paralysis of local portions as the larynx, tongue, face, bladder, etc., generally on the *right* side, also in paralysis of the right arm and leg, you should prescribe causticum. Dose, three tablets of the third decimal every three hours. In hemaplegia I have had good results with the following pill:

℞ Sulph. Strychnine, gr. 1/30.
Xanthoxylin, gr. i.

Mix. Ft. one pill. Sig. Give one of these pills four times a day. I also use this prescription as a local stimulating liniment in paralyis.

℞ Oil Originum, ℥ii.
Oil Capsicum, ʒi.
Oil Stillingia, ʒii.
Alcohol, Oi.

Mix. Sig. Bathe the affected part three times a day with brisk friction.

In paralysis from softening of the spinal cord, phosphide zinc is the indicated drug. Dose, one-tenth grain three times a day.

Paralysis Agitans. In this affection there are three remedies which have assisted me to produce good results. The third decimal trituration of hyoscinate hydrobromas; dose, one grain once an hour. Fl. Ext. gelsemium, ten drops once in three hours, third decimal trituration of magnesia phos., three tablets once in three hours. The two latter should be given in alternation.

Writer's Cramp. If the hand trembles while writing, crampy pains, aching in the wrists, rheumatic tendency, natrum phos. is the remedy needed. Dose, five grains of the third decimal trituration in half a glass of water, teaspoonful every hour. The third decimal of magnesia phos. should be given with the above remedy. Add five grains to half a cup of hot water and give a teaspoonful every half hour. Tincture conium mac. first decimal dilution, given in three drop doses once in three hours has cured some cases.

Puerperal Convulsions. Some cases of eclampsia are purely hysterical and in such instances viburnum pru-

nifolium is the remedy. Dose, ten drops of tincture viburnum once an hour. Headache that precedes the convulsions is a *warning* symptom of their onset. The head feels heavy, but cannot lay it down on the pillow, the blood vessels are distended, there is congestion and a throbbing headache, face is red, patient froths at the mouth. In such conditions glonoin is indicated. Dose, ten drops of the second decimal dilution in half a glass of water, teaspoonful every hour until relieved.

If the pulse is *hard* and *tense*, very marked cerebral congestion, veratrum viride is the remedy. Dose, ten to fifteen drops tincture veratrum once an hour until the convulsions are controlled.

If the pregnant woman has a proper preparatory treatment before her confinement she probably will not have convulsions. If at any time before her expected confinement there is albumin present in the urine the woman should be given Fl. Ext. eupatorium purpureum. Dose, fifteen drops three times a day to clear the urine of albumin. (See Preparatory Treatment of the Pregnant Woman.)

CHAPTER XIII

SPECIAL REMEDIES FOR THE SKIN

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER XIII

SPECIAL REMEDIES FOR THE SKIN

IN the treatment of skin diseases I have always depended upon *internal* remedies. Each form of skin disease has some one remedy that is especially indicated in that particular form of eruption. For example:

Eczema, rhus tox; urticaria, urtica ureus; acne, berberis aquifolium; crustea lactea, arctium lappa; psoriasis, rumex crispus; herpes zoster, ranunculus bulbosas; ichthyosis, iodide arsenic; barber's itch, iodide sulphur; rhagades, graphites, etc.

By keeping the above remedies in our minds and prescribing them as indicated we may expect good results. Sulphur has been much used and abused as a remedy for skin disease and it is often used as a "blood purifier." Dose, three grains of the third decimal trituration once in three hours. It is not, however, a "cure all" and must be clearly indicated if it is to do any good. Patients needing sulphur—no matter how frequently they bathe—will exhale a disagreeable odor from their bodies. There are others who never bathe; they are filthy, prone to skin affections. The itching of these patients is intense; they will tell you it feels *good* to scratch, but the scratching leaves a *burning* sensation afterwards. The burning of sulphur, like the eternal fires of Hell is peculiar to the remedy. This burning may be in the skin, eyes, tongue, mouth, anus, legs, feet, etc. Every doctor who treats skin

diseases should remember that the action of sulphur is to drive everything towards the *surface* of the body. It has this affinity for the skin. In the retrocession of any eruption upon the skin this remedy should be remembered. Many eruptions upon the skin have been driven into the system and caused serious trouble afterwards. Drying up an excessive perspiration of the feet has developed cataract of the eyes. In one case of eczema back of the ear in a baby applications were used that drove in the eruption and the child died in convulsions.

Asthma, angina pectoris, and other affections have been caused by some skin affection being driven into the system. This should be a warning to the profession and teach them that reckless prescribing any routine treatment, such as zinc ointments for all itchy eruptions upon the skin is bad therapeutics. We must depend mainly upon internal remedies; remedies that work from *within* outwards. Our local applications (if any are ever used) must be such as will heal up the eruption upon the surface of the body; never anything to drive the eruption *into* the system. This rule I have followed in all the years of my practice. It is the keynote to the successful treatment of skin diseases.

Drinking cold drinks when the body is overheated, going in swimming when the body is covered with perspiration and the water is cold, being caught out in showers when the body is overheated, will sometimes cause an eruption to appear on the body. In such cases there is one remedy which is indicated, and that is bellis perennis. Dose, five drops of the tincture three times a day.

We often meet ladies on the street, at church, or in

society with ugly pimples on their faces. In most cases it is caused by the "constipation habit." The refuse matter that should pass off by the bowels is reabsorbed by the blood and thus we see them on the face. Such disfigurement is a disgrace to any girl or woman. One remedy for such conditions is sulphate soda. Put the crystallized soda sulphate in a close-mouthed bottle and direct the patient to take a quarter of a teaspoonful in a little cold water the first thing in the morning, not to act on the bowels but to act on the blood; therefore it is necessary for the dose to be regulated so as not to obtain any cathartic effect. The patient must be cured of the constipation if this exists. (See heading "Constipation" for directions.)

The following prescription will prove valuable by its influence upon the blood. Ten drops of tincture berberis aquifolium and two drops Fowler's solution should be given every three hours to clear the complexion.

Medicated baths, in skin disease, are very valuable for their effect upon the pores. The best one can be made by adding sulphate soda to the bath, using one pound to the ordinary amount of water in a bath tub or one ounce to the pint of water for a sponge bath. The water should be moderately warm and the baths should be taken three times a week. These baths will aid you very materially in curing your patient of skin disease.

Erythema. In the red, hot, dry condition of the skin belladonna will prove very efficacious. Dose, five drops tincture belladonna in a glass of water; of this mixture give a teaspoonful every hour. For a local application use the distilled extract of hamamelis and

warm water, equal parts. Bathe the affected portion of the body frequently with this solution and keep cloths wet in it on them constantly.

In erythema nodosum with dark red skin, itching at night and pain in the long bones, tincture rhus venenata is a most useful remedy. Dose, five drops of the third decimal dilution three times a day. In burning of the skin with redness and itching, echinacea can be used with good results.

℞ Tr. Echinacea, ʒii.
Aqua, ℥vi.

Mix. Sig. Apply to the skin; keep cloths wet with it constantly in contact with the affected part of the body. This also forms an admirable application for chafing of the skin wherever situated. The internal use of echinacea is also beneficial in the erythema. Dose, ten drops tincture echinacea once in three hours.

Urticaria. When the skin is elevated, a white central spot and a red areola with a burning stinging sensation urtica urens is the first remedy of which we should think. Dose, add fifteen drops tincture urtica ureus to four ounces of water and give a teaspoonful once in two hours. When there is a marked edema of the parts with burning, *itchy, tingling* sensation apis mel. is the drug needed. Dose, fifteen drops tincture apis mel. added to four ounces water and give a teaspoonful of this mixture every hour.

When the patient has eaten too freely of meat, or has over eaten, has red areolar patches that come and go, is hot and thirsty, antimonium crudum is the remedy. Dose, three tablets of the sixth decimal three times a day. As a local remedy powdered corn starch dusted

on the eruption will be gratefully received, by the patient; the patient may also be bathed all over with a solution of soda bi-carbonate, one ounce to the pint of water.

Acne. When the skin is rough, persistent acne with pimples, you should prescribe tincture berberis aquifolium ten drops once in three hours. In acne with suppuration of the pimples, calcarea sulph. is the remedy required. Dose, three tablets of the second decimal trituration once in three hours. In nervous, hypersensitive females bromide of potassium, one grain three times a day will prove beneficial. Full-blooded plethoric people need belladonna. Dose, five drops first decimal dilution once in three hours. As a local application we may use the following prescription:

℞ Boracic Acid, grs. xv.
Nitrate Potash, ʒii.
Aqua, ℥viii.

Mix. Sig. This should be applied after bathing and not washed off.

For the "red nose" we may apply Bonjeans Ergotin at bedtime. It will contract the small blood vessels and thus relieve the redness. Ichthyol and vaseline equal parts is also a good local application. It should be used three times a day. In the chronic form of acne, juglandine one-sixteenth grain and sulph. quinine one-half grain should be given once in three hours.

Eczema. Every physician doing a general office business meets with old chronic cases of some form of skin disease, that have been the rounds and "suffered many things of many physicians."

To cure a case of this kind may mean considerable

to a doctor who wants to "do things" in his profession. I begin the treatment of these old chronic cases by using the following prescription:

℞ Fl. Ext. Podophyllum, ℥ss.
Acetate Potash, ℥ss.
Aqua, ℥viii.

Mix. Sig. Teaspoonful four times a day.

It acts upon the kidneys and bowels. Acetate potash is one of the best blood depurants we have. Many an old chronic case has been benefited from the beginning with this remedy. Frequently the patient will ask you to give him something to allay the itching of the eruption. I have found the following to be the best all "round wash," as a liquid preparation, for skin disease with much itching of the parts. It cannot be excelled.

℞ Acetic Tr. Lobelia.
Aqua rosæ, a. a. ℥iv.

Mix. Sig. Bathe the parts three or four times a day.

Acetic tincture lobelia is made as follows:

Lobelia Seed, ℥ii.
Vinegar, Oi.

Mix. Macerate for seven days and filter; add one ounce of alcohol. A good all round alterative or "Blood Purifier" is a valuable asset to any doctor's office. Many families in the spring of the year ask for a "blood medicine." Here is a prescription which is especially indicated in old chronic skin diseases, eczema, psoriasis, salt rheum, etc.

℞ Fl. Ext. Rumex Crispus.
Fl. Ext. Alnus Rubra, a. a. ℥ii.
Fl. Ext. Gentian.
Fl. Ext. Taraxacum, a. a. ℥i.
Simple Syrup, q. s. Oi.

Mix. Sig. Teaspoonful three times a day.

Many so-called alterative syrups have so much sugar in them that they take away the patient's appetite and he gets sick of it. The above formula is just bitter enough to act kindly upon the stomach and is well received by it. I have used this preparation for many years in skin diseases and have learned to rely upon it very strongly. The fluid extract in the above prescription should be made from the fresh root. (I like Lloyd's.)

In eczema of babies, a five per cent. ointment of subnitrate bismuth in lanolin is the remedy which should be used locally. It stops the burning and itching and has, in my hands, cured cases where other remedies have failed to benefit in the least. The best internal remedy is rhus tox. Dose, five drops of the second decimal dilution once in three hours.

In the inflammatory form of eczema with redness of the parts, burning and itching, the above remedy will cure most every case. When in women inclined to obesity and habitual constipation we find an eruption oozing out a thick honey-like fluid, that is glutinous, graphites is the needed remedy. It may appear behind the ears, in the palms of the hands or on the legs. Prescribe the third decimal trituration of graphites, three tablets once in three hours. When in eczema there oozes an acrid moisture from beneath the scabs

and there is a terrible itching which scratching will relieve only temporarily—the itching is constantly breaking out in new places, staphisagria should be prescribed. Dose, add twenty drops tincture staphisagria to four ounces of water and give a teaspoonful every two hours.

When the eczema appears on the dorsum of the hands as in "Barber's and Grocer's itch," tincture bovista is the required agent. Dose, put fifteen drops of the third decimal dilution in half a glass of water and give the patient a teaspoonful once in two hours.

In scaly eczema in various parts of the body berberis aquifolium is the necessary remedy to cure. Dose, ten drops tincture berberis once in three hours. Such patients should also take a bath of soda sulphate (one pound to the ordinary quantity of warm water in a bath tub) three times a week. For severe itching of inflamed parts I have used successfully this prescription:

℞ Carbolic Acid, gtts. xxx.
Sulph. Morphia, grs. iii.
Glycerine, ℥ii.
Aqua, q. s. ℥vi.

Mix. Sig. Apply locally four times a day.

In the dry scaly itchy eruption of eczema, when I use an ointment I like "Juniper Pomade" (Lloyd's). It is a nice clean preparation and should be applied three times a day. During many years' experience with this remedy I have never failed to get good results. It is much better and safer to use for eczema than zinc ointment.

Salt Rheum. I saw a case of this condition in an old

lady in Vermont. Her hands were sore and bleeding from frequent scratching. The disease is worse in the winter and itches worse after the patient becomes warm in bed. This lady had been tormented by the fearful itching until she was nearly crazy from it. I gave her my Comp. Syr. Rumex crispus (formula given above) in teaspoonful doses three times a day.

There is in New England a species of hemlock which is called "ground hemlock." It grows about a foot high, then spreads out its branches and covers a space of from four to five feet in diameter. I have never seen it growing outside of New England. I collected some of the branches of this "ground hemlock," put them in a kettle of water and boiled the liquid down to an extract. I then mixed it with an equal quantity of unsalted butter. This ointment was applied to the hands of the old lady three times a day. I had her wash her hands every day with soft soap and warm water. Most farmers make soft soap and it is a good application both for salt rheum and psoriasis. Continuing the above treatment I was successful in curing the old lady of her obstinate trouble. I have used this ointment of "ground hemlock" many times for salt rheum and other obstinate skin diseases.

Psoriasis. When the skin is dry and impoverished, hands and feet cold, thyroidin should be prescribed. Dose, three tablets of the second decimal trituration once in two hours. When the eruption is moist and offensive, forms a grayish white crust lappa seeds is the remedy. Dose, twenty drops tincture lappa seeds (burdock) three times a day. In these old stubborn cases I have seen a whiskey tincture burdock seeds make some fine cures.

In scaly pustular eruptions on the face, berberis aquifolia is the remedy. Dose, twenty drops tincture berberis three times a day. It is one of our most reliable remedies in the cure of psoriasis. Many fine cures have been made by its use. The baths of soda sulphate, before described, should be used three times a week. A handful of wheat bran in the water will help to soften and remove the scabs from the skin. A good local application is made as follows:

℞ Tar.
Alcohol.
Soft Soap, a. a. ℥i.

Mix. Sig. Apply at night with a piece of soft white cloth and bathe thoroughly the next day.

Ichthyosis. When the skin is dry and scaly iodide arsenic will prove curative. Dose, three tablets of the third decimal three times a day. Thyroidin for adults has made some fine cures in doses of five grains twice a day. If the skin looks dirty, gray and cadaverous you should prescribe tincture thuja in five drop doses three times a day. If there are fine scales with much itching which is worse in bed, indurations of the glands, clematis erecta is the needed medicine. Dose, five drops tincture clematis three times a day. Use the sulphate soda bath, as already described in this chapter, at bedtime.

Herpes, Facial. This disease is best treated with natrum muriaticum. Dose, three tablets of the sixth decimal every three hours.

Herpes Zoster. When preceded by intercostal neuralgia and there is burning of the vesicles, which may be of a bluish or black color ranunculus bulbosus is

the remedy. Dose, fifteen drops tincture ranunculus in half a glass of water, teaspoonful every two hours. In herpes upon the hairy portions of the body that is accompanied by burning, stinging and itching, worse after scratching rhus tox is indicated. Dose, five drops of the second decimal dilution once in two hours. In the chronic form of this disease you should give the Comp. Syr. Rumex Chrispus (see Eczema) in teaspoonful doses three times a day. Also use the soda sulphate bath as before mentioned.

I once had a patient who had been the rounds. There was a fixed burning pain in one side of the abdomen. No remedies had so far produced any results. I suspected there was a retrocession of an eruption of shingles, and applied a compound tar plaster over the affected portion. In a few days the patient had a nice eruption of shingles broken out around the body. Dusting corn starch on to the affected portion will relieve the itching of shingles.

Pityriasis Rubra. This disease appears in red patches, generally on the chest. Tincture erythinus, first decimal, is indicated and should be given in five drop doses in a little water night and morning.

Pemphigus. When the bullæ are surrounded by a ring and itch considerably, with crusts forming on the third day it is wise to prescribe caltha palustris. Use the second decimal dilution and give five drop doses once in three hours. When there is much itching and burning, blisters with watery fluid and peeling of the skin rhus tox is indicated. Dose, five drops of the second decimal dilution once in two hours. In the foliaceous variety thuja is the requisite remedy. It should be given in five drop doses once in three hours.

The following prescription is good for the chronic variety of this affection:

℞ Fl. Ext. Berberis aquifolium, ℥iv.
Fowler's Solution arsenic, ʒii.
Simple Syrup, q. s. ℥viii.

Mix. Sig. Half teaspoonful after each meal.

Lichen. In the simple form of this disease juglands cinerea will cure most cases. Dose, five drops, tincture juglands once in three hours. Locally we may apply Fl. Ext. grindelia robusta one part, water three parts, three times a day.

In the chronic forms of this disease I like the following prescription very much indeed:

℞ Juglandin, gr. i.
Sulph. Quinine, grs. viii.

Mix. Divide into Chart. No. 16. Sig. One powder once in three hours. Juglands cinerea is *the remedy* indicated in lichen over all others.

Barber's Itch. In this affection iodide sulphur, third decimal, should be given internally, two grains once in three hours. Apply locally an ointment composed of two grains iodide sulphur to one ounce of vaseline, night and morning. Rub it in well.

A good treatment of such cases is to remove the crusts with flaxseed poultice and apply hot water on a sponge to the face. Then with a camel's hair brush apply the lotion for which I here give the prescription:

℞ Creosote, gtts. i.
Alcohol, gtts. c.
Aqua, gtts. c.

Mix. Sig. Apply locally, as directed.

In a week you should double the quantity of the creosote. This should be applied every other day. A more convenient form to use locally would be carbolic acid gtts. xxx, glycerine three ounces. Mix—apply three times a day.

Crusta Lactea. When there is a copious exudation that mats the hair, with burning and itching which is worse at night, viola tricolor should be prescribed. Dose, add fifteen drops tincture viola to a glass of water and give the patient a teaspoonful four times a day. When the eruption has grayish white crusts, offensive odor, arctium lappa is indicated. Dose, add thirty drops tincture arctium to six ounces of water and give a teaspoonful once in two hours.

Scald Head. We first apply to the parts a poultice made as follows:

℞ Pulv. Slippery Elm, ℥iii.
Pulv. Phytolacca, ʒiv.
Pulv. Lobelia seed, ℥i.

Mix. Add boiling water to make a poultice and apply to the head. This will soften up the scabs, after which we will apply an ointment three times a day made by adding twenty grains salicylic acid to one ounce of vaseline and mixing thoroughly. If this causes much smarting more vaseline should be added. Viola tricolor is the internal remedy. Dose, add twenty drops of the first decimal dilution in half a glass of water and give a teaspoonful every two hours. If there is much suppuration give three tablets of the sixth decimal of silicea three times a day.

Scabies. The following prescription is the best local application for this affection:

℞ Oil Tar, ℥i.
Tr. Veratrum vir., ℥i.
Lanolin, ℥xvi.
Sublimed sulphur sufficient to make the mass of the consistency of an ointment.

Mix. Sig. Apply three nights in succession, then take a bath and skip three nights, then apply it three nights more.

This is Webster's "Comp. Sulphur Ointment" from Webster's "Dynamical Therapeutics"—the best work on therapeutics ever published by any School of Medicine.

Ring Worm. The best local application in this affection is glacial acetic acid. It may be applied to any portion of the body except the scalp. Internally you should administer the tincture juglands cinerea, five drops once in two hours.

Chloasma or Liver Spots. Locally apply pure lactic acid. If one application is not sufficient, repeat it until the epidermis and underlying pigment peel off. Internally you may prescribe the following:

℞ Fl. Ext. Euonymus, ℥i.
Simple Syrup, ℥v.

Mix. Sig. Teaspoonful twice a day.

Rhagades. I had a lady come from Philadelphia to consult me about her hands. The fingers were sore, cracked open; she could not bear them in water. It was a perfect picture of graphites. I gave her the

third decimal trituration of this remedy, three tablets once in three hours. In a week she reported and I found her hands nearly well.

Prurigo. For the intolerable itching all over the body, worse from scratching and worse at night, tincture dolichos pruriens second decimal dilution is the remedy. Give it in five drop doses three times a day. It is the remedy which is especially indicated in this form of skin disease. For the chronic form prescribe Comp. Syr. Rumex (see Eczema) in teaspoonful doses three times a day. Also use the soda sulphate bath as described earlier in this chapter. The following prescription makes a good local application:

℞ Acetic Tr. Lobelia.
Aqua rosæ, a. a. ℥iv.

Mix. Sig. Apply locally three times a day.

Verruca, or Warts. When the warts come in crops tincture thuja is the indicated remedy. It should be given in five drop doses every three hours. In alternation it is well to prescribe one grain magnesia sulph. once in three hours. Tincture thuja also makes a good local application or you may use equal parts of chromic acid and water. This turns the warts black and in a short time they drop off.

For suphilitic warts and condylomata keep the warts constantly moist with dilute nitric acid (one drachm to the pint of water). It will disperse them without pain. The application of tincture thuja, full strength, has also proved very successful.

Bromidrosis. When the feet perspire freely and have a bad odor, various " washes " are used to relieve this condition. As a result of such careless treatment cat-

aract and blindness have resulted. It is very much safer to treat such conditions by internal remedies mainly. When there is habitual perspiration of the feet with a bad odor that is very offensive, you can relieve this condition by prescribing the sixth decimal trituration of silicea. Dose, three tablets every three hours.

If the toes and soles of the feet are sore the third decimal of baryta carbonica will be the remedy. Dose, three tablets once in three hours. When there is a fetid odor from the axilla the sixth decimal trituration of sepia is the remedy required. Dose, three tablets once in three hours. This is especially true in women who are suffering from obesity. When the whole body has a perspiration that is intensely disagreeable and the urine and feces are foul smelling, nitric acid will remove the condition. Dose, add ten drops of the third decimal dilution to four ounces of water and give a teaspoonful four times a day.

Vaccnosis. After a person has been vaccinated one or more times, there may appear an eruption on the face, swellings in the axilla, and lumps in the breast. It is the poison of the vaccine virus working in the system. We have an antidote for this poison in thuja thirtieth decimal trituration. Dose, three tablets night and morning.

This poisoning of the blood of other people by vaccination is a blot on our civilization and a disgrace to the medical profession. It has caused a rapid increase in cancer and syphilis in every country where vaccination is enforced.

Prickly Heat. A good local application for this condition is the following mixture:

℞ Carbolic Acid sol.
Pulv. Borax, a. a. ʒii.
Aqua, ℥viii.

Mix. Sig. Apply locally as often as is needed.

Cancer. The treatment of cancer in all its forms, also lupus and tumors, including ovarian and fibroid tumors of the uterus should be the subject of a volume by itself. I have often been urged to write a book on the treatment of cancer, but at my age and physical condition it may be doubtful if I ever live to see such a work completed. No doubt my experience with cancer would be of great value to the medical profession as I have spent forty years in the study and treatment of cancerous affections in all their various forms.

The Eclectic School of Medicine was the pioneer in the successful treatment of cancer by internal medication, while the Regular School with their theory that it was a local disease were cutting out everything which looked like a cancer and have miserably failed to cure it.

By my method of treating cancer as a blood or constitutional disease (as I was taught in the Eclectic College over forty years ago) I have cured eighty per cent. of the cases of cancer which have come under my treatment. I honestly believe, from my own experience, that ninety-five per cent. of the cases of cancer in our country could be cured by medicine if treated before any operation or the use of X-Ray. Hypodermic treatment of cancer has failed to cure the disease as any purely local treatment will do in the future even as it has in the past.

I have at different times reported cases of cancer

successfully treated in different Medical Journals to prove that cancer could be cured with medicine. Physicians have visited me from all over the United States, Canada and Mexico to take a post-graduate course of study to fit them for the special work of treating this disease, for it is a specialty just as much as the eye, ear, surgery or gynecology.

Fifty thousand victims of cancer are dying yearly because they do not receive proper medical treatment. The demand for physicians who can treat cancer successfully was never so great as at the present time. The people have been duped long enough. They know now that the surgical operations not only *do not* cure cancer but actually *hasten the death* of the victims and increase their suffering. The day will come when it will be considered a crime to cut out a cancer. May God hasten the day.

CHAPTER XIV

SPECIAL REMEDIES FOR THE BLOOD

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER XIV

SPECIAL REMEDIES FOR THE BLOOD

ANEMIA. When by the least emotion or exertion the face becomes red, flushed, which is always better by moving about—notwithstanding that weakness obliges the patient to lie down, paleness of the mucous membranes, especially the mouth, rush of blood to the head, flashes of heat in the face, ferrum metalicum is the indicated remedy. Dose, three tablets of the first decimal trituration once in three hours. In such cases the heart is weak and the patient suffers from general debility. Give the third decimal trituration of digitalin, three tablets once in three hours in alternation with the ferrum and you have an ideal treatment for anemia. It is just the treatment needed for broken-down constitutions. When the face presents a pale hippocratic expression, eyes sunken and surrounded by dark rings, when there has been a drain upon the system from hemorrhages, diarrhea, lactation, suppuration or sexual excesses, cinchona (china) is the needed drug. Dose, add twenty drops tincture cinchona to half a glass of water and give a teaspoonful once in two hours. When the patient eats well but still looks pale and emaciated, has throbbing headaches, shortness of breath, scanty menstruation, constipation and depression of spirits natrum muriaticum is indicated. Dose, three tablets of the sixth decimal trituration once in three hours.

When a woman has some form of displacement, is

conscious that she has a womb, it is sore and tender; she is tired and anemic—worn out by hard work, mental or physical, back feels tired and weak, frequently albumen will be found in the urine, helonias dioica should be prescribed. It is one of the best blood makers that we have. Dose, five drops tincture helonias three times a day.

When children grow too rapidly, bones soften, there is curvature of the spine, or women have profuse menstruation and bear children too rapidly, with prolonged lactation you should not forget calcarea phos. Dose, three tablets of the third decimal four times a day.

Cerebral Anemia. When there is confusion of ideas, vertigo, mania, pallor, mental apathy, headache and mental depression, the remedy that is needed is calcarea phos. and should be given in doses of three tablets of the third decimal once in three hours. Kali phos. sixth decimal, three tablets once in three hours should be given in alternation with the calcarea phos.

Pernicious Anemia. When there is a heavy tired feeling all over the body from mental or physical overwork, which is worse from the slightest excitement, burning pains along the spine acidum picricum is the needed remedy. Dose, three tablets of the sixth decimal trituration once in two hours. The more profound the prostration the stronger is the indication for the above remedy.

When there is great restlessness of the mind, exhaustion from the slightest exertion, burning pains with clammy perspiration and cold skin that feels like parchment—white and pasty, arsenicum album is the remedy to be used. Dose, three tablets of the third decimal once in three hours. I have also had good

results in my practice from the use of calcarea phos., third decimal, three tablets every three hours.

In one case of pernicious anemia that I saw in consultation there was, in addition to the enlargement of the spleen, a pain in the left side, nausea, uneasiness, pain, vomiting with inflation of the abdomen. Carduus was the remedy indicated. I prescribed tincture carduus mariæ five drops three times a day. This reduced the size of the spleen. I also gave three tablets of the third decimal trituration of calcarea phos. four times a day as a tonic and blood maker. The above treatment restored the patient to health.

In another case which I saw in consultation, a former physician had given the patient castor oil until she became so constipated that the nurse was obliged to dig the feces out of the rectum with a stick. This treatment was peculiar and I cannot see the philosophy of it. Castor oil is good for some things but it was not indicated for this woman.

Scrofula. When there is glandular enlargement, the skin showing an unhealthy look—like eczema, with indigestion from a lack of gastric juice and marasmus alnus rubra is the indicated remedy. Dose, five drops tincture alnus three times a day.

When there are hard lumps in the neck, and abscesses and ulcers in a patient with scrofulous diathesis you should prescribe tincture cistus canadensis, ten drops in half a glass of water, giving a teaspoonful once in two hours. When the patient is lymphatic, light hair, and complexion, soft flabby muscles, craves strong acid food, is peevish, very sensitive nature, hepar sulph. should be prescribed. Dose, three tablets of the third decimal once in three hours. Iodine is in-

dicated when the patients are weak, get out of breath easily going upstairs, have a large appetite but gradually become emaciated, much gas in the stomach with eructations, glands enlarged and indurated. Dose, ten drops of the sixth decimal dilution of tincture iodine once in three hours.

In children when the abdomen is distended, perspiration upon the head in large beads, open sutures and fóntanelles, ankles are weak and the child is slow in learning to walk, give silicea the sixth decimal trituration. Dose, three tablets three times a day.

In one case of a child brought to me for treatment where scrofula had been inherited and the child was thought to be in consumption, I found the glands under the jaw were swollen and painful. I applied as a poultice to reduce the swelling the following mixture:

℞ Pulv. Phytolacca root.
Pulv. Myrica.
Pulv. Lobelia Seed.
Pulv. Slippery Elm, a. a. ℥ss.

Mix. Make a poultice with warm water and apply to the swelling once in two hours. Internally I gave a powder composed of one grain each of the first decimal of rumin and the first decimal of ferri phos., every three hours. This treatment cured the child. Rumex crispus is a grand remedy in scrofula.

A man came to me who had been afflicted with scrofula from a child. He had swellings form in the neck break and discharge. Some doctors called it cancer, others could not tell what it was. It was a clear case of scrofula. I applied the poultice as given above and gave internally the following:

℞ Tr. Thuja.
Tr. Baptisia, a. a. ℥iss.

Mix. Sig. Fifteen drops before each meal, and at bedtime. I also gave him three tablets of the sixth decimal trituration of silicea after each meal. This treatment was followed until the man was discharged cured, and in better health than he had been before during his life. My case book will show a large number of cases of children which I have treated and cured of scrofula where other physicians had failed.

Abscess. During the forming stage of an abscess, when there is throbbing, sticking pains, hepar sulph. is the remedy needed. Dose, three tablets of the first decimal every three hours. When the abscess has discharged long enough and the suppuration does not show signs of checking, you should prescribe the second decimal trituration of calcarea sulph. Dose, three tablets once in three hours. For the pain before the pus has formed Libradol (Lloyd's) may be spread on white paper and applied to alleviate it. If the pain increases with beating and throbbing in the part, then pus is forming and a poultice should be applied made of equal parts of pulverized slippery elm, lobelia seed and flaxseed. Mix with warm water and apply to the swollen part. Change the poultice once in two hours.

The above poultice was handed down to us by the Eclectic fathers and is worth its weight in gold for swellings in any portion of the body. After the abscess has discharged freely and you wish to heal it up, apply the "yellow healing salve"—a remedy of my own which I have used for forty years as a healing salve. It cannot be excelled.

℞ Burgundy Pitch.
White Pine Turpentine.
Beeswax.
Mutton Tallow.
Olive Oil, a. a. ℥i.

Melt with heat, strain and add Cosmoline ℥v.

Mix. Sig. Spread on soft white cloth to cover the sore. Apply three times a day. It will draw all the pus out of the sore and heal it up. If it draws too hard, causing pain and smarting it should be weakened with one-third vaseline.

In one case of an old lady about sixty years of age who had a fearful looking sore on her leg that extended almost around the leg and nearly six inches in diameter, I healed it completely with this ointment. Some patients will contract the "abscess habit." One abscess follows another in rapid succession. Three tablets once in three hours of the second decimal calcarea sulph. will generally put an end to this condition. Ten drops tincture echinacea once in three hours will also prove effectual, especially if there are symptoms of blood poisoning. In elderly people the alnus rubra should be prescribed. Dose, alnunin first decimal three tablets once in three hours.

In a case of cancer which I was treating in connection with two other doctors, an abscess formed—as a complication—in the right buttock about six inches back of the anus. When it opened the outer opening was as large as my two hands placed side by side partly open. The passage extended obliquely towards the rectum which it touched—but did not enter—about eight inches above the anus. The other two

physicians, who had been in practice many years said they had never seen anything like it and did not see how it could be healed. I told them I would heal it completely. Locally we used the "Eclectic Wash." (See formula under varicose ulcers.) The abscess cavity was cleansed with this wash three times a day and gauze wet with it was packed into the cavity after each cleansing. Internally we gave her echafolta (Lloyd's) in drachm doses once in three hours. In a week or ten days her stomach rebelled against the echafolta, so we substituted tincture echinacea ten drops once in three hours. The above treatment was continued until the abscess cavity was completely closed and in good condition. The patient was seventy-five years old. This is only another instance of what Eclectic remedies will accomplish even in the most desperate cases.

Boils. In the first stage of boils, abscesses and carbuncles we have a localized congestion and belladonna is the indicated remedy. Dose, five drops tincture belladonna added to four ounces of water and a teaspoonful given every hour.

When a boil first shows itself we can sometimes check its further progress by painting it with equal parts of tincture aconite, tincture hamamelis and tincture arnica. Paint the affected part with this mixture once in two hours. If it appears that the pus will form and the pain increases apply the poultice as described under abscess. I have had success in breaking up the "boil habit" with tincture arctium lappa, burdock seeds. Dose, ten drops of the tincture three times a day. Echinacea is also a good remedy for this condition. The more depraved the blood the stronger

the indication for the echinacea. Calcarea sulph. second decimal should not be forgotten.

Carbuncle. Echinacea is the first remedy to be thought of in this condition. Dose, ten drops tincture echinacea once in two hours. Also apply it locally full strength. The quickest way to get rid of a carbuncle is to use the following method. Apply a large cupping glass to the swelling and exhaust the air until all the pus has been drawn from the cribriform cells into the glass. Then remove the glass and wash the place with a solution of carbolic acid (one part to eight parts of water). Keep cloths saturated with the solution on the carbuncle. When it becomes painful apply the glass again. Upon the first application the patient will complain some of the pain, but as soon as it begins the peculiar throbbing pain, he will ask for the glass to be applied again. Two or three applications of the glass will exhaust the pus. Place the glass each time in the same indenture round the carbuncle. One day's using the glass will remove more pus than three days' poulticing. In three days you will conquer the disease. Internally give the indicated remedy. Echinacea will prove useful as will also strychnia sulph. one-thirtieth grain after each meal and at bedtime. With all the good remedies at our command no person ought to die of this disease. Hepar sulph., sixth decimal should be given when the carbuncle begins to discharge. Dose, three tablets once in two hours. Kali mur., third decimal is the indicated remedy to be given in the first stage to abort the disease. Dose, add five grains of the third decimal to a cup of hot water and give a teaspoonful every half hour. When the carbuncle has a purplish color and there are burning,

stinging pains, gangrenous appearance, tarantula cubensis third decimal is the remedy. Dose, add fifteen drops tincture tarantula to half a glass of water and give a teaspoonful every two hours. Try this remedy in felons or swellings of a *bluish* color with intense *burning* pain. It soothes the patient and gives them sleep. The dose should not be less than the third decimal and be given as specified above.

Chlorosis. In this condition, if we go back over the history of the case, we will find that the female contracted a cold at the menstrual period. If pulsatilla had been given at that time it would have saved the patient further trouble. When there is a pale, dirty looking skin, oppression of the chest, palpitation of the heart, head aches, worse from sunrise to sunset, nausea and vomiting, before, during and after the menses, natrum muriaticum sixth decimal should be prescribed. Dose, three tablets once in three hours. In chlorosis when there are symptoms of dropsy, urine is scanty, face bloated, abdomen enlarged, feet edematous, frequent desire to urinate day and night, tincture senecio aurens first decimal dilution is the indicated drug. Dose, ten drops once in two hours. When the patient is weak, pale, tired—must sit down to rest, menses scanty, delayed, pale colored, patient much exhausted after the flow, often a profuse leucorrhea takes the place of the menstrual period and soiling her clothing badly if she does not wear a napkin, the third decimal trituration of alumina is the needed remedy. Dose, three tablets once in three hours.

When there is weakness and relaxation of the whole muscular system, together with emaciation and coldness of the extremities, the patient has vertigo, palpi-

tation of the heart and dyspnea, indigestion, vomiting of food after eating, at the least exertion face becomes red, I like ferrum metalicum first decimal as the remedy. Dose, three tablets every three hours. In alternation with this remedy you should prescribe the third decimal trituration of digitalin, giving three tablets every three hours. These two remedies will cure the majority of cases of chlorosis.

Scurvy. Fortunately we have one remedy which is especially adapted to the symptoms of this condition. The tender spongy gums, poor appetite, diarrhea, bloated abdomen, calls for rhus glabra. It should be used in connection with an iron preparation. I like the following:

℞ Rhus Glabra 1x. grs. v.
Ferri Carbonas, grs. ss.

Mix. Make one powder. Sig. Give one of these powders every three hours followed by a teaspoonful of lemon syrup after each powder. A mouth wash may be made by adding one drachm tincture rhus glabra to one ounce of glycerine. Mix and apply to the tender swollen gums. There is no other remedy which will accomplish what this drug will do in this disease.

Purpura. In the hemorrhage of dark, clotted, venous blood, hamamelis has rendered good service in purpura. Dose, tincture hamamelis ten drops once in three hours. Ergotin, one grain every three hours is also a good remedy for this condition. My choice of a drug for this condition, however, would be lachesis. It seems to be especially adapted to this disease. Dose, add twenty drops of the sixth decimal dilution

to a glass of water and give a teaspoonful every two hours.

Leucocythemia. For the great prostration found in this disease, picric acid is the first remedy to be considered. Dose, three tablets of the third decimal once in three hours. For patients that are pale, weak, easily tired by any form of exertion, are disposed to become corpulent with muscles that are soft and flabby, calcarea carb., first decimal, is the remedy. Dose, five tablets three times a day. Where there is a gonorrheal anamensis thuja will prove of value. Dose, tincture thuja, three drops three times a day.

If the patient takes cold easily, is worse in damp weather, symptoms return at precisely the same time each day, aranea diadema is the indicated remedy. Dose, add ten drops of the third decimal to half a glass of water and give the patient a teaspoonful once in three hours. Menispermin (con) is especially indicated in this disease, as it stimulates the entire vascular system, also the lymphatic glands, increases the appetite, aids digestion, promotes absorption and assimilation. Dose, two grains four times a day.

Erysipelas. I am of the opinion that rhus tox is as great an antidote to the poison of erysipelas as quinine is for malaria. In a case of erysipelas the burning, stinging, itchy feeling of the part and the red, shiny appearance of the skin calls for rhus tox. In this disease, when it affects any portion of the face, there will usually be head symptoms which call for belladonna, so in such cases I usually combine the two remedies.

℞ Tr. Belladonna.
Tr. Rhus Tox, a. a. gtts. x.
Aqua, ℥iv.

Mix. Sig. Teaspoonful every hour.

Locally I apply equal parts of warm water and distilled extract hamamelis. Bathe the parts frequently with this solution and keep cloths saturated with it in constant contact with the affected portion. It feels good to the patient and is the best local application. (I have had erysipelas myself in the face; I used this wash and know how it feels.) When the skin becomes moist, the pulse soft and the tongue begins to clean you should give the patient two grains of quinine once in three hours.

I have never had a relapse or a second attack of the disease in a patient that I have treated. I have seen the disease in all its forms but have never lost a case in forty years' practice. At one time I treated a baby ten days old who fell out of bed and developed a case of erysipelas. It manifested itself in the head and went all over the body. The child lay in convulsions for a week; as it was the first child whose birth I had witnessed I determined that it should live and it did. In a middle-aged lady in New Hampshire I met with another severe case of erysipelas. This case settled in her stomach so that she could not retain any food or drink on her stomach. Small pieces of ice were given in teaspoonful doses and the rhus tox and belladonna were given as in the two preceding cases. She recovered perfectly. Another case was where a young man had erysipelas in his arm. He had been treated for rheumatism by three doctors. All kinds of liniments had been used but he continually grew worse. When I saw him the arm was swollen to twice its usual size and was very painful. The first thing I did was to apply the "poultice powder" (see

abscess) once in two hours. Internally I gave him a teaspoonful Elixir Iodo Bromide Calcium (Tilden & Co.) three times a day. At my second visit I lanced the swelling in the arm and obtained a pint of pus. The man recovered although many people expected that he would surely die. I have had erysipelas arise as a complication in twelve cases of cancer on the face. It had about as much effect on the cancer as so much water, thus exploding the foolish theory of the Old School that the inoculation of cancer by erysipelas would cure the former disease. It is about time that they stopped theorizing about cancer and learned how to cure it. The fathers of the Eclectic School of Medicine taught their students that cancer was a blood disease and how to cure it.

Glanders. Bi-chromate potash seems to cover the nasal symptoms. Dose, three tablets of the third decimal once in three hours. For the constitutional symptoms you should prescribe tincture echinacea. Dose, ten drops once in three hours. Quinine should be given as it is needed to act as an antiseptic and to keep up the vitality of the patient.

Septicemia. The chills, high temperature, and weak, rapid pulse are the warning symptoms of blood poisoning. To prevent suppuration give kali mur., third decimal, five grains in a cup of water; of this mixture give a teaspoonful every hour. If suppuration has already taken place prescribe the following: Tincture echinacea, an ounce and a half, glycerine one ounce, water three and a half ounces. Mix. Give a teaspoonful once in two hours. Give also the second decimal calcarea sulph. three tablets every three hours. To the wound apply equal parts of echafolta and water.

Keep cloths saturated with this mixture in constant contact with the infected portion. Remember that the more foul the odor the stronger is the indication for echafolta and echinacea. Administer two grains of quinine once in three hours to keep up the vitality of the patient. If the pulse does not respond to the tonic action of the quinine you should prescribe 1/250 grain of glonoin every fifteen minutes, until the head feels full and the face is flushed. Watch the pulse and give the glonoin if the pulse goes down and there is faintness. Sometimes at the crisis when patients are very weak it is necessary to give two granules of glonoin 1/250 grain once in three hours. If feet or hands swell from the wound of a rusty nail or some other blunt instrument apply the powder poultice (see abscess) to aid the wound to discharge freely. When the skin turns purple or bluish as if mortification were impending do not forget lachesis. Dose, two grains, sixth decimal, once in two hours.

I had blood poisoning, myself, about twenty years ago. I was inoculated by a cancer. It began in my right hand on the third finger. The whole hand swelled to twice its size. The severe pain extended up the arm, the most severe pain I ever experienced. The finger was so swollen that it broke open. I treated it, myself, according to the treatment given above and cured it. The hand was weak for many years afterwards. I have had many cases of blood poisoning in my own practice and have been called in consultation to several others. As yet I am not forced to record any fatal terminations. I have treated them in accord with the plan indicated above and "fight it out on that line."

Aneurism. For the pain from the aneurism iodide potash is the remedy. Dose, ten grains three times a day. When there is hardness and tension of the pulse, tincture veratrum viride is indicated. Dose, five drops of the first decimal dilution three times a day. As a curative agent chloride barium is the best remedy. Dose, three grains of the third decimal three or four times a day.

Calcarea flouride, third decimal has also made some good cures. Dose, three tablets every three hours. A compress should be kept constantly applied, wet with Epsom salts—one ounce to the pint of warm water.

Rheumatism. When the patient screams out when touched on the affected part, limbs weak, stiff and feverish, pains shift from place to place, worse at night, colchicum is the needed remedy. Wine of colchicum may be given in five drop doses three times a day, or colchicine (Merck). If you use the latter make a solution (one grain to the ounce) and give five to ten drops once in three hours. Some eighty cases were treated with the above remedy, with the following results. "Relief of pain within twenty-four hours; within forty-eight hours the patient is generally comfortable; swelling, pain, perspiration much diminished. In three or four days the disease is under control." When the muscles feel stiff and sore, when they have been strained, in exposure to rain or damp sheets, lameness, stiffness and pain when first begins to move, better after he gets "limbered up," rhus tox is the remedy. Dose, add five drops tincture rhus tox to four ounces of water; mix and give a teaspoonful every hour. The rhus tox is the remedy for lumbago, and should be given as directed above. For local applica-

tion apply a liniment composed of equal parts of collodium, tincture iodine and aqua ammonia. Mix. Sig. Apply over the affected part with a camel's hair brush. For lumbago I have found the following prescription valuable:

℞ Tr. Cimicifuga.
Tr. Gelsemium.
Tr. Bryonia, a. a. ℥ss.

Mix. Sig. Ten drops once in half an hour.

When there is a *bruised* pain, stiffness and *lameness,* soreness and a *bubbling* sensation in the region of the kidneys, when patient is sitting he rises with difficulty, kidneys are usually affected, you should prescribe tincture berberis vulgaris. Dose, put twenty drops in half a glass of water and give teaspoonful every two hours. Do not forget the "back pains" of this remedy. When the pains of rheumatism are worse at the approach of a storm and when the patient is at rest, also when the pain is of a drawing tearing character, rhododendron is the remedy needed. Dose, add twenty drops tincture rhododendron to four ounces of water; of this mixture give the patient a teaspoonful once in two hours. Cascara sagada is indicated in rheumatism when there is headache, constipation, *foul* breath, and broad *flabby* tongue. Dose, add two ounces tincture cascara to the same quantity of glycerine; mix and give teaspoonful doses every three hours.

In articular rheumatism with serous effusion, aggravated by moisture and touch, profuse perspiration, pains are shifting, and burning, worse at night, the remedy needed is acidum salicylicum. Dose, five grains every three hours. When the patient is very

thirsty, drinks large quantities of water, at long intervals, pains are tearing, stitching, worse on motion and at night, bryonia is the needed drug. Dose, add ten drops tincture bryonia to four ounces of water, and give the patient a teaspoonful every hour.

As a liniment for rheumatism I like the following prescription:

℞ Tr. Capsicum, ℥ii.
Oil Origanum.
Oil Sassafras, a. a. ʒii.
Tr. Opium.
Spts. Ammonia, a. a. ʒiii.
Tr. Camphor, ʒi.

Mix. Sig. Rub well into the affected parts three times a day. This cannot be excelled as a liniment for rheumatism. (See Chapter on "Feet, Arms and Legs" for other remedies for rheumatism.)

Obstinate cases of chronic rheumatism will often yield to Comp. Tr. Cimicifuga made as follows:

℞ Tr. Cimicifuga, Oi.
Juice of Phytolacca berries, ℥ii.
Holland Gin, Oi.
Tr. Guiacum, ℥i.

Mix. Sig. Teaspoonful four times a day.

CHAPTER XV

SPECIAL REMEDIES FOR FEVERS

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER XV

SPECIAL REMEDIES FOR FEVERS

THE EXANTHEMATA. In the United States in 1890 there were 27,658 deaths from typhoid fever, in 1900 there were 35,379 deaths from the same disease. The old treatment of calomel and opium was abandoned in some cases for the expectant (do nothing) treatment. In these latter days of coal tar products, dye stuffs, etc., there has been added the wrapping of patients in sheets wrung out of ice water. With the above plan of treatment in the Old School (constantly changing) the mortality has gradually increased until at the present time it is all the way from twenty-five per cent. to forty per cent. under their methods of cure.

The treatment of the Eclectic Practice of Medicine in typhoid fever has never produced a mortality of over three per cent. Please note the difference.

In my own experience while in general practice, out of two hundred cases of genuine typhoid fever that I treated there were only two deaths.

For the fever in the first stage of this disease ferri phos. is the remedy. Dose, add five grains of the third decimal to a cup of warm water and give a teaspoonful every half hour. For the gray white tongue, looseness of the bowels, pain and tenderness of the abdomen kali mur., third decimal is the indicated drug. Dose, place five grains in a cup of water and give a teaspoonful every hour. Over the abdomen I apply a

poultice of pulverized flaxseed and slippery elm made light and wet with saleratus water (one teaspoonful of saleratus to a pint of warm water). This poultice should be changed once in three hours. It maintains an even temperature over the bowels and helps to allay any irritation and assists nature in the healing process which is being carried on in the bowels.

Baptisia is my sheet anchor in this disease, when the face has a dark red besotted appearance, eyes are injected, there is stupor and delirium, tongue dry and coated brown, breath is offensive, sordes on the teeth, the body seems to be scattered about and the patient is trying to put the pieces together, give baptisia. Dose, add twenty drops tincture baptisia to four ounces of water; mix and give a teaspoonful every hour. Echinacea is indicated in typhoid fever when there are flashes of heat, chilliness of the back, patient profoundly prostrated, and flushings of the face. Dose, add thirty drops tincture echinacea to four ounces of water; mix and give a teaspoonful once in two hours.

Hydrochloric acid is called for when the tongue is dry, shrunken and leathery, stools are fetid and frequently involuntary while passing urine, patient weak, slides down to the foot of the bed. In such cases add twenty drops of dilute hydrochloric acid to four ounces of water; mix and give the patient a teaspoonful once in two hours. For the hemorrhage from the bowels I have always depended upon charcoal. Dose, five grains in capsules once in three hours. For the delirium, when the face is pale and sunken, tongue dry, sensorium so cloudy that if you can arouse the patient to answer a question he immediately relapses into stupor again, this unconscious condition may con-

tinue with the eyes wide open, staring around the room, he seems to see flocks at which he picks the bed clothes muttering to himself, the teeth are covered with sordes, lower jaw drops, stools and urine pass involuntarily, the delirium at first is very violent, but is not kept up on account of weakness, stupid muttering predominates, hyoscyamus should be prescribed. Dose, add twenty drops tincture hyoscyamus to four ounces of water, mix and give the patient a teaspoonful every hour. In some cases with brown tongue, patient delirious, great prostration—patient seems to be sinking, I give kali phos. I put ten grains of the third decimal into a cup of hot water and give the patient a teaspoonful once in half an hour until the pulse seemed stronger and the patient more rational.

In one case where I met a young doctor in consultation, I learned that he had been giving tincture chloride of iron, teaspoonful once in three hours. I said to him, "Why do you do that?" He replied, "Because my preceptor always gave it in such cases." The patient had baptisia written all over his face. I told him that he had better drop the iron and give the remedy indicated, baptisia. He followed my advice and the patient recovered. Many patients in this disease have been made subjects for the undertaker by cathartics to move the bowels, and coal tar products and powerful narcotics. These agents all *lower* the *vitality* of the patient and thus *lessen* his chances for recovery. Never do anything that will weaken your patient's vitality, if you wish them to get well.

Typhus Fever. As an antipyretic remedy baptisia heads the list. Dose, five drops tincture baptisia once in two hours. For the mild delirium there is nothing

better than the hyoscyamus. Dose, three drops tincture hyoscyamus once in two hours. For the profound stupor, sordes on the teeth, chills in the back, flushing of the face, foul breath and fetid discharges, you should prescribe echinacea. Dose, ten drops tincture echinacea every two hours. Great cerebral congestion with throbbing carotids, flushed face and wild furious delirium calls for belladonna. Dose, add five drops to four ounces of water, mix and give a teaspoonful every hour. Hydrochloric acid will frequently be indicated. (See typhoid fever.)

Remittent Fever. Gelsemium is the remedy most frequently indicated. It should be given when the chills and fever are severe and the patient feels bruised, stupid and sluggish. Dose, add ten drops tincture gelsemium to four ounces of water, mix and give a teaspoonful every hour. The red tongue—tip and edges—demands rhus tox. Dose, ten drops tincture rhus tox and four ounces of water; mix and give a teaspoonful once an hour. As an antispasmodic we have the arseniate quinia. Dose, two grains of the third decimal quinia arseniate should be given every three hours.

Bilious Fever. I have been frequently called to cases which I term bilious fever. There will be the full bounding pulse, nausea—patients often complain of the heavy feeling in the stomach, there is vomiting of a substance which is very bitter. In such cases I prescribe the following:

℞ Tr. Aconite, gtts. v.
Tr. Nux Vomica, gtts. x.
Aqua, ℥vi.

Mix. Sig. Teaspoonful every hour.

Place a mustard paste on the pit of the stomach. This is all the treatment needed and the patient will be all right in a day or two.

Scarlet Fever. In the simple form of this disease I like the following:

℞ Tr. Aconite Rad., gtts. v.
Tr. Belladonna, gtts. v.
Aqua, ℥vi.

Mix. Sig. Teaspoonful every hour.

Anoint the child all over with vaseline three times a day to allay the irritation. In the scarlatina anginosa I use, as a gargle for the throat, this recipe:

℞ Pulv. Chlorate Potash, ʒi.
Sulphate Zinc, grs. x.

Mix. Divide into two powders. Sig. Dissolve one powder in a cup of warm water and use as a gargle every hour. For the fever and to help in bringing out the eruption ferri phos. is very useful. Dose, add five grains, third decimal ferri phos. to four ounces of water, mix and give a teaspoonful every half hour. Kali mur., third decimal should be given for the sore throat. Dose, two tablets once in two hours. Apply a poultice of pulverized slippery elm round the neck over the throat. Wet it with warm water. This poultice should be changed every two hours.

When in the malignant form there is a thin, ichorous, burning fluid from the nose that excoriates the parts touched, patient is delirious, must breathe with the mouth open, constantly *picking* at the *nose*, you should prescribe arum triphyllum. Dose, five drops tincture

aurum added to four ounces of water and a teaspoonful of the mixture should be given every two hours. Our main remedies in this disease and those I like the best are phytolacca and echinacea. I combine them in the following manner:

℞ Tr. Phytolacca, gtts. xxx.
Tr. Echinacea, ʒii.
Aqua, ℥vi.

Mix. Sig. Teaspoonful every half hour in urgent cases. (The above is for a child five years old.) When the rash is miliary, tonsils dark red or gangrenous, neck much swollen, fetor intense, mouth filled with sticky saliva, tongue sore, patient lies in profound stupor, breathing is stertorous, you should give the third decimal trituration of ammonia carbonate. Dose, three grains every three hours. When the skin has a purplish appearance, eruption has a dusky carmine look, pulse small and very rapid, throat edematous and of a purple and livid color, high fever, delirium and coma, alianthus glandulosa is the indicated remedy. Dose, ten drops tincture alianthus added to four ounces of water; mix, give teaspoonful every hour. I have seen this disease in its worst form. If properly treated we will rarely have any bad after effects, as dropsy, deafness, etc.

Measles. For many years, in an ordinary case of measles, I used small doses of aconite for the fever and to hasten the eruption. This with ipecac for the cough seemed all that was necessary.

Finally my little daughter was taken with the measles. I gave her the usual prescription.

℞ Tr. Aconite, gtts. v.
Tr. Ipecac, gtts. x.
Aqua, ℥vi.

Mix. Sig. Teaspoonful every hour.

Her fever increased, the cough grew worse and there were no signs of the eruption. I then gave her the following prescription:

℞ Ferri Phos., 3x.
Kali mur., 3x. a. a. grs. v.
Aqua, ℥vi.

Mig. Sig. Teaspoonful every fifteen minutes.

I watched her case very carefully as it was the commencement of my using the bio-chemic remedies. I wanted to study their action. In an hour or two the fever had lessened considerably, the skin was covered with a moist perspiration, the cough loose and less frequent and the eruption beginning to appear. I have never during my medical practice seen any medicine work so nicely and quickly as that prescription. Since then I have used the bio-chemic remedies in my practice. They have helped me to make some fine cures. Since treating that case I have used the same prescription in many attacks of uncomplicated measles and always with excellent results.

When the eyes are much affected and the little patient complains that they are sore, the margins of the lids are swollen, the water is constantly oozing from them and is of an acrid character, euphrasia is the indicated remedy. Dose, twenty drops tincture euphrasia, third decimal dilution, added to four ounces of water; mix and give a teaspoonful every hour. For

the cough and bronchial irritation during the convalescence kali mur. third decimal is the remedy. Dose, three tablets once in three hours. When the face is pale, cold and hippocratic and there is a retrocession of the eruption, camphor is the needed remedy. Dose, five drops in a little hot water every half hour. If there is a high fever and the eruption is slow in making its appearance you should give asclepias tuberosa. Dose, twenty drops tincture asclepias in a wine-glass of hot water four times a day.

Smallpox. In the winter of 1869 and 1870, while I was a medical student attending college in Philadelphia, I had the opportunity of witnessing an epidemic of smallpox in that city. I was much impressed with the difference in the mortality under Old School treatment and the Eclectic treatment. While the Old School physicians lost a great many cases the Eclectic physicians cured about every case. Even under Old School treatment thirty years later in the smallpox hospital at London, England, the mortality was thirty-seven per cent. This shows how much progress that school of medicine has made within the past thirty years.

I have had considerable practice among the French Canadians of northern New England and from them I learned that they did not fear the smallpox any more than we do the measles. They depend, for its treatment, on warm diaphoretic teas, keeping the patient well covered to make them perspire freely. As a result of this method very few die of the disease.

From my own observation and the statements of reliable medical men I am of the opinion that cream tartar, if taken after a person has been exposed to the

disease, will modify the action of the virus even if it does not prevent an attack. A tablespoonful of cream tartar should be dissolved in a bowl of hot sweetened water. Let this quantity be drank during the day in divided doses. It is also good to break up the "boil habit."

Vaccination that does not protect the victim from smallpox, but has killed and crippled many of our children and increased the number of cases of cancer and syphilis in every country where it is enforced, is a disgrace to the medical profession that upholds it. Vaccination is a creation of the old school of medicine and will be upheld by them just as long as there is money to be obtained by vaccinating the people. If it is a prevention then one vaccination should be sufficient. If, as they say, the disease is carried in a person's clothing then certainly the clothing should be vaccinated also.

During the epidemic of smallpox referred to above in Philadelphia the Eclectics depended principally upon the following prescription:

℞ Pulv. Bayberry Bark, ʒss.
Pulv. Ginger, ℥i.
Pulv. Capsicum, ʒi.
Pulv. Cimicifuga, ℥ii.

Mix. Sig. Put in one quart of water and steep for fifteen minutes, strain and sweeten. Drink a wineglass full every four hours. Bathe the surface of the body in lye water and whiskey, three times a day. Give a powder once in two hours composed of one-half grain hydrastis and two grains of quinine.

Five grains of the third decimal ferri phos. added to

a cup of hot water and given in teaspoonful doses every half hour will control the fever and keep the skin moist. The best local application, for the eruption, is to sponge the patient all over with warm water and castile soap. Then apply the following:

℞ Fl. Ext. Hydrastis, ℥i.
Glycerine, ℥v.

Mix. Sig. Apply with a large camel's hair brush after the sponge bath. This should be done three times a day to prevent pitting.

In the more severe cases with great prostration, hemorrhages, etc., baptisia is the needed remedy. In seventy-two cases treated with baptisia alone none died. Dose, add twenty drops tincture baptisia to four ounces of water; mix and give teaspoonful every hour. It should never be omitted in smallpox.

For the severe headache, delirium, intolerance to light, belladonna should be prescribed. Dose, five drops tincture belladonna in four ounces of water; give teaspoonful once an hour. When the eruption suddenly sinks in and the pustules dry up you must stimulate the patient with camphor. Dose, five drops tincture camphor in a wine-glass of hot water every half hour. If the face and eyelids swell up and there is redness like erysipelas apis mel is the indicated remedy. Dose, add ten drops tincture apis to four ounces of water; mix and give teaspoonful every hour.

Chicken Pox. If there is, in this disease, extreme restlessness, full bounding pulse, aconite is the remedy needed. Dose, five drops tincture aconite put in four ounces of water and a teaspoonful of the mixture is given every hour. For the soreness of the mouth,

vesicles on the tongue and to dry up the eruption kali mur. is the best agent. Dose, place five grains of the third decimal, kali mur. in four ounces of water and give a teaspoonful once in half an hour. For the itching of the skin apply the glycerole of hydrastis. (See smallpox.) As an antiperiodic you should give two grains of the third decimal trituration arseniate quinia once in four hours.

Yellow Fever. In the very beginning of an attack, or where a person has been exposed to this fever, see that a "lime sweat" is taken. (See hydrophobia.) It will modify the action of the virus and render the attack more mild. For remedies we have aconite and belladonna the most frequently indicated to lower the temperature and lessen the congestion. They may be used as follows:

℞ Tr. Aconite.
Tr. Belladonna, a. a. gtts. v.
Aqua, ℥iv.

Mix. Sig. Teaspoonful once an hour.

For the gastric symptoms ipecac is the most frequently indicated. When there is dizziness, slight chills, pain in the back and limbs, uneasy feeling at the epigastrium, nausea, vomiting and faitness you should prescribe ipecac. Dose, add twenty drops of the third decimal dilution tincture ipecac to four ounces of water and give a teaspoonful every hour. In the cold stage camphor is the indicated remedy. Dose, three drops in a teaspoonful of hot water every ten minutes. When there is violent vomiting and retching, the vomitus is dark green, slimy, may contain blood (black vomit), liver sore, patient cold, cadmium

sulph. is the remedy that should be prescribed. Dose, two grains, third decimal cadmium sulph. every two hours. When there are hemorrhages and the disease is malignant crotalus horridus is the remedy. Dose, three grains, sixth decimal, crotalus horridus once in two hours. Our homeopathic friends regard this remedy, " without a peer in actual clinical work in yellow fever." That school of medicine has been especially successful in this disease. In 1853 in an epidemic of yellow fever in Philadelphia, we learn from the official reports that the mortality under old school treatment was eighty per cent. In Natchez, Miss., in 1853 Drs. Holcomb and Davis, homeopathic physicians, treated 555 cases of yellow fever with only forty-three deaths. Please note the difference in the results of treatment by the two schools of medicine.

CHAPTER XVI

SPECIAL REMEDIES FOR HEADACHE

Extract from the Preface

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CHAPTER XVI

SPECIAL REMEDIES FOR HEADACHE

CONGESTIVE HEADACHE. When there is fullness, heaviness of the head, throbbing of the carotids, face flushed, booming in the ears, sensitiveness to noise, the pulse gives an impression of fullness and tension, veratrum viride is the indicated remedy Dose, five drops, first decimal dilution, tincture veratrum every hour, while the headache lasts, then three times a day. Stout plethoric full-blooded girls and women often have such headaches; their menses are usually scanty and frequently suppressed.

When the face is red, conjunctiva congested, eyes staring, pupils dilated, head feels confused, bigger than it ought, throbbing of carotids, pain worse on stooping or lying down, belladonna is the remedy to be prescribed. Dose, add five drops tincture belladonna to four ounces of water; mix and give a teaspoonful every half hour.

In congestive headaches, where the face is intensely red with throbbing carotids, *relieved* by *profuse nose bleed,* meliotus alba must be given. Dose, put ten drops tincture meliotus into four ounces of water; mix and give a teaspoonful every hour.

When the throbbing headache seems to rise from the neck and the throbbing of the carotids can be seen, the blood vessels are full to bursting, head feels heavy but cannot be laid on the pillow, face deep red, sharp pains accompany the throbbing. This kind of a head-

ache may be caused by delayed menstruation or may be the warning symptoms of puerperal convulsions. Glonoin second decimal dilution, should be given for this headache. Dose, add ten drops second decimal dilution to four ounces of water; mix and give teaspoonful doses every fifteen minutes until relieved.

When the headache begins at the cervical region and extends over the head, causes a sensation of bursting in the forehead and eyeballs, patient desires to lie with his head high on the pillow, wishes to be quiet and left alone,—this headache is relieved by profuse urination, gelsemium is the drug needed. Dose, add thirty drops of the third decimal dilution, tincture gelsemium to four ounces of water. Mix and give a teaspoonful every half hour.

When there is great restlessness, bursting headache, full bounding pulse, brain feels as if it were boiling, worse during motion and after sunstroke, aconite is the remedy. Dose, add five drops tincture aconite to four ounces of water; mix and give a teaspoonful every hour.

When the pain extends from the occiput all over the head, there is agonizing distress, face pale, extremities cold and livid—the headaches of women at the climacteric and in drunkards—secale cornutum is the indicated remedy. Dose, five drops tincture secale every half hour.

Headache with congestion of blood to the brain, flushed face, very nervous, cannot sleep, should have caffeine prescribed for it. Dose, three tablets of the first decimal every hour.

When a patient has had a sunstroke and suffers from headache every time he goes out in the sun, or on the

return of hot weather, or when any mental labor causes headache natrum carb. is the needed remedy for relief. Dose, three tablets of the third decimal trituration, natrum carb. every hour. If the patient is subject to headache every time he goes out into the sun tincture usnea barbata is the indicated remedy. Dose, add five drops to a glass of water; mix and give a teaspoonful every fifteen minutes. In sunstroke give glonoin as given under congestive headache.

Nervous Headache. Headache that is caused by over-exertion, shopping, pain worse on the left side pressing the temple, constant desire to expectorate, saliva is of a viscid character, pain relieved by rest, lying down, epiphegus is the drug required. Dose, five drops of the second decimal dilution, tincture epiphegus every fifteen minutes until relieved.

Brain Fag. The headache of students and business men, which is brought on by the slightest mental emotion or exertion, pain at the back of the head and is apt to extend down the spine, patient feels tired and heavy, feels better if the head is bandaged tightly, needs picric acid. Dose, three tablets of the sixth decimal picric acid every hour. When the head feels as if a nail were driven out through the side, and is relieved by lying on it, the attack terminates in vomiting and passage of a large quantity of urine, and in nervous hysterical patients given to sighing and weeping, ignatia is the remedy to be prescribed. Dose, add ten drops tincture ignatia to four ounces of water, mix and give a teaspoonful every hour Headache from severe mental exertion, brain fag, patient feels despondent, looks on the dark side of everything, has an empty, gone feeling in the stomach, needs kali phos. Dose, three tablets

of the third decimal trituration every two hours. Headache with crushing weight on vertex, in the occiput and nape of the neck, made worse by motion, relieved by lying down, the legs tremble and are weak, patients often become indifferent to the affairs of life, demands phosphoric acid dilution. Dose, add fifteen drops to a glass of water; mix and give a teaspoonful every two hours. Morning headaches which begin on waking and last until noon, headaches from fatigue, involuntary twitching of the eyelids should be given the second decimal of codiine. Dose, three tablets every hour. Headaches that begin in the base of the brain in the morning and spread over the head locating in the eye, orbit and temple of the *left* side call for the third decimal dilution of spigelia. Dose, add fifteen drops to a glass of water; mix and give a teaspoonful every half hour. Pain in the forehead over the right eye, which is very sensitive to the touch, he cannot open his eyes during the paroxysm, pain is throbbing, worse from looking at bright lights, relieved by sleep, should be given coccinella sept. Dose, place fifteen drops of the third decimal dilution tincture coccinella in four ounces of water; mix and give a teaspoonful every hour. Many cases of nervous headaches call for belladonna. (See the indications under congestive headaches.)

Headache from Eye Strain. When the eyes feel weary and ache as if strained, or they burn like *balls* of *fire* as the result of too close application to fine sewing or study, ruta grav. is the indicated remedy. Dose, add ten drops tincture ruta to four ounces of water; mix and give a teaspoonful every two hours. When there is headache from eye strain with a feeling of *stiffness*

and bruised sensation of the muscles of the forehead cimicifuga is the drug which should be used. Dose, five drops of the first decimal dilution every two hours. In megrim when there is a dull, heavy, pressing pain starting in the occiput and extending to the frontal region, worse in the morning, mostly on the left side, headache caused by over strain, onosmodium should be prescribed. Dose, add ten drops of the third decimal dilution to four ounces of water; mix and give a teaspoonful once an hour.

Sick Headache. When the pain is in the forehead over the eyes, eyeballs painful, vomiting bitter, green-looking matter, pain in the liver and cramp-like pains in the abdomen will need chionanthus as the remedial agent. Dose, five drops of the second decimal dilution, tincture chionanthus every three hours. This remedy has helped to cure several cases of sick headache. I gave the chionanthus to a druggist in Ohio for sick headache, who had tried everything he could hear of, and it cured him. Before an attack, when the patient feels it coming on, put two teaspoonfuls of powdered charcoal in half a glass of water, and drink it all at once. This will frequently prevent the attack. One or two teaspoonfuls of cascara cordial taken in the morning will avert its appearance many times. When the pain begins in the back of the head, spreads over the head and is most severe in the forenoon, pain is so intense that the patient cries out in anguish, it shifts from side to side niccolum is the indicated remedy. Dose, three tablets of the sixth decimal every hour. Epiphegus is sometimes indicated in such headaches. (See indication for it under nervous headaches.)

Periodical Headaches. Headaches coming on at a cer-

tain time each day, often complicated with malaria calls for quinine. Dose, three tablets of the third decimal once in two hours. Headaches where the head feels as if it would split open, worse by stooping over, coughing ironing or moving the eyes, nausea and faintness when trying to sit up requires bryonia and is generally met in *hot* weather. Dose, add five drops tincture bryonia to four ounces of water; mix, teaspoonful every hour. When the headache appears after the menstrual period (whether scanty or profuse menses) pain comes on in paroxysms, intense, throbbing, headache, apt to occur mostly in the anemic persons, natrum muriaticum. Dose, three tablets, of the sixth decimal, every two hours.

Curing headaches is one of the weak points with the average doctor. The women with the headache " we have always with us, and when we will we can do them good." Instead of leaving them to experiment with coal tar " headache cures " study each case carefully and adapt your remedies to it. The results obtained will win the gratitude of the sufferers and put many a dollar in your pocket.

CHAPTER XVII

SPECIAL REMEDIES FOR DIARRHEA, VOMITING AND IMPOTENCE

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

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CHAPTER XVII

SPECIAL REMEDIES FOR DIARRHEA, VOMITING AND IMPOTENCE

FOR the past eighty years the Eclectics have used Syr. Rhei et Potassa (Neutralizing Cordial) as a good all round remedy for diarrhea. Dose, for adults one teaspoonful once an hour; children in proportional doses. It is one of the remedies that helped to give the fathers of the Eclectic School their splendid reputation in the treatment of cholera in 1832 and 1849. Under allopathic treatment the mortality in Cincinnati, Ohio, in 1849 was fifty per cent. Of 1,094 cases of cholera treated by Eclectic physicians there were only thirty-six deaths, less than four per cent. (3.28). The *Western Lancet* (regular) for July, 1849, while the cholera was still raging, speaking in behalf of the allopathic physicians, observes " that of the cases of true cholera, with rice water discharges, at least *one-half of the cases in this city, as everywhere else, proved fatal.*" The above record is a startling contrast between the treatment of the Eclectics and regular physicians in this disease.

In bilious diarrhea, a teaspoonful of the Comp. Syr. Rhei et Potash once in three hours will usually be sufficient. For mucous diarrhea I like the following prescription:

℞ Podophyllin, grs. ii.
Sacch. Lactis, grs. xviii.

Mix. Make twenty powders. Sig. One powder night and morning.

When there are copious watery discharges we may use this prescription:

℞ Tr. Camphor.
Tr. Capsicum.
Tr. Ginger.
Tr. Rhubarb.
Tr. Opium, a. a. ʒii.
Brandy, q. s. ℥ii.

Mix. Sig. Teaspoonful in a little hot sweetened water every half hour until relieved. When the diarrhea is painless, non-debilitating, preceded by flatulence in the abdomen, discharges are watery, white or yellow, may be involuntary, phosphoric acid is the remedy needed. Dose, put fifteen drops of the third decimal dilution in half a glass of water; mix and give patient a teaspoonful every two hours. In the alternate diarrhea and constipation of old people, with excessive flatulence, stools white and lumpy, antimonium crudum should be prescribed. Dose, three tablets of the third decimal every three hours. In diarrhea with severe agonizing, twisting pain, causing the patient to bend double and press firmly on the abdomen, colocynth is the indicated remedy. Dose, put five drops tincture colocynth in a half glass of water and give the patient a teaspoonful every hour. When there is profuse diarrhea with vomiting of watery material with sharp, cutting, colicky pains, and offensive greenish stools, cuprum arsenicum is the remedy to be used. Dose, three tablets of the sixth decimal every hour. In the diarrhea of children during the summer months I have used the following prescription with good success:

℞ Magnesia Carb., grs. x.
Essence Anise, gtts. x.
Syr. Ginger.
Syr. Rhei, a. a. ℥i.

Mix. Sig. From ten to twenty drops (according to age) once an hour. I have used this prescription since I first began to practice medicine with great success. In one case of a child that had been given up to die in one of the hospitals in New York City this remedy saved its life. Many of my families, when I was in general practice, kept it in the house all the time to give their babies.

When there seems to be a sense of weakness in the splincter ani and the rectum, stool passes involuntarily, rectum feels full of heavy fluid, patient must get to the closet at once, jelly-like mucus passes in great masses —*large solid chunks*, aloes is the remedy that should be given. Dose, three drops tincture aloes every two hours. When there is tenesmus and a "never get done" feeling, stools watery, profuse, slimy, contain traces of blood, tincture henchera americana is the remedy. Dose, five drops once in two hours. (See chronic diarrhea in Diseases of Stomach and Intestinal Canal.)

Vomiting. In any sickness accompanied with *persistent* nausea, patient *not* relieved by vomiting, just as sick after vomiting as before, you should always think of ipecac. Dose, put two drops tincture ipecac in a half glass of water and give one teaspoonful every hour. When large quantities of fluid are vomited, with intense thirst—the water is thrown off the stomach as soon as it is swallowed, although solid food is retained for some time—do not forget bismuth. Dose,

three tablets of the second decimal every hour. When the vomiting is violent and forcible, consists of food, mucus, bile and blood, cold sweat on the forehead, with burning internally, veratrum album is indicated. Dose, add five drops tincture veratrum album to half a glass of water and give a teaspoonful of water every hour.

In small children, during the second summer, there may be gastric irritability of which vomiting is the marked feature. In such cases amygdalis persica is the necessary drug to obtain a cure. The tincture used should be made from the fresh bark of the young twigs. Dose, add twenty drops tincture amygdalis to half a glass of water; mix, give teaspoonful every half hour. Five drops tincture amygdalis once in two hours has cured many cases of " morning sickness " in pregnant women.

A painful feeling of emptiness, an " all gone " feeling in the stomach, faintness in the stomach will be cured by the use of the fourth decimal trituration of sepia. Dose, three tablets once in three hours. If vomiting of pregnancy is present with these symptoms do not forget the sepia as described above. Nausea and faintness caused by the smell of food cooking with vomiting of blood and bloody stools call for the third decimal dilution of colchicum. Dose, five drops once in two hours.

In cases of nausea and vomiting I apply a mustard paste over the pit of the stomach and take it off as soon as it reddens the skin. Such patients find that clam broth agrees with the stomach the best of anything and helps also to settle the stomach.

Impotency. The impotent man, the man with " lost manhood " and nervous debility has proved a gold

mine to a certain class of physicians. From my book of experience, I will try to tell the reader how cases like the above can be treated rationally and successfully. Had the regular school of doctors been able to treat such cases successfully themselves, we would never have had such things as "Doctors for Weak Men," etc., etc., filling the papers with their "ADS." When we have nervous irritable patients, who imagine they are not competent to perform the duties of a husband, have lost confidence in themselves, have the discharge, too soon, more or less leaking of semen at stool and with the least sexual excitement, they are frequently called impotent—and they think they are—when they are only neurasthenic. We have two remedies which just meet the indications in such cases. First, prescribe Fl. Ext. avena sativa (Parke Davis & Co.) twenty drops after each meal and at bedtime in a little water. The above remedy strengthens the nerves while it calms them at the same time. To give these patients, strychnia, cantharides or phosphorus would excite the nerves and do them harm. Second, in connection with the avena give them the third decimal trituration of kali phos. Dose, three tablets every three hours. Kali phos. is a "nerve food" and the best in any materia medica. Now suppose we have impotence in men who have "gone the pace," men on the down hill grade, who find there are times when they "can't make good" and are clamoring for help, what shall we do to help them? Such patients should be given granules of 1/134 grain arseniate strychnine, two every three hours, in alternation with phosphoric acid dilution five drops once in three hours. Teachers, students and professional men who, through too much

study have become impotent, should be given picric acid, especially when there is prostration from any attempt to use the mind, and there is pain in the forehead and back of the neck, the patient feels tired and heavy. Dose, three tablets of the sixth decimal before each meal. These patients should also be given three tablets of the sixth decimal of lycopodium after each meal. The above is an ideal treatment for such cases.

In women who have become sterile through too hard work, too frequent childbearing and a general breaking down of the whole system we should prescribe the Fl. Ext. saw palmetto. Dose, twenty drops after each meal and at bedtime in a little sweetened water. It will put new life and vigor into them and generally restore the sexual passion. In persons prematurely old, those who have suffered from sexual abuse, genital organs, cold, relaxed and flabby, loss of memory, patients sad and fear approaching death, you should prescribe tincture agnus castus. Dose, five drops once in three hours. When any kind of labor exhausts the patient, erections are too slow, too weak and he has the discharge too quick in coition, he is cross and weak afterwards, prostatic fluid oozes while sitting, walking, or when he is asleep or at stool, he is emaciated, especially in face, hands and thighs, you must give the sixth decimal of selenium. Dose, five tablets night and morning.

Tea drinking weakens the nerves and causes an escape of the semen. It must be abstained from or you cannot cure your patient. Coffee and tobacco had also better be cut out of the diet if your patients are anxious to get well.

CHAPTER XVIII

SPECIAL REMEDIES FOR DIPSOMNIA

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER XVIII

SPECIAL REMEDIES FOR DIPSOMANIA

THERE are many victims of the "Drink Habit" who can often be helped by proper medical treatment. Frequently a physician is called upon to prescribe for a man who has been on a "spree" and wants to get sobered up and be a man once more. Others want help to get rid of the habit. A physician can be of great assistance in such cases with the indicated remedy.

The first thing to do is to get your patient "sobered up"; get the liquor out of him and clear out the brain. Fortunately we have a remedy that can be depended upon to meet just such cases. It is a decoction of apocynum canabium, prepared by Boericke & Tafel, of Philadelphia. Give your patient a teaspoonful of this preparation in a glass of water; have him drink it all. Then put three teaspoonfuls of the decoction into a glass of water and direct that two teaspoonfuls of this mixture shall be taken every half hour. This treatment may be kept for six to twelve hours, cutting down the allowance of liquor. It will sober a drunk the quickest of any known remedy.

Under some kinds of treatment it takes weeks and months to get over a spree, but with the use of this remedy they are brought round in a few days. It stops the craving for the regular drink. To follow up the treatment give one teaspoonful of the decoction in a glass of water three or four times a day until no de-

sire for liquor remains. The continued use of liquor, especially whiskey, weakens the stomach and creates the "morning vomiting" of drunkards. The nerve power of these victims of liquor is low; the vitality is weak. They are simply wrecks cast upon the shores of time. The hypophosphite strychnine, 1/34 grain, given in doses of two granules every three hours, will help the vomiting and strengthen the nerves.

Many a man may be saved if when he feels the "restlessness and longing" for a drink to brace him up, you could give him a hypodermic injection of nitrate strychnine one-thirtieth grain once or twice a day. It helps to tide him over, calms and strengthens his nerves and saves him from going on a spree. These men should have our sympathy; if any persons on earth need our help as physicians it is these same victims of alcohol.

CHAPTER XIX

SPECIAL REMEDIES FOR THE PREGNANT WOMAN

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

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CHAPTER XIX

SPECIAL REMEDIES FOR THE PREGNANT WOMAN

IN one of our Medical Journals I read that a doctor should have thirty-three instruments and fourteen remedies in his trunk; then he is prepared to attend an obstetric case. In the four thousand hours of instruction given to medical students in Philadelphia during the winter, fifty per cent. of the time is devoted to surgery. Thus it would seem that the colleges deem it much more important to know how to "cut up" a patient than to know how to cure them. How much time is given to teaching students how to prepare a pregnant woman for her "hour of trial"? None at all. To-day great stress is laid upon the "operative" treatment of midwifery. As a result of such teaching the average doctor goes to an obstetrical case with visions of turning, abnormal presentations, convulsions, flooding, instrumental delivery, etc. He expects trouble and he generally gets it. One thing he always seems to forget is that child birth is a natural process of Nature, and that meddlesome midwifery is bad and in most cases entirely uncalled for. That in nine cases out of ten Nature will do the work if we let her alone and don't "butt in." The young doctor is impatient; he is in a hurry, he likes to make a "play to the grand stand" by the use of instruments, and collect an additional fee for applying the forceps. He tells the husband all kinds of ghost stories of what will happen to the woman if he does not deliver her with

instruments. He is prone to inject some kind of "dope" into her or apply chloroform to kill the pain. This kind of treatment makes business for him later. If the pains are not strong enough to suit him he gives ergot. That remedy causes powerful contractions of the uterus and has killed thousands of babies in this world. The use of instruments to deliver a woman at confinement is the cause of 60,000 women in the United States being affected with cancer of the uterus. The use of chloroform or some kind of dope to kill pain makes invalids and business for the gynecologists. In my student days I attended lectures on obstetrics under four different teachers of that branch of medical study. Two of them were practical men and their teaching was along practical lines. They had the largest obstetrical practice in their respective cities and in their thirty years' practice had never used the forceps to deliver a woman at confinement. In my own practice of forty years I have never used the forceps or had a pair in my possession. During that time I have attended three hundred cases of confinement and have never lost a woman during or after her confinement. I have never had a case of laceration of the perineum or puerperal convulsions in *my own practice* although I have seen them in the practice of other physicians. Why did I not meet with such cases in my practice? Because I always put the woman under the proper course of preparatory treatment, before the expected labor.

The Indian women never have a doctor in confinement. They know how to treat themselves. They drink squaw wine—partridge berry tea before the confinment and thus have a quiet and easy labor. The

Eclectics have used the mitchella repens (partridge berry) for the past seventy-five years as a preparatory treatment for child birth and it has given them splendid success in obstetrics. When I have a case of confinement to attend, I always give the woman, about two months before the expected time, the following remedy:

℞ Spec. Med. Mitchella, ℥iv.
Fl. Ext. Cimicifuga, ʒiv.
Syr. Sarsaparilla, q. s. ℥viii.

Mix. Sig. Teaspoonful after each meal and at bedtime.

When this remedy is used beforehand as directed, I have had no postpartum hemorrhage or convulsions. The labor is generally quick and easier than it would be without this preparatory medicine. If albumen appears in the urine previous to full term you should give Fl. Ext. Eupatorium purpurium. Dose, fifteen drops three times a day. This will speedily clear it up. I would urge upon my brother physicians to lay aside their prejudice and give these remedies a fair trial in their cases of expectant labor. If they will it will prove a Godsend to thousands of expectant mothers. If there are symptoms of abortion—pain and flowing—give half a teaspoonful of Hayden's Viburnum Compound once in two hours in a little cold water. In theratened placenta previa this remedy has helped me delay the accident. In a case of false conception where it seemed as if the woman would flow to death Hayden's Viburnum Comp. gradually checked the flooding.

Some women have a weak heart in pregnancy.

These should be given three drops tincture digitalis three times a day to strengthen the heart's action. Many cases of sudden deaths during child birth could have been avoided if the heart had been stronger and no powerful arterial sedative had been given to weaken its action.

Pregnant women are frequently troubled with constipation. Cascara cordial will prove very beneficial in such cases. Dose, one to two teaspoonfuls at bedtime. For hemorrhoids you should give tincture aesculus (horse chestnut) five drops night and morning. Apply black molasses to the little tumors, push them back into the rectum and apply a small pledget of absorbent cotton against the anus to keep the molasses from soiling the clothes. If this is done a few times after each movement of the bowels it will cure the hemorrhoids. Pregnant women will often crave chalk and suffer from the toothache. It is the demand of the system for lime. Let her nibble a piece of chalk several times a day, or give her five grains phosphate lime three times a day. It is the best way to cure the toothache in a pregnant woman and when the child is born there will be more probability of a healthy child, and you will have less trouble during dentition. To harden the nipples the yolk of an egg and glycerine, equal parts, is a good remedy. Apply once or twice a day, a month before the expected confinement. The "morning sickness" is a great cause of distress to the pregnant woman. Inserting the index finger three quarters of an inch inside the neck of the uterus to dilate the external os has cured many cases. In my practice oxalate cerium five grains three times a day has proved effectual, or ten grains of ingluvin after each spell of vomiting.

Plethoric women are often troubled with nervousness, are "figity," have horrible dreams, are frequently wakeful, in such instances bromide soda is the needed remedy. Dose, five to ten grains once in six hours. In cerebral congestion, flushed face, cold hands and feet, throbbing carotids, veratrum viride is the needed remedy. Dose, five drops of the first decimal tincture veratrum, once an hour for three hours, afterwards once in three hours. For the hysteria and hysterical spasms sometimes present you should give bromide camphor. Dose, five grains first decimal, every fifteen minutes until relieved. Sometimes there will be trouble with the bladder and your pregnant woman complain of being obliged to urinate very often. In such instances tincture staphisagria is the indicated remedy. Dose, five drops of the sixth decimal every two hours. Cramps in the calves of the legs during the latter months of pregnancy can be helped by five drop doses of tincture viburnum opulus, once an hour. For pain and soreness of the abdomen in the last month I like bathing the part with one ounce warm sweet oil to which has been added one fluid drachm tincture arnica. The abdomen should be bathed each night during the last month of pregnancy. Some women are very cross when pregnant, nothing pleases them. For such cases we have our chamomilla. Dose, add twenty drops tincture chamomilla to a glass of water; mix and give a teaspoonful every two hours. Pain under the left breast is often met with in pregnant women. Give these cases two grains first decimal macrotin once in three hours. If the urine is scanty, sometimes dark, at other times profuse and watery with edema of the face and feet, digitalis is the remedy. Dose, two

grains second decimal digitalin once in three hours. If there is anemia ferrum first decimal should be given.

Dose, three tablets after each meal. The adminstration of this remedy will often prevent hemorrhage after labor in women who are predisposed to it. If a woman in the last stages of pregnancy becomes enfeebled, pale, anemic, dyspeptic, urine excessive or deficient in quantity—sometimes albuminous, great depression of spirits, helonias is the remedy, especially when simulating Bright's disease. Dose, three tablets of second decimal helonias once in two hours. The "mitchella comp." as mentioned in the early part of this chapter to be given before confinement will help those "cramp-like" pains of women in the latter months of pregnancy. In some women you will get excessive salivation during some part of their pregnancy. For this condition jaborandi is the remedy. Dose, three tablets of the second decimal three times a day. A dropsical condition is one of the distressing complications sometimes met with in pregnancy. The best remedy to remove the dropsy is Ext. elaterium. Dose, one-tenth grain every four hours. It will produce profuse diuresis and fluid discharges from the bowels; it has prevented coma and convulsions in the uremia of pregnancy. For the heart burn which frequently presents itself you can give a teaspoonful of elixir Lactopeptine or peptenzyme after each meal. Do not tell the woman (as some doctors do) when called to prescribe for the ailments of a pregnant woman, "Oh, it's your condition; you must expect all these things until after you are confined." Such a doctor should be discharged and one engaged who knows how to care for a woman during pregnancy. A physician who is not capable of

carrying a woman safely through the disorders of pregnancy should not be trusted to attend her at the time of her confinement.

You may be called to a case of severe flooding during confinement and such cases are "something one never forgets." If ever a doctor needs to have the right remedy it is then. I have used a remedy which has never failed me even in the worst cases. Every doctor should keep it in his satchel and have no fear of the "bleeders." It is the following:

℞ Sulphuric Acid (by weight), ʒv.
Oil Turpenine, fl. ʒii.

Mix. Place the acid in a wedge wood mortar, slowly add the turpentine to it, stirring the mixture constantly with the pestle. Then add alcohol 503 minims in the same manner, constantly stirring until all the fumes arise. Place it in a well secured glass stoppled bottle. If properly made the mixture will be dark red color like dark blood, but if it is a pale dirty red color it is not fit to use. After a few days a pellicle forms on the surface which must be broken and the fluid below it used when needed. Dose, into an ordinary tea cup place a teaspoonful of brown sugar, add forty drops of the above mixture, mix them thoroughly together; slowly stir in water until the cup is nearly full. This should be immediately swallowed by the patient. Repeat the dose in an hour if it is needed. This is called "Warren's Styptic Balsam," and was used by him for hemorrhages from the uterus, stomach, lungs and nose. It is one of the remedies handed down to us by the fathers of the Eclectic School of Medicine.

It is well to instruct your patients when they feel the first labor pains to take an enema of warm water to clear out the bowels; it also helps to relax the rigid os. If the pains are not regular and as strong as they might be, place twenty drops of tincture cimicifuga in a glass of water. Mix and give a teaspoonful every half hour. It will produce natural pains and hasten delivery. It will not hurt either mother or child. When the patient is nervous, restless, and the os is rigid, the quickest way to overcome the rigidity is to give ten drops of Lloyd's Spec. Med. jaborandi every half hour. One or two doses will produce profuse diaphoresis; it soothes the patient, she bears her pains better, the rigid os relaxes, it dilates more rapidly and in a short time the labor is terminated satisfactorily. This takes the place of the forceps and "dope" or chloroform.

When the pains are pressing down upon the bladder or rectum and the patient imagines she must urinate or have a stool, nux vomica is the remedy. Dose, five drops tincture nux vomica in a glass of water; mix and give a teaspoonful once an hour. You will have patients that are cross and peevish. They are very sensitive to the least pain and exclaim continually, "Oh, I can't bear this pain!" Give them tincture chamomilla. Dose, add twenty drops to four ounces of water; mix and give a teaspoonful every hour.

When the vitality of the patient is low, she is worn out with worry and trouble of some kind, patient restless, tearful and nervous, she should be given kali phos. Dose, add five grains third decimal, kali phos. to a half cup of warm water and give the patient a teaspoonful every fifteen minutes. It will put new life and energy into her, strengthen her nerves and bring on strong

vigorous pains which will soon terminate the labor. Your patient expects you to help her in her hour of trial and wants you to do something for her. Study her symptoms carefully and give the remedy indicated. If the afterbirth does not come away with the child, wait a few moments for the woman to get her breath, then grasp the hand firmly over the uterus, tell the woman to bear down and one or two pains will expel the placenta. For the after pains put twenty drops tincture gelsemium in a glass of water; mix and give a teaspoonful every half hour. If your patient seems to be flowing more than she ought put a teaspoonful of pulverized cinnamon in a cup of hot water and give a teaspoonful every few minutes. It will check the flow to about the natural quantity.

When the shoulder presents, fold up quilts two feet square, and pile them in the middle of the bed, about eight inches high. Let the woman kneel on this pile of quilts, bringing her face down forwards upon the bed. Pass your hand into the vagina, well oiled and if the shoulder, uterus, child and all have not already passed back, press very gently and they will by gravity pass down and back. Follow with the hand extended, when the fingers will readily grasp the head; and by the aid of a pain, it will approach and engage in the superior strait. Retaining the grasp with the fingers, lay the woman on her left side or back and you will have a natural presentation. My object in relating this method is, that it is far better than the old rule—*to turn and deliver*—and can be easily accomplished in less than two minutes, besides being altogether free from danger both to mother and child. I trust, before long to see the method brought more prominently be-

fore the profession; and I am certain that all who try it will be delighted with the results.

During the years that I practiced obstetrics in a town of 10,000 inhabitants, I had more cases of obsterics than any of the other physicians. The women liked my method of treating such cases. They got up nicely after their confinement and there were no bad after effects. All I tried to do was to assist " Nature."

CHAPTER XX

SPECIAL REMEDIES FOR THE NON-SURGICAL DISEASES OF WOMAN

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER XX

SPECIAL REMEDIES FOR THE NON-SURGICAL DISEASES OF WOMEN

I AM well aware of the fact that the average physician in this country is not well posted in the medical treatment of the diseases peculiar to women. Many cases are sent to specialists to be treated or to have an operation performed. All this takes just so much money out of the pocket of the general practitioner. He should make it his business to know how to cure such cases himself. It is the fad among many doctors to operate on women for about all the ailments they have. Thus it is that our American women are being mutilated, unsexed, degraded to gratify the surgeons' greed for operations.

Our country expects so much of her mothers, for "the hand that rocks the cradle is the hand that rules the world." How can a woman perform the duties of a wife and mother when she has been unsexed? It is no credit to any school of medicine to be obliged to admit that they cannot cure the most common ailments of women without an operation. It is one of the sins that we as a profession are being called to answer for before the "bar of public opinion."

From my book of experience I will try and tell the reader how I treat such cases by medicine.

Girls at puberty, when their menses are delayed, develop headaches, wandering pains, chorea, and sometimes hysteria and epilepsy. There is one remedy in-

dicated in such cases. Caulophyllum in the form of leontin (Lloyd's), given in fifteen drop doses in a little sweetened water once in three hours. A girl may be anemic; she does not "come round" because she has not the blood to spare. We can aid Nature in this crisis by ferrum. When the face and lips are pale, of a bluish color, the face becomes red from the least pain or emotion, we should prescribe three tablets once in three hours of the third decimal trituration of ferrum. If the girl complains of cold hands and feet, and has a dry, rough skin with suppressed menses, or they may be irregular, seven drops of tincture sanguinaria three times a day will cure.

If the menses are delayed by wet feet, in a woman of a mild, gentle disposition pulsatilla will be found valuable. Add xx. gtts. tincture pulsatilla to aqua ℥iv. and give teaspoonful doses once an hour. If, with the suppression of the menses, the patient is extremely restless, skin dry and hot, vagina dry and hot, twenty gtts. of the third decimal dilution of tincture aconite in a glass of water—teaspoonful once an hour—will remove the disagreeable symptoms.

In amenorrhea of young girls with aching pains in the hips and loins, a feeling of weight and tension in the loins, tincture polygonum punctatum is the remedy. Add tincture polygonum ʒii. to aqua ℥iv., and give teaspoonful once in three hours. For irregular menstruation with uterine or cervical leucorrhea, that replaces the menses, we need tincture senecio aurens. It is the female "regulator." Add ʒi. of the tincture senecio to ℥vi. of water and give in teaspoonful doses once in three hours. For profuse menstruation, where there is pain extending from the back to the pubes and

the blood is partially clotted and partially fluid with a discharge of blood, sometimes, between the periods, sabina is the remedy. Put ten gtts. of tincture sabina in a glass of water and direct your patient to take a teaspoonful once an hour. If the menses are too frequent—come every two weeks and last seven or eight days with profuse, yellowish leucorrhea between the periods—the second decimal trituration of trillum should be administered. Give three tablets four times a day.

In some women the menses are dark colored with many clots; the menses are long continued, a slow, persistent, oozing discharge of blood; the os has a soft, spongy feeling and is somewhat dilated. For such a condition the ustilago maydis is the remedy. Give three tablets of the first decimal trituration three times a day. If the menses are black, viscid, clotted in long black strings and a sensation experienced as if there was something alive in the abdomen, the tincture crocus sativa should be given. Direct your patient to take five gtts. of this remedy in a little water every three hours. For painful menstruation when the patient has intense cramping pains in the uterus, the menses are scanty and a heavy congested feeling in the ovaries, viburnum opulus is an excellent remedy. I have relieved many cases by tincture gelsemium, eights gtts. once in fifteen minutes. The best prescription for the relief of such cases is:

℞ Tincture gelsemium, gtts. xx.
Tincture viburnum Op. ʒii.
Leontin (Lloyd), ʒiii.
Simple syrup, q. s. ℥vi.

Mix. Sig. Teaspoonful once in half an hour until relieved.

To cure such cases I prefer Fl. ext. viburnum prunifolium, xx. gtts. in a half teaspoonful of simple elixir four times a day—to be administered between the periods. Magnesia phosphate is indicated in cramping pains relieved by heat, and when the dysmenorrhea is of a purely neuralgic character. Ten grains of the third decimal trituration should be put in a cup of hot water and two teaspoonfuls given every few minutes. When the pain is of a griping, twisting nature—made worse by bending forward and lying down, relieved by standing on the feet and bending backward, the tincture of dioscorea will relieve. Add Tr. dioscorea ʒi. to aqua ℥iv. and give one teaspoonful once in half an hour. In congestive dysmenorrhea with throbbing headaches, in plethoric girls and women, where the menses are scanty and the pulse hard and tense, we should not forget tincture veratrum viride. Give five gtts. of the first decimal dilution three times a day.

In congestion of the os uteri, with the abdomen sensitive to external touch, with burning and stinging pains, a feeling of fullness as if everything was pressing toward the vulva, tincture belladonna is the remedy. Add twenty gtts. of third decimal dilution to a glass of water and give teaspoonful once an hour. In congestion of the os uteri with stitching pains, extending from the vagina to the umbilicus, a profuse leucorrhea of a fetid odor, sensation of a ball or weight in the rectum, flashes of heat, stomach feels empty, urine reddish, and very offensive and adheres to the bottom of the vessel, sepia is the remedy indicated. Prescribe three tablets of the sixth decimal trituration four times

a day. In ulceration of the os uteri with a discharge like pus I have always obtained good results from three drop doses of tincture belladonna given once in three hours. With the belladonna I have given in alternation three drop doses of Fowler's Solution once in three hours. Locally I use Micajah's Uterine Wafers, inserting one every other night between the menstrual periods.

For leucorrhea I depend upon hamamelin first decimal trituration, giving three tablets four times a day. In leucorrhea, where the discharge is milky white and non-irritating kali mur. should be given. I prescribe three tablets of the third decimal trituration once in two hours. When the uterus and its appendages feel as if they were being dragged out of the body, with a leucorrhea that comes on every few days in torrents of thick, yellowish discharge, the third decimal trituration of secale cornutum is the remedy. Give three tablets three times a day.

For pruritus of the vagina there is one prescription which I have used for years that has never failed to stop the itching of these parts. It is the following:

℞ Powdered borax, ʒiv.
Fl. ext. hydrastis, ℥ii.
Aqua, ℥iv.

Mix. Sig. Bathe the parts four times a day.

Internally we have one remedy especially indicated when there is a yellow leucorrhea, itching of the parts covered with hair, and bruised, painful feeling in the ovaries. It is fagopyrum esculentum. Three tablets of the third decimal trituration should be taken once in two hours.

In prolapsus uteri when there is a dragging sensation in the lower part of the abdomen, the back feels as if it were broken and pains extend along the outer side of the thighs; the patient talks about " her womb," is conscious that she has one and it is sore and tender, and there is a tendency to melancholia, helonias dioica is specially indicated. Give tincture helonius in ten drop doses three times a day. If there is pressure and bearing down as if everything would protrude from the pelvis, she feels as if she must sit close and cross her legs to prevent it, and there is a yellow saddlle across the nose and cheeks, sepia is the remedy. Prescribe three tablets of sepia sixth decimal trituration four times a day.

In displacements of the uterus with bearing down feeling, frequent desire to urinate, cannot walk on rough ground, only flows when she moves about, tincture lilium tigrinum should be used. Give in five drop doses three times a day. Locally I like the uterine wafers as mentioned above. In all the years of my practice I have never used pessaries, outside or inside, supporters, or had any operation performed upon any of my patients, yet I have never failed to cure the worst cases of prolapsus with the above treatment. In many cases of displacement of the uterus where pessaries, or supporters, are used the real cause of the prolapsus is because of the enlargement of the uterus. It is heavy and it drops from its own weight. From this it is evident how silly it is to try to keep it in its natural position by any mechanical support. When you can reduce the enlargement of the uterus you remove the cause and the position becomes normal. When there is an enlargement and a heavy bearing down feeling

fraxinus americanus is the remedy. Direct ten drops of the tincture to be taken three times a day. Many cases of enlargement of the uterus are called fibroid tumors of the uterus.

In metritis I have always depended upon tincture gelsemium and tincture macrotys, twenty drops of each in a glass of water. Teaspoonful every hour. Externally I use bags of hops and wormwood moistened with hot vinegar and changed every half hour. In chronic metritis with thickening of the cervical canal, menses too soon, yellowish leucorrhea, dragging sensations in the pelvic organs use third decimal trituration of aurum muriaticum, giving three grains one hour after each meal.

In acute salpingitis where there is acute, sharp, lancinating pain on the affected side, with tenderness on pressure aggravated by motion, I have depended upon ferri phos. third decimal trituration and kali mur., third decimal trituration, of each five grains in a cup of hot water, giving two teaspoonfuls every half hour. Apply locally bags of hops and wormwood moistened with hot vinegar and change every half hour. I saved a doctor's wife from a surgical operation by this treatment and cured her in a week's time.

A Greek philosopher wrote that woman was "an animal with a pain in her side and constipated bowels." For that pain in her side, just under the left breast, give macrotin, first decimal trituration. Dose, three tablets once in three hours.

Vaginismus of the newly married woman may make trouble in the family unless it can be remedied. I have used an ointment of hydrochlorate cocaine, five grains to the ounce of vaseline, the ointment to be ap-

plied to the inside of the vagina before retiring. In women who are thin, rigid and spare, with dark hair, platinum, sixth decimal trituration, is the remedy; give three tablets once in two hours. In congestion of the ovary, swollen and indurated, distress relieved from starting of the flow, menses scanty, black, and offensive, the sixth decimal dilution of lachesis is the remedy. Add ten drops to half a glass of water and give two teaspoonfuls once an hour. When from ovarian irritation we have burning, stinging pains and soreness in the ovary which is large and sensitive, tincture apis mel. will give relief. Place twenty drops in a glass of water and give one teaspoonful every hour. Pain in the right ovary, running down the right thigh, calls for podophyllin. Prescribe three tablets once in two hours of the sixth decimal trituration.

In nymphomania where the sexual desire is easily excited, the least touch of the sexual organs causes violent sexual excitement—menses are irregular with large clots, murex purpurea, sixth decimal dilution, is the needed remedy. Add twenty drops to a glass of water and give a teaspoonful once in two hours.

Sterility. Out of five hundred and five cases of sterility three hundred and forty-three had uterine displacements, or about two-thirds of the whole. There are three forms, prolapsus uteri, anteflexion or retroflexion. Study the symptoms of each case carefully and give the remedy indicated. Don't depend upon pessaries to cure such cases. The Almighty never intended that a woman should be *harnessed up like a horse.*

There are cases where the natural position during intercourse is not the proper one to induce conception. In cases of retroversion, if the position of husband and

wife are *reversed* during intercourse conception is more apt to occur. In anteflexion I have known cases where conception has taken place when the parties concerned had intercourse in the standing position.

Induration of the cervix uteri is another cause of sterility; conception cannot take place because the ovum slips out of the uterus before it is fertilized. We have one remedy which we can depend upon in such cases, Aurum Muriaticum Nat. (double chloride of gold and sodium). Give three grains of the third decimal trituration one hour after each meal. It will soften the indurations, increase the strength and appetite and, in two or three months, will often produce the result desired and the woman will be "in the way women like to be who love their lords." As a local application I like ichthyol and glycerine, equal parts, to be applied by means of a tampon pressed up against the os uteri. This tampon should be renewed once in twelve hours. In women with acrid leucorrhea, soreness, abrasions of the os uteri and vagina—there is membranous dysmenorrhea—borax is the remedy, administer in doses of three grains three times a day. Locally apply boracic acid on a sponge to which a narrow ribbon or string is attached. Roll the sponge in fine powdered boracic acid after it has been moistened in glycerine. Place the sponge in the vagina, push it up tight against the os uteria and allow it to remain for twenty-four hours, when it should be removed and a fresh one inserted. The borax has often produced conception and the labors after its use are easy. In vaginitis the leucorrhea is often of an abnormal acid condition, which is fatal to the life of the spermatazoa, thus preventing the desired conception. We may overcome this diffi-

culty by placing a tampon moistened with the following prescription in the vagina:

℞ Bi-carbonate sodium, grs. xx.
Glycerine, ℥j. Mix.

Tie a string to the tampon and place it in position the latter part of the afternoon allowing it to remain *in situ* until the next morning. Let the removal be followed by intercourse and conception may take place.

There may be an abnormal *irritability of the clitoris,* causing an excessive secretion of the cervical glands. This may lead and often does lead to masturbation. When the genitalia are *excessively sensitive,* cannot bear to be touched, will almost go into spasms with the examination, platina is the remedy. Give three tablets of the sixth decimal trituration once in two hours.

Frigidity, the absence of the sexual desire, is another cause of sterility. The more passionate a woman is the more likely she is to conceive. Women who are worn out by worry or hard work sometimes lose their sexual passion. In such cases give the Fld. Ext. saw palmetto, twenty drops in a little water after each meal. It seems to vitalize and invigorate the whole system, restore the sexual desire, and conception may take place in a short time.

When married people *want* to have children they should remember to have intercourse on the last day of the menstrual period or on the third, fifth, or seventh day after the period has ceased. Diabetes, ulceration of the os uteri, fibroid tumors, and enlargements of the uterus should all be considered as causes of sterility, and must be treated by the indicated remedies.

CHAPTER XXI

SPECIAL REMEDIES FOR THE MENOPAUSE

Extract from the Preface

"The eclectic remedies mentioned in this book, especially the tinctures, are Lloyd's Specific Medicines. Many years' experience has proved them to be thoroughly reliable and convenient for dispensing.

"I have bought my homeopathic remedies for forty years of Boericke & Tafel, of Philadelphia, and know them to be perfectly reliable. Most of the tinctures and triturates are now put up in tablet form, a tablet representing a grain of the drug."

CHAPTER XXI

SPECIAL REMEDIES FOR THE MENOPAUSE

FOR the hot flashes at the "change of life" I have found the fourth decimal trituration of sepia the most successful remedy. Dose, three tablets once in three hours. For excessive flooding we should always give Hayden's Viburnum Compound. Dose, half a teaspoonful once in two hours in a little *cold* sweetened water.

Women at the menopause who, because of grief and worriment, have persistent cold feet and legs, should be given ignatia. Dose, add fifteen drops tincture ignatia to four ounces of water; mix and give the patient a teaspoonful every two hours.

Edema of the Feet and Legs. Women at the climacteric are frequently troubled with edema of the legs and feet. Such patients should be given one-twelfth grain apocynin (three granules) once in three hours.

Prickling of the Hands and Feet. When there is prickling of the hands and feet and they feel as if they were asleep (the warning symptoms of apoplexy) we shall know that they need kali phos. Dose, three tablets of the third decimal trituration once in two hours. When the feet are "figity," cannot keep them still you should prescribe the third decimal trituration of zincum metalicum. Dose, three tablets once in two hours.

In plethoric, full blooded women who complain of headache with beating and throbbing of the brain and carotids, you will need veratrum viride. Dose, five drops of the first decimal dilution once in three hours.

When with the headache the head feels confused and bigger than it ought, belladonna is the needed remedy. Dose, add five drops tincture belladonna to four ounces of water; mix and give a teaspoonful every hour for three hours, afterwards once in three hours.

For the "sinking at the stomach" of which women frequently complain at this period of their lives, you should prescribe cimicifuga. Dose, ten drops of the third decimal dilution, tincture cimicifuga, once in three hours.

Women at the menopause frequently complain of a burning pressure upon the vertex; this is usually a symptom of debility from loss of blood. Give such patients three tablets of the first decimal china, before each meal and three tablets first decimal ferrum after each meal. Giddiness, rush of blood to the head, throbbing, beating, noises in the ear teach us to think of glonoin. Dose, twenty drops, third decimal dilution should be added to a glass of water and a teaspoonful given of this mixture once in two hours.

Tinnitus Aurum. When tinnitus aurum is a prominent symptom at the menopause, I have prescribed successfully Fl. Ext. Ergot. Dose, ten drops three times a day.

Enlargement of the Uterus. Enlargement of the uterus with heavy pressing down feeling calls for fraxinus americanus. Dose, ten drops tincture fraxinus three times a day. We may sometimes find at the menopause a peculiar bag like swelling in the upper eyelids, an indication of a weak heart. The heart's action is irregular and intermittent. In such cases kali carbonica is the indicated remedy. Dose, three tablets of the third decimal trituration once in two hours.

Some women at the climacteric have a headache and backache; they feel all the time "as if the back and legs must give out," the aching extends into the hips and gluteal muscles, she drops into a chair or throws herself on the bed completely exhausted. Such patients should be given the third decimal trituration of kali carb. three tablets once in two hours.

Study each patient carefully and prescribe the indicated remedy. The menopause is the "crisis" in a woman's life. It is then she needs the most skillful treatment that a physician can give. Many times in my professional life I have had women consult me complaining of different symptoms. They will often say, "My doctor says it is the change of life and I must expect all kinds of queer feelings." I have only this criticism to make, that any physician who cannot carry a woman successfully through the menopause and be able to prescribe intelligently for her various ailments, should step aside and let a better man take his place.

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